

CURRICULUM VITAE

Jesse Grullon

January 8, 2024

I. BIOGRAPHICAL INFORMATION

University Office: University of Southern California
Address Division of Biokinesiology and Physical Therapy
at the Ostrow School of Dentistry
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UNIVERSITY EDUCATION AND POSTDOCTORAL TRAINING:

2021-2022	ATI Upper Extremity Fellowship Upper Extremity Fellow Physical Therapist, Colorado Rockies
2020-2012	University of Southern California Sports Physical Therapy Resident
2017-2020	University of Southern California Doctor of Physical Therapy
2009-2014	Montclair State University Bachelor of Science in Athletic Training

ACADEMIC AND ADMINISTRATIVE APPOINTMENTS:

07/2023-Present	Co-Director, Sports Physical Therapy Residency Program, USC
09/2022-Present	Assistant Professor of Clinical Physical Therapy, USC

PREVIOUS EMPLOYMENT:

03/2018-01/2020	Athletic Trainer, USC Club Sport Coverage University of Southern California, Los Angeles, CA
09/2018-12/2019	Sports Performance Lab Consultant Air Jordan Sports Performance Lab, Los Angeles, CA
08/2016-08/2017	Athletic Trainer Professional Physical Therapy, New York, NY
11/2014-08/2016	Head Athletic Trainer Hudson Catholic High School, Jersey City, NJ
08/2014-11/2014	Assistant Athletic Trainer Montclair State University, Montclair, NJ
08/2013-01/2014	Athletic Training Intern, New York Giants Metlife Stadium, East Rutherford, NJ

BOARD CERTIFICATIONS AND LICENSES:

09/2020-Present	Sports Clinical Specialist Certification
09/2020-Present	California Licensed Physical Therapist
07/2023-Present	AHA Basic Life Support Certification
04/2019-01/2020	CSCS Certification
07/2014-Present	BOC Certified Athletic Trainer

HONORS, AWARDS, FELLOWSHIPS:

04/2014	Henry Schiener Award for Excellence in Athletic Training, Montclair State University
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MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS:

2014-Present	National Athletic Trainers' Association
2019-Present	American Physical Therapy Association

2020-Present

California Physical Therapy Association

COMMUNITY SERVICE AND VOLUNTEER ACTIVITIES

01/2023	2023 Rose Bowl Half Marathon, LAC+USC Department of Emergency Medicine and Keck Medicine of USC
03/2018	LA Marathon, Emergency Medical Services Volunteer
01/2018	Special Olympics, Medical Tent Volunteer
2017	Fit Families, Community Outreach Volunteer
2017-2018	The Arc, Community Outreach Volunteer
09/2011-05/2014	Peer Assisted Learning (PALS) tutor for ATEP Program
09/2012 + 05/2013	Committee Overseeing MSU Symposium
10/2011	Athletic Training Club Contest, Raised \$2,500

II. SCHOLARLY ACTIVITY

PUBLICATIONS

1. Martin C, Palasiewicz J, **Grullon J**, Shanley E, Thigpen C, Kline D, Kluzek S, Collins G, Bullock G. Elbow Injuries Among MLB Pitchers Increased During Covid-19 Disrupted Season, But Not Other Baseball Injuries. Int J Sports Phys Ther. 2023 Apr 1;18(2):397-408. doi: 10.26603/001c.71359. PMID: 37020443; PMCID: PMC10069388.
Dissertations and Theses

PRESENTATIONS

2024	USC Upper Extremity Rotational Athlete (1.5 contact hours) Overhead Athlete: Swimming Lecture Division of Biokinesiology and Physical Therapy University of Southern California, Los Angeles, California
2024	USC Upper Extremity Rotational Athlete (1.5 contact hours) Overhead Athlete: Volleyball Lecture Division of Biokinesiology and Physical Therapy University of Southern California, Los Angeles, California

- 2023 USC Lower Extremity Sports Module (1.5 contact hours)
Lateral Agility and Cutting Lecture
Division of Biokinesiology and Physical Therapy
University of Southern California, Los Angeles, California
- 2023 USC Lower Extremity Sports Module (1.5 contact hours)
Dermatology
Division of Biokinesiology and Physical Therapy
University of Southern California, Los Angeles, California
- 2023 Panel Discussion: Experience of Recent Fellows
UE Athlete Fellowship Collaborative Lecture Series
- 2022 Ulnar Collateral Ligament Injury and Management
ATI Upper Extremity Portion of Residency
- 2022 Biomechanics of a Baseball Swing
ATI Upper Extremity Portion of Residency

III. ACADEMIC ACTIVITIES

CLINICAL INSTRUCTOR/MENTORING EXPERIENCE

- 09/2022-Present USC Upper Extremity Fellowship, Mentor
- 01/2023-Present Clinical Instructor for USC DPT Students
- 11/2014-08/2016 Clinical instructor for Athletic Training students
Montclair State University, NJ