

# GABRIELLE ORTIZ

[gabrielle1429@gmail.com](mailto:gabrielle1429@gmail.com) | (713) 582-9424

## CLINICAL EXPERIENCE

### **Rancho Los Amigos Hospital**

Day Rehabilitation Physical Therapist

**Downey, CA**

*June 2021-present*

- Manage a complex patient population as part of an interdisciplinary team specializing in the treatment of individuals post stroke and other neurologic disorders.
- Conduct weekly interdisciplinary clinic screens and evaluations to assess need for outpatient PT services in coordination with primary care physicians, OT, and SLP's to maximize neurologic recovery in individuals post discharge from IP rehab.
- Mentor residents in OP setting as part of the USC-RLANRC neurologic physical therapy residency.

### **Schwab Rehabilitation Hospital**

Outpatient Physical Therapist

**Chicago, IL**

*October 2019-2021*

- Managed a complex neurologic and orthopaedic patient population in outpatient (monthly inpatient weekends) from underserved areas of greater Chicago. Diagnoses include brain injury, stroke, spinal cord injury, Guillain Barre, multiple sclerosis, Parkinson's, vestibular disorders, cancer, and other neurologic and orthopaedic conditions
- Member of the Diversity Equity and Inclusion Media Literacy Club, leading several hospital wide and interdisciplinary discussions to promote application of topics such as Explanatory Models and its impact on patient care.
- Healthcare panel speaker for Chicago Public School students partnering with Schwab to increase the representation of women and people of color working in STEM fields

### **Shirley Ryan Ability Lab**

Registry Physical Therapist

**Chicago, IL**

*September 2019-2020*

### **Shirley Ryan Ability Lab & Northwestern University**

Neurologic Physical Therapy Resident

**Chicago, IL**

*August 2018- 2019*

- Managed neurologic patient populations in inpatient, day rehab, and outpatient settings
- Contributed in creating research summaries to guide evidence-based practice of interventions for use in the clinical setting as a BRAIN specialist therapist
- Taught in Northwestern University DPT Neuroscience and Clinical Management of Patients with Neurologic Dysfunction I and II

## TEACHING EXPERIENCE

### **Northwestern University Associated faculty**

*Fall 2020-2021*

- **Psychosocial I and II:** Lead team-based learning group discussions with first and second year PT students to increase knowledge and skills used to address psychosocial issues faced by individuals at various points on the continuum of health and disability.
- **Professional Role Development I:** Facilitator for discussions which focus on healthcare in the United States, legal issues impacting the practice of physical therapy, members of the health care team, and the physical therapist's role as advocate, educator, and promoter of wellness and health
- **Deeper Dive Clinical Learning:** Facilitator for a small group of final year PT students during their final clinical experiences. Lead weekly discussions to "learn how to learn" from clinical practice and reflect on written clinical narratives.

### **Governor's State University Adjunct faculty**

*Fall 2020*

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- **Neuroscience and Neuroscience Lab:** Instructor for first year PT and OT students lab and lectures providing the foundation for physical therapy management of individuals with neuromuscular control problems by focusing on central neuroanatomic structures and neurophysiologic processes.

## Northwestern University Residency

*August 2018-2019*

- Collaborated with DPT faculty and lead instruction in Neurodevelopment and Neuroscience labs covering vestibular examination and treatment, sensory examination, motor control factors associated with movement problems, balance, and other lab and practical associated content for first and second year DPT students

## RESEARCH

### Neighborhood Effects on Employment after Spinal Cord Injury

*Gabrielle Ortiz, PT, DPT; Jennifer Kahn, PT, DPT, NCS, Bill Healey, PT, PhD; Gail Hubert PT, PhD*

- Poster presentation at CSM 2020 in Denver, CO

### Use of the Precede-Proceed Model of Community Health Promotion to Establish a 'Power of Exercise' Program to Increase Health Knowledge in the Hispanic Population of San Jose Clinic

*Rupal Patel, PT, PhD, Amy Hanks, PT, DPT, Gabrielle Ortiz, PT, DPT*

- Poster Presentation at Consortium of Universities for Global Health 2019 in Chicago, IL
- Poster Presentation at Global Health Day at Northwestern University 2019 in Chicago, IL

### DPT Students' Interest in Pursuing Academia

*Peggy Gleeson, PT, PhD; Gabrielle Ortiz, SPT, Hana Bucholz, SPT*

- Poster Presentation at CSM 2018 in New Orleans, LA

### Multi-dimensional balance training programme improves balance and gait performance in people with Parkinson's disease: A pragmatic randomized controlled trial with 12-month follow-up

*Irene S.K. Wong-Yu, PT PhD; Margaret K.Y. Mak, PT, PhD*

- Volunteer research assistant at Hong Kong Polytechnic University assist in aggregating experimental data for PT/PhD candidate

## COMMUNITY SERVICE

### Health Volunteers Overseas

*2020-present*

- Provide mentorship to Peruvian physical therapists to successfully create a research protocol and questionnaire to quantify the effects of covid-19 on the local PT community

### Culture of Health Advancing Together (CHAT)

*May 2018*

- Facilitated the opening of a multidisciplinary student led health clinic within the Houston community to assist immigrant and refugee communities
- Co-coordinated the physical therapist component of the first inaugural health fair to raise awareness within the community of clinic opening, held health screenings, and conducted needs assessments
- Established a partnership between CHAT and Texas Woman's University in order to facilitate student involvement as part of a service-learning project in the DPT curriculum

### Physical Therapy Global Access Project (PTGAP)

*October 2017-Present*

- Collaborated with founders to coordinate care for those affected by Hurricane Harvey

### LoveDisabilities/DECAS-Makutano and surrounding villages, Kenya

*May 2016*

- Collaborated with founder and local leaders to provide education to mothers of children with special needs on basic positioning and therapeutic exercise to avoid contractures and improve function

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## PROFESSIONAL DEVELOPMENT AND ASSOCIATIONS

Neurologic Board Certified Clinical Specialist

*2020-present*

APTA Clinical Instructor Course

*August 2019*

American Physical Therapy Association

*2015-present*

- Academy of Neurologic Physical Therapy Member

*2017-present*

## EDUCATION

**Texas Woman's University** Doctor of Physical Therapy

**Houston, TX** *May 2018*

**University of Geneva** Global Health and Human Rights Certificate

**Geneva, Switzerland** *July 2015*

**Texas Tech University** Bachelor of Science in Exercise and Sports Science

**Lubbock, TX** *May 2012*