

Cristian Sebastiani

Doctor of Physical Therapy

UCLA / Bachelors Degree in Physiological Science

September 2016 - March 2020

USC / Doctorate of Physical Therapy

August 2020 - May 2023

Skills

Strong communication, leadership, and patient care

Personable

Exceptional in analyzing, synthesizing, and formulating solutions to difficult situations

Great attention to detail

Motivated and driven to become successful no matter what obstacles impede the journey

Pelvic floor physical therapy experience

Tech-savvy

Fluent in Spanish

Work Experience

AMC / Associate

June 2014 - June 2016

Great team player, supervised about 8 other coworkers at a time during shifts. Learned to reason with difficult customers and come to a mutual conclusion.

IN N OUT / Associate

June 2016 - February 2019

Providing exceptional customer service to customers even in the midst of a hectic working environment.

Awarded employee of the month several times

UCLA Dining Hall / Kitchen Supervisor

September 2016 - May 2020

Supervised a staff of 8-12 people during kitchen shifts. Provided guidance for procedures consisted of but not limited to: food prep, sanitation guidelines, order of operations, staff training in procedures.

Extracurriculars

UCLA Sports Medicine/ Athletic Training Assistant

September 2017 - March 2020

Worked with UCLA softball during their 2019 national championship run to keep them healthy throughout the season. Learned to work in a fast paced environment and treat sports related injuries.

UCLA Sport Summer Camps/ Athletic Trainer and Camp Counselor

June 2018 - September 2019

As an athletic trainer and camp counselor on staff I worked to organize the day to day activities of the young kids at the camp as well as attend to their medical needs.

Ashe Physical Therapy / Physical Therapy Aide

February 2019 - May 2020

Assisting physical therapists with their patients. Provided a high level of quality care and encouragement to clients. Demonstrated the ability to adapt to different situations through excellent communication skills with others.

USC Fit Families / Community Outreach

May 2021 - June 2021

Gave a group presentation to members of the surrounding USC community about the importance of exercising during the workweek and its implications on wellbeing. Led a group exercise after the presentation with the community members.

LA Marathon / Medical Team Volunteer

November 7th 2021

Cared for the runners at the finish line with means of stretching, soft tissue mobilization, deep breathing exercises to facilitate recovery. Learned to triage patients and give fast, effective treatment.

Clinical Experience

Long Beach VA / 6 Week Outpatient (OP) Ortho Clinical

7/6/2021-8/13/2021

Became adept at treating a veteran population and identifying with them.

USC Keck Hospital / 2 Week Acute Inpatient Clinical

10/25/21 - 11/05/21

Worked with an acute inpatient population at Keck hospital to evaluate and treat a variety of different patient presentations.

Spine and Sport / 8 Week OP Mixed Clinical

May 2022 - July 2022

I was the only fluent Spanish speaking therapist at the clinic and was able to provide quality care for patients in their native language.

Providence Little Company of Mary / 16 Week Acute Mixed Inpatient Clinical

September 2022 - December 2022

I primarily worked in the ICU working with post CVA, cardiac surgery, TBI patients etc. Learned to communicate with different healthcare providers and provide care for patients with many comorbidities.

USC Marengo / 16 Week Outpatient Ortho/Pelvic Floor Clinical

January 2023 - April 2023

The pelvic health population consisted of treating patients that were post prostatectomy, erectile dysfunction, functional constipation etc.

