

Emily Moon PT, DPT

EDUCATION

University of Southern California <i>Orthopedic Physical Therapy Residency</i>	<i>August 2023</i>
University of Southern California <i>Doctor of Physical Therapy</i>	<i>May 2022</i>
Northwest Christian University <i>Bachelor of Science, Exercise Science</i>	<i>May 2019</i>

CURRENT WORK EXPERIENCE

Harbor Physical Therapy and Sports Medicine - Physical Therapist Work as a private out-patient physical therapist treating primarily non-complex to complex orthopedic conditions with the addition of occasional neurologic disorders that can be treated in an out-patient facility, such as stroke, Parkinson's disease, functional movement disorders, and spinal cord injuries. Additionally act as a clinical instructor for 1 st -3 rd DPT students.	<i>June 2022-Present</i> <i>San Pedro, CA</i>
University of Southern California Division of BKN and PT - Resident Teaching Assistant Instructed within PT 521 and PT 583 where I taught 1 st year DPT students in Basics of Patient Management for Orthopedic Conditions during Fall 2022 and 2 nd year DPT students in Electrophysiology during Spring 2023. Additionally, volunteer taught every other week in PT 630 for 3 rd year DPT students in learning advanced orthopedic skills.	<i>August 2022-August 2023</i> <i>Los Angeles, CA</i>
University of Southern California Division of BKN and PT – Adjunct Instructor of Clinical Physical Therapy Instructed 1 st year DPT students throughout their orthopedic clinical skills courses of PT 521 and 621.	<i>October 2023-Present</i> <i>Los Angeles, CA</i>

CLINICAL EXPERIENCE

Harbor Physical Therapy and Sports Medicine - SPT <i>16-week integrated clinical rotation – Outpatient Orthopedics</i> Treating common and complex orthopedic conditions including joint replacements, persistent pain, and workers comp cases involving low back pain, hip pain, knee pain, and shoulder pain 3 days/week, while in class the other 2 days/week reviewing patient cases and advanced orthopedic clinical skills	<i>January 2022-Present</i> <i>Los Angeles, CA</i>
University of California San Francisco - SPT <i>8-week full-time clinical rotation – In-patient Acute Mixed</i> Operated as entry-level clinician working with patients with liver and kidney pathologies and transplants	<i>October-December 2021</i> <i>San Francisco, CA</i>
Palo Alto Medical Foundation Sutter Health – Agile Physical Therapy - SPT <i>8-week full-time clinical rotation – Outpatient Mixed</i> Gained knowledge on pelvic floor cases and treated 100% case load for non-complex to complex orthopedic and pelvic floor	<i>August-October 2021</i> <i>San Carlos, CA</i>
Spine and Sport Physical Therapy - SPT <i>8-week full-time clinical rotation – Outpatient Orthopedics</i> Carried 100% case load for non-complex to moderate complexity neurological and orthopedic conditions	<i>May-June 2021</i> <i>Eastlake, CA</i>
Select Physical Therapy - SPT <i>6-week clinical rotation – Outpatient Orthopedics</i> Treated 100% case load of non-complex out-patient orthopedic cases while utilizing blood flow restriction	<i>July-August 2020</i> <i>Manhattan Beach, CA</i>

PREVIOUS WORK EXPERIENCE

Three Rivers Physical Therapy – Physical Therapy Aide Instructed new and returning patients in therapeutic exercise prescription and modalities	<i>May 2018-August 2019</i> <i>Kennewick, WA</i>
Northwest Christian University – Resident Assistant	<i>August 2017-May 2018</i> <i>Eugene, OR</i>

LEADERSHIP

USC Student Run Clinic Wellness Center Liaison Act as a liaison between the USC Wellness Center administration team within the Keck Medical School and the SRC executive and general board to conduct monthly clinics for patients within the East LA community	<i>December 2020-December 2021</i>
USC Student Run Clinic PT Student Representative Collaborate with USC health professional students from the Medical, PA, Pharmacy and OT divisions to provide a free clinic to the East LA community by performing an evaluation and providing appropriate recommendations to each patient	<i>October 2020-December 2021</i>
USC BKN/PT Asian Pacific-Islander Student Affinity Student Leadership	<i>October 2020-May 2022</i>

Plan monthly division meetings and attend weekly leader meetings to bring awareness to Asian and Pacific-Islander cultural and ethnic issues within the community and spread awareness within the division regarding current world events

USC DPT Class of 2022 Department Representative and Student Ambassador *October 2019-May 2022*

Act as a liaison between the USC faculty/administration and the class of 2022; collaborate with Class President to organize division events, such as Open Houses and Spring Preview Day for incoming DPT class

CO-CURRICULAR

Academic Council of American Physical Therapy – Task Representative on Representation and Service *March 2023-Present*

The Task Force will use a comprehensive, open process to explore the relationship that ACAPT should consider with each stakeholder, whether by group or individual, within academic physical therapy. Work by this task force will shape how stakeholders engage with, represent, and direct the future of ACAPT. These activities are in alignment with ACAPT's strategic plan objectives that include creating a unified voice of all relevant stakeholders for academic physical therapy.

Volunteer Home-Health SPT *February-July 2021*

Provided home-health based care for patient diagnosed with Parkinsonism, under instruction from DPT, through functional exercise instruction, caregiver education, and home safety precautions

Extracurricular Orthopedics Group *October 2020-April 2022*

Attended weekly meetings led by USC faculty member to discuss orthopedic cases and practice manual skills. Additionally, lead 2nd year DPT students through case presentations involving clinical reasoning, subjective questioning, objective measures, and treatment interventions.

