

Rebecca Jill York

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Education:

University of Southern California

Doctorate in Physical Therapy, GPA: 3.75

Los Angeles, CA

May 2009

University of Michigan

Movement Science Major, Bachelor of Science, GPA: 3.495

Ann Arbor, MI

April 2006

Clinical Experience:

Move-Meant Physical Therapy and Wellness, PC

Outpatient Mobile Concierge Rehabilitation

Irvine, CA

2023-current

- Founder, President
- Woman-owned, small business establishing client-centered concierge specialty neurologic and vestibular physical therapy in clients' homes and communities

St. Joseph Outpatient Rehabilitation

Outpatient Hospital-Based Rehabilitation Clinic

Orange, CA

2023-current

- Provide neurologic and vestibular specialty physical therapy
- Design vestibular and neurologic resource database for outpatient physical therapists to access best-practice approach for promoting evidence-based practice.

Hoag Hospital

Outpatient Hospital-Based Rehabilitation Clinic

Newport Beach, CA

2012-2023

- Design and implement Vestibular Mentorship program to facilitate skill acquisition and clinical decision making for acute care and outpatient PTs
- Implemented gaming goggles for visual attention diversion in balance training, visual desensitization in vestibular and neurologic populations, and maximize patient engagement and motivation to achieve high repetitious practice for skill acquisition. Advocate for clinic acquisition of virtual reality system to support application of current evidence based practice.
- Design, implement, and train colleagues in 3 community-based balance courses conducted at Senior Center in local community
- Bi-yearly collaborate, design, and present in-services on CVA, PD, and Vestibular patient-care topics for CEU credit to 29+ clinicians: OT, ST, PT
- Lead vestibular team meetings monthly, presenting current evidence, quality practice guidelines, and skills practice to support professional development and quality of care.
- Participate in 5 special-interest multi-disciplinary teams: DBS, CVA, PD, Neurology Rounds, and Vestibular: collaborating on best-practice approaches and recommending guidelines for 29 clinicians
- Conduct wheel-chair seating and custom AFO evaluations, collaborating with ATPs and CPOs to meet patient mobility needs

- Evaluator and collaborator for Deep Brain Stimulator Program
- Utilize PWR! certification by designing and adapting 8-week curriculum for a group exercise class specific for people with Parkinson's Disease, collaborate with OT on a weekly basis
- Evaluate and treat patients with central, peripheral, and multifactorial vestibular impairments; complex neurologic care: collaborate with multi-disciplinary team and advocate for patients' needs

Inpatient Acute Care

2010-2012

- Lead therapist on weekend shifts managing 4-7 therapists' schedules, 80-120 patients, responding to STAT orders
- Competent on medical-surgical, sub-acute, intensive care units: neurologic/surgical and cardiac, post-partum and pre-partum floors providing focused assessments, devising patient-specific physical therapy plans of care with sensitivity to acute and chronic medical conditions
- Improved EMR for PT documentation to include gait velocity and devised a building plan for marked 10m-walk tests throughout the hospital: improve objective documentation with functional vital sign, support clinical decisions for discharge planning and prognosis
- Floated to Hoag's hospital-based outpatient clinic: evaluating and treating patients with complex neurologic and vestibular diagnoses

Complete Balance Solutions

Laguna Hills, CA; OP Neurologic Rehab 2009-2010

- Concentration on balance and gait disorders, vestibular rehabilitation
- Integration of Computerized Dynamic Posturography and Fixation-Blocked Oculomotor assessments into function and participation goals
- Implemented LSVT BIG program into private clinic and educated referral sources on current treatment paradigm to promote value in referral

Professional Development:

Board Certified Neurologic Clinical Specialist	2017-current
Instructor of Exercise for Balance Course at Huntington Beach Senior Center	2016-2020
Podcast Facilitator and Presenter: APTA Vestibular SIG:- Atypical BPPV	2016
Presenter of APTA Continuing Education Courses: Vestibular case studies, PD case studies, Acute care vestibular screening	2013-2017
Clinical Instructor	2009-current
Combined Sections Meetings APTA	2007-current
Nominating Committee Member of Orange County Chapter of CPTA	2009-2011
Fall Risk Screenings at Norman P. Murray Senior Center, Mission Viejo, CA	2009

License/Certification/Membership:

Board Certified Clinical Specialist in Neurologic Rehabilitation	2017-current
USA Triathlon	2016-current
Vestibular Specialist: Emory University	2013-current

PWR! certified Clinician	<i>2012-current</i>
Credentialed Clinical Instructor: APTA	<i>2010-current</i>
LSVT BIG Certification	<i>2009-current</i>
Physical Therapy Board of California Physical Therapy License	<i>2009-current</i>
APTA and CPTA member	<i>2006-current</i>
AHA CPR Health Care Provider	<i>2005-current</i>