

CURRICULUM VITAE

Aaron Hewus, PT, DPT, OCS

Jan 1, 2026

I. BIOGRAPHICAL INFORMATION

PERSONAL INFORMATION:

University Office:

Ostrow School of Dentistry of USC
Division of Biokinesiology and Physical Therapy
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UNIVERSITY EDUCATION:

2017-2020	Doctor of Physical Therapy Division of Biokinesiology and Physical Therapy University of Southern California
2011-2013	Bachelors of Science, Kinesiology and Exercise Science California State University Long Beach
2009-2011	Kinesiology and Exercise Science California State University San Bernardino

POSTDOCTORAL TRAINING:

2020-2021	Orthopedic Physical Therapy Residency Program Division of Biokinesiology and Physical Therapy University of Southern California
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OTHER PREVIOUS EMPLOYMENT:

2020-2021:	Physical Therapist, Physical Therapy Resident Division of Biokinesiology and Physical Therapy University of Southern California
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2018-2020 Research Assistant, USC Clinical Biomechanics Orthopedic and Sports Outcomes Research
Division of Biokinesiology and Physical Therapy
University of Southern California

BOARD CERTIFICATION AND/OR LICENSURE:

2022-2032 Board Certified Clinical Specialist in Orthopedics Physical Therapy, American Board of Physical Therapy Specialties, American Physical Therapy Association, #OR220431

2025-2027 Licensed Physical Therapist, PT #298727, Physical Therapy Board of California (continuously held since 2020)

ACADEMIC APPOINTMENTS:

2023- Present: Assistant Professor of Clinical Physical Therapy
Division of Biokinesiology and Physical Therapy
University of Southern California

2021- 2023: Instructor of Clinical Physical Therapy
Division of Biokinesiology and Physical Therapy
University of Southern California

AFFILIATION APPOINTMENTS:

2025- Present: USC PT-UPC, Assistant Clinic Director USC PT-UPC

2020- Present: USC PT-UPC, Doctor of Physical Therapy, Physical Therapist
Clinical care at USC PT-UPC
Clinical care at USC Engemann Student Health Center
Clinical care at USC Eric Cohen Student Health Center

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:

2024- Present American Society of Shoulder and Elbow Therapist

2017- Present American Physical Therapy Association

2017- Present Academy of Orthopaedic Physical Therapy

2017- Present American Academy of Sports Physical Therapy

2023- Present APTA Hand and Upper Extremity

II. ADMINISTRATIVE AND SERVICE ACTIVITIES

ADMINISTRATIVE SERVICE:

2025- Present Assistant Clinic Director USC PT-UPC

UNIVERSITY SERVICE:

Division of Biokinesiology and Physical Therapy
University of Southern California

2025- Present USC PT-UPC, Assistant Clinic Director USC PT-UPC

2025- Present USC PT Compliance Committee

2023- Present USC Student Health Committee
On boarding and Compliance Handbook Development

2023- Present USC Outcomes Committee
Keck health utilization

2022- Present DPT Faculty Mentor in Mentoring Program
Residential pathway

2021- 2024 DPT Service-Learning Organizer
Pasadena Half Marathon

Keck School of Medicine
University of Southern California

2023- Present Physical Therapy Workshop for Musculoskeletal Exam with Keck
Medical School: Introduction to Clinical Medicine (ICM) S3

2021- Present Coordinator for Family Medicine MD Residents at USC UPC PT

Herman Ostrow School of Dentistry
University of Southern California

2019- 2024 Physical Therapy Collaboration with Dentistry SIM laboratory
Ergonomics: Cariology 300_Cariology & Microdentistry

OTHER SERVICE ACTIVITIES:

2021- 2024 Medical Staff Volunteer, Rose Bowl Half Marathon

- 2021-2023 Medical Staff Volunteer, LA Marathon
- 2019-2020 Team Physicals for the Los Angeles Angels of Anaheim:
Musculoskeletal Screening

III. SCHOLARLY ACTIVITIES

PUBLICATIONS:

Manuscripts In-Press

- 2021 Rehabilitation of Rotator Cuff Disorders – Chapter 24 of American Academy of Orthopaedic Surgeons (AAOS) Resident Curriculum. March 2021.