LA Marathon Student Physical Therapist Volunteer *March 2020*

Provided physical therapy services and first-aid care to LA marathon participants at the finish line medical tent

Physical Therapy Multicultural Leadership Alliance Club Member *September 2019-May 2022*

Attend monthly meetings, participate in cultural events within the community, and bring awareness to the PT profession

Fit Families Volunteer *September 2019-April 2021*

Life Rolls On Volunteer *August 2019*

APTA and CPTA Member *June 2019-Present*

Eugene Marathon Volunteer *April 2019*

Marquis Post-Acute Rehab – Student Volunteer *September-November 2018*

Observed and participated in providing physical therapy for patients who were wheelchair bound *Springfield, OR*

Sacred Heart Medical Center at Riverbend – Cardiac Rehabilitation Intern *August-December 2018*

Performed EKG set-up and cardiac and pulmonary rehab in out-patient and in-patient setting *Springfield, OR*

SPEAKING PRESENTATIONS

Decisions, Decisions, Decisions Professional Speaking Event *March 2023*

Spoke on physical therapy differential diagnosis concepts with Mike O'Donnell PT, DPT, OCS, FAOOMPT on low back pain, hip pain, and sacroiliac pain with combination of 2 hours of lecture content and 2 hours of lab content on differentiating techniques with identifying source of a patient's pain. *CSULB; Long Beach, CA*

AWARDS/CERTIFICATIONS

ACAPT National Physical Therapy Student Honor Society *May 2022*

To honor current DPT students who demonstrate excellence, integrity, and professionalism in areas of academic achievement, leadership, and service. DPT students will be inducted into the Society who demonstrate excellence in all membership criteria and who are individually selected by USC BKN and PT faculty members.

Order of the Golden Cane Award *May 2022*

This award is presented to graduating students in the DPT program who have demonstrated outstanding accomplishments in several different areas of professional endeavor, including academic coursework, clinical practice, and scientific research. The Order of the Golden Cane is the highest honor awarded to graduates from the Division.

Outstanding Student Leadership Award *April 2022*

This award is given to honor and acknowledge a graduating DPT student who has committed his or her time, organizational skills, and leadership qualities to his or her fellow students, Division, and Profession.

Pelvic Floor Level 1 Course *January 2022*

Completed 23.75 contact hours of continuing education with Herman and Wallace on identifying the muscles of the pelvic floor, functions of the pelvic floor, and performing an external and internal pelvic floor examination for a wide range of

diagnoses including urinary incontinence, pelvic organ prolapse, pelvic pain, etc. Various interventions and treatments were also covered in order to treat the above noted diagnoses and impairments that are present.

Beth E. Fisher Scholarship

August 2021

This scholarship is awarded to a 3rd year student who will embody the characteristics that the scholarship donors value in a physical therapist: empathy for the patient's perspective, the ability to integrate knowledge from a variety of sources and apply it in new and innovative ways, and the potential to contribute to the advancement of clinical practice. By demonstrating these characteristics, the recipient will be positioned to set the standard for clinical practice for years to come.

CONTINUING EDUCATION COURSES

Orthotic Modification Course

Assessed posture and gait mechanics while applying movement analysis and biomechanics with foot orthoses to alter weight bearing and loading activities. Then learned how to assess custom and over the counter orthotics and make modifications using a variety of materials to improve weight bearing activities.

March 25th, 2023

Long Beach, CA

Detecting Biomechanical Deviations in the Foot and Ankle with Applications for Understanding and Writing a Custom Orthotic Prescription

Learned how to assess gait and different levels of WB mechanics in order to determine appropriate evaluation of a patient/client seeking orthotics for a biomechanical injury. 8 contact hours, 0.8 CEU

October 15, 2022

Los Angeles, CA

Joe Godges' Orthopedic Course

Completed a series of content and exams covering every body region with biomechanical movement analysis, subjective and objective examination, and appropriate treatment and exercise recommendations for patients.

August 2022-January 2023

Los Angeles, CA

Herman and Wallace Pelvic Floor Level 1 Course

Completed 23.75 contact hours of continuing education with Herman and Wallace on identifying the muscles of the pelvic floor, functions of the pelvic floor, and performing an external and internal pelvic floor examination for a wide range of diagnoses including urinary incontinence, pelvic organ prolapse, pelvic pain, etc. Various interventions and treatments were also covered in order to treat the above noted diagnoses and impairments that are present.

January 22-23, 2022

Los Angeles, CA

Research

Gender-Affirming Care Surgery Protocol

Under the direction of Kelsie Kaiser PT, DPT, OCS, the purpose of the development of the Gender-Affirming Care Surgery Protocol is to not only bring awareness to the lack of structured rehabilitation for those that have experienced gender-affirming surgery, but also to bring awareness to the multi-disciplinary team that is required in order to facilitate surgery and rehabilitation for those that receive the surgeries that fit under the title of "Gender-Affirming Surgery". Additionally, the development of this protocol is the first of its kind, despite patients receiving gender affirming care for many years now. The role of the rehabilitation team pre-surgery and post-surgery has been shown in many other types of orthopedic and organ related surgeries as vital to post-surgical outcomes, and it is important that those receiving gender-affirming surgeries receive that same type of care. The plan is for this protocol to be presented at the Catalyst Conference in October 2023, with the help and support of the multi-disciplinary team at Keck Medicine of USC.

October 2022-Present

Los Angeles, CA