

# CURRICULUM VITAE

## Lila Marcial-Hernandez

### I. BIOGRAPHICAL INFORMATION

#### PERSONAL INFORMATION:

Division of Biokinesiology and Physical Therapy  
At the Herman Ostrow School of Dentistry  
1540 E. Alcazar Street, CHP 155  
Los Angeles, CA 90089-9006  
Tel: (323) 442-2900  
Fax: (323) 442-1315

#### Clinical Address:

Outpatient Rehabilitation Center at Keck Hospital of USC (HC2)  
1520 San Pablo Street, Suite 2200 Los Angeles, CA 90033  
Office: (323) 442-6050  
Fax: (323) 442-6051

#### UNIVERSITY EDUCATION:

University of Southern California Class of 2023  
Division of Biokinesiology and Physical Therapy

California State University Channel Islands Class of 2016  
Bachelor of Science in Biology, Minor in Chemistry

#### OTHER PREVIOUS EMPLOYMENT:

Elite OrthoSport Physical Therapy and Performance Jun 2017-Mar 2020  
Physical Therapy Aide:  
Guidance of Pt experience via Therapeutic Exercise under the supervision of a Licensed PT

California State University, Channel Island September 2013- May 2016  
Research Assistant: Biology Program, Under Rachel Cartwright  
Investigation of Myoglobin levels in Baleen whales.  
Funded via Project Accesso

#### Restaurant Experience:

Pier Burger: Expo/ Cashier Summers: 2014, '15, '16  
Tita's Mexican Grill: Prep, Cashier, Delivery 2007-2010  
Fidel's Mexican Grill: Prep, Cashier 2002-2007

#### Clinical Experiences:

##### Physical Therapy Clinical Rotations:

16-weeks: OP Orthopedic, Keck Medicine of USC, Los Angeles, Ca. Jan- Apr 2023

16-weeks: OP Pediatrics, Adventist Health Glendale, Ca. Aug -Dec 2022

8-weeks: OP Orthopedic, Damon Brown Physical Therapy, Los Angeles, Ca. Jun-Jul 2022

2-weeks: OP Orthopedic, ProActive Physical Therapy, Oregon City, OR. Oct 2021  
6-weeks: OP Orthopedic, Spine & Sport Physical Therapy, Imperial Beach, CA. Jun-Aug 2021  
2-weeks: IP Wound Care, Keck Medicine of USC, Los Angeles, Ca. Mar 2021

**BOARD CERTIFICATION AND/OR LICENSURE:**

State Licensure: Physical Therapy board of California #: 304792

Basic Life Support and CPR Certification, American Heart Association 2016-Present

**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:**

American Physical Therapy Association  
Primary Chapter: California Chapter  
Section Memberships: Pelvic Health

**OTHER SERVICE ACTIVITIES:**

**Community Education:**

Keck Hospital of USC  
Employee back health training Inservice. 2024  
Education provided to Supply shipping and receiving department on safe strategies to implement for work demands.

LA General Medical Center/ LAS+USC 2024  
In coordination with Tight Lipped foundation presenting on Pelvic floor dysfunctions and interventions strategies to address. Presentation provided to lower income and Spanish speaking population.

**Health Screenings:**

Multiple events: 2022-2023  
Southern California Special Olympics, Los Angeles Marathon, USC Student Athletes  
Provided assessments of flexibility, strength, functional capacity, and education on impairments and

Re+Active Physical Therapy – ReMove Parkinson’s Class 2022-2023  
Assist in virtual and in-person small group fitness classes directed to patients with Parkinson’s Disease to promote better balance, gait mechanics, power movements, and task performance.

USC Physical Therapy Multicultural Leadership Alliance 2020-2023  
Team based volunteering and community outreach, provide service to underserved communities. surrounding the USC campus through movement education, supervised physical therapy, and health literacy. Provide mentorship to undergraduate students interested in DPT program application process and navigating PTCAS.

UCLA Care Extender Internship- 430 hours  
Cedars Sinai Medical Center - TCAB Volunteer – 214 hours

2016-2018  
2011-2012

### III. SCHOLARLY ACTIVITIES

#### Published Papers in Other Journals

1. Cartwright R, Newton C, West KM, et al. Tracking the Development of Muscular Myoglobin Stores in Mysticete Calves. Fraidenraich D, ed. *PLOS ONE*. 2016;11(1):e0145893. doi:<https://doi.org/10.1371/journal.pone.0145893>

### IV. TEACHING ACTIVITIES

#### MENTORING ACTIVITIES

USC PT Latinx Alumni Association Mentorship program: Providing mentorship to a USC Latinx/ student actively pursuing their DPT within USC's program.