

Anna Suskin, PT, DPT, SCS, CSCS

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EDUCATION

USC Sports Physical Therapy Residency , USC Physical Therapy Post-Professional Residency Certificate	September 2020
University of Southern California , Division of Biokinesiology & Physical Therapy Doctor of Physical Therapy	May 2019
Boston University , Sargent College of Health & Rehabilitation Sciences Bachelor of Science in Health Sciences	May 2016

LICENSURE, SPECIALIZATIONS, & CERTIFICATIONS

California Licensed Physical Therapist, License #296986	2019-Present
Board Certified Sports Clinical Specialist	2021-Present
Certified Strength and Conditioning Specialist	2021-Present
Emergency Response for the Athlete	2019-Present
Basic Life Support and CPR Certification	2016-Present

CLINICAL EXPERIENCE

USC Physical Therapy – UPC , Los Angeles, CA Assistant Professor of Clinical Physical Therapy - Outpatient orthopedic and sports clinical setting	April 2024 – Present
Maven Physical Therapy and Performance , Santa Monica, CA Staff Physical Therapist - Outpatient orthopedic and sports clinical setting	2021-2024
SportsFit Physical Therapy and Wellness , Marina del Rey, CA Staff Physical Therapist - Outpatient orthopedic and sports clinical setting	2020-2021
USC Physical Therapy – UPC , Los Angeles, CA Sports Physical Therapy Resident - 13-month residency in outpatient orthopedics and sports clinical setting - USC Club Sports Liaison:	2019-2020

- Walk-in Clinic: Provided on-site care, consultative services, or referral for further treatment and intervention for injured athletes
- USC Club Hockey: Provided on-site coverage for home and away events
- Performed on-field sports-coverage hours at outreach locations for football, soccer, and swimming
- Attended USC orthopedic and sports-medicine physician shadowing

USC Physical Therapy – HSC, Los Angeles, CA 2019
Student Physical Therapist

- 16-week clinical experience in outpatient orthopedics with focus on spine and persistent pain
- Attended monthly multi-disciplinary Pain Team meetings

Los Angeles Angels, Tempe, AZ 2018
Student Physical Therapist

- 14-week clinical experience in sports medicine at the Los Angeles Angels Minor League Baseball facility
- Observed head AT-DPT during on-field events such as bull pens and live game simulations
- Assisted with Motus Sleeve biomechanical data collection for athlete workload monitoring and injury prevention
- Literature Review: Assessing, screening, and treating the core in the baseball player

Therapy West Inc., Gardena, CA 2018
Student Physical Therapist

- 8-week clinical experience in outpatient pediatrics
- In-service presentation: Anticipatory and reactionary postural control in the pediatric patient with DCD

Northridge Hospital ICU, Northridge, CA 2017
Student Physical Therapist

- 2-week clinical experience in inpatient acute care

Matrix Physical Therapy and Wellness, Santa Monica, CA 2017
Student Physical Therapist

- 2-week and 6-week clinical experience in outpatient orthopedics
- In-service presentation: Understanding central sensitization in patients with persistent pain

VOLUNTEER EXPERIENCE

Rose Bowl Half Marathon & 5K, Pasadena, CA 2023 & 2024
Medical Volunteer

- Evaluated and treated marathon participants at the finish line
- Assisted in supervision of USC DPT I/II/III students

LA Marathon, Los Angeles, CA 2023
LA Marathon Medical Volunteer

- Evaluated and treated marathon participants at the finish line
- Assisted in supervision of USC DPT I/II/III students

Rose Bowl Aquatics Center, Pasadena, CA 2020

Outreach location for USC Sports Physical Therapy Residency

- Performed on-site evaluations to pediatric competitive swimmers
- Included both manual and exercise interventions, and consultative services for injury prevention

Los Angeles Angels, Tempe, AZ 2020

Baseball pre-season screening

- Performed pre-season screenings on minor league baseball athletes for the Los Angeles Angels
- Testing included: upper and lower extremity ROM, strength assessments, special testing based on athlete injury history

East Los Angeles College Athletic Department, Los Angeles, CA 2019- 2020

Outreach location for USC Sports Physical Therapy Residency

- Worked alongside athletic trainers within ELAC Athletic Department to provide on-field coverage with football and soccer college-level athletes
- Included on-field coverage at practices and games, on-site athlete evaluations, both manual and exercise interventions, consultative services for injury prevention, and upper and lower extremity taping

LA Marathon, Los Angeles, CA 2017 & 2018

Medical Volunteer

- Evaluated and treated marathon participants on the course at Mile 22 alongside other medical students and healthcare professionals

Life Rolls On, Santa Monica, CA 2017

Mid-Water Volunteer

- Assisted adaptive athletes with surfing
- Included transferring from wheelchair to surfboard, guiding into water, assisting while surfing, maintaining athlete safety via team communication

Catz Physical Therapy and Sports Performance, Pasadena, CA 2017

Baseline Concussion Screening

- Performed baseline concussion assessments and screening for youth soccer athletes
- Tests administered: subjective health symptom and history forms, BESS test, VOMs measurement

Maranatha High School, Pasadena, CA 2017

B1 Baseball Screening

- Performed athlete assessments on college-bound baseball players
- Testing included: upper and lower extremity ROM, strength assessment, movement analysis

Special Olympics Summer Games, Long Beach, CA 2017

FUNFitness Volunteer

- Performed athlete assessments and health screening
- Testing included: ROM, strength assessment, balance testing, aerobic capacity assessment, and exercise education

TEACHING EXPERIENCE

- PT 549 Exercise Physiology**, University of Southern California 2020
Lab assistant
- Online Live Session and Immersion Instructor during COVID-19 pandemic
- PT 630 Integrated Patient Management Clinical Skills**, University of Southern California 2020
Lab Assistant
- Online Live Session and Immersion Instructor during COVID-19 pandemic
- PT 530b Special Topics in Therapeutic Exercise**, University of Southern California 2020
Lab Assistant
- Online Live Session and Immersion Instructor during COVID-19 pandemic
- PT521 Basics of Patient Management**, University of Southern California 2017
Tutor
- Tutor for DPT I students in their Basics of Patient Management course

RESEARCH EXPERIENCE

- USC Club Sports**, Los Angeles, CA 2020
USC Sports Resident
- Performed literature review to develop ACL injury prevention program for men's club Lacrosse team
- USC Human Performance Lab**, Los Angeles, CA 2017-2018
Research Assistant
- Assisted in data processing and data collection (3D motion analysis) for biomechanics research on limb-loading asymmetry in individuals following ACL reconstruction
 - Utilized BTS Software System

PROFESSIONAL MEMBERSHIPS

- American Academy of Sports Physical Therapy 2019-Present
- American Physical Therapy Association 2016-Present

HONORS & AWARDS

- Academic Achievement in the Basic Sciences in the USC DPT Program 2019
- Merit Award for Academic Excellence in the USC DPT Program 2017 & 2018

INTERESTS & SKILLS

EMR systems: RevFlow, Practice Pro, Jane App EMR, WebPT

Microsoft Office: Word, Excel, PowerPoint