Published Abstracts

- 2020 Pozzi F, Sousa C, Plummer H, Andrade B, **Hewus A**, Kono N, Mack W, Roll S, Michener LA. Repetitive dental hygienist job-related tasks increase the risk of shoulder pain and altered supraspinatus morphology. Platform Presentation. Combined Sections Meeting of the American Physical Therapy Association. February 2022. Denver, CO. Abstract published in *J Orthop Sports Phys Ther*. 2020;50(1):CSM1–CSM29.

Accepted Abstracts

- 2025 **Hewus A**, Heindel MD, Taylor B, Colton J, Grullon J, Seymore KD, Michener LA. Ulnar Collateral Ligament Micromorphology Collagen Structure is Associated with Pitching-Specific Adaptations to Shoulder External Rotation. Poster. Combined Sections Meeting of the American Physical Therapy Association. Anaheim, CA. February 2026.
- 2025 Seymore KD, Vila-Dieguez O, Heindel MD, **Hewus A**, Mack WJ, Michener LA. Patient Disability Improvement and Tendon Structural Recovery: Are They Aligned in RC Tendinopathy? Poster. Combined Sections Meeting of the American Physical Therapy Association. Anaheim, CA. February 2026.

National Abstract Presentations

- 2020 Pozzi F, Sousa C, Plummer H, Andrade B, **Hewus A**, Kono N, Mack W, Roll S, Michener LA. Changes in supraspinatus tendon morphology with onset of shoulder pain in repetitive job-related tasks: a longitudinal study.

Platform Presentation. National Athletic Trainers' Association Annual Symposium. June 2020. Atlanta, GA.

IV. TEACHING ACTIVITIES

COURSES DEVELOPED AND/OR PRESENTED:

USC University Courses: Division of Biokinesiology and Physical Therapy Program/DPT@USC

Residential Pathway:

2022-2024	PT 530B Course Faculty: Course Faculty Leader, Lab Instructor Special Topics in Therapeutic Exercise [2 units][100 students]
2021-2022	PT 621L Course Instructor: Lab Instructor, Test Content Creator Clinical Management of the Patient with Musculoskeletal Dysfunction [5 units][100 students]
2018- 2019	PT 554L Teacher's Assistant: Lab Instructor, Test Content Creator Analytical Anatomy, Topographical Anatomy Lab [3 units][100 students]

Hybrid DPT@USC Pathway:

2022-2024	PT 530B Immersion Course Faculty: Course Faculty Leader, Lab Instructor DPT@USC PT 530B: Special Topics in Therapeutic Exercise [2 units][100 students]
2021-2022	PT 621L Immersion Course Instructor: Lab Instructor DPT@USC: Clinical Management of the Patient with Musculoskeletal Dysfunction [3 units][50 students]

MENTORING ACTIVITIES:

Division of Biokinesiology and Physical Therapy
University of Southern California

2021- Present Clinical Instructor for USC DPT [20 weeks]

3rd Year DPT at USC: (16+ weeks/year)
Residential Pathway

1st year DPT: (2+6weeks/year)
Residential Pathway and Hybrid Pathway

- 2022-Present USC Orthopedic Physical Therapy Residency Primary Mentor
16 Weeks/year (4 hours/week)
- 2022- Present USC Sports Physical Therapy Residency Mentor
- 2023- Present USC Upper Extremity Athlete Physical Therapy Fellowship Mentor
- 2022- Present MD Family Medicine Resident mentoring
Student Health Rotation, Family Med Residency Keck
2-4 hours of interdisciplinary shadowing of PT