

# CARLY POST, PT, DPT

## EDUCATION

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**University of Southern California** Los Angeles, CA  
*Doctor of Physical Therapy* August 2020-May 2023

- Helen J. Hislop Award in Support of Vision of Excellence in Physical Therapy (August 2022)
- Order of the Golden Cane, Order of the Arete, Basic Science Award, National SPT Honor Society (May 2023)

**University of Denver** Denver, CO  
*BS Biological Sciences, Minors: Chemistry, Psychology (Cum Laude – June 2018)* September 2014-June 2018

## CLINICAL EXPERIENCE / RESEARCH EXPERIENCE

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**Madonna Rehabilitation Hospital** Lincoln, NE  
*Student Physical Therapist* January 2023-April 2023

- Sixteen-week full time in-patient adult and research hybrid clinical experience.

**Precision Rehabilitation** Long Beach, CA  
*Student Physical Therapist* August 2022-December 2022

- Sixteen-week part time clinical experience in outpatient orthopedics and outpatient neurology.

**Orthopedic Surgical Specialists Physical and Hand Therapy** Glendale, CA  
*Student Physical Therapist* May /June 2022

- Eight-week clinical experience in outpatient orthopedic setting.

**University of Southern California** Los Angeles, CA  
*Research Assistant, Locomotor Control Lab* January 2022-August 2022

- Assist with literature review, data collection, and data analysis.

**Keck Medical Center of University of Southern California** Los Angeles, CA  
*Student Physical Therapist* October/November 2021

- Two-week clinical experience in inpatient PT wound care setting.

**Professional Physical Therapy** New York, NY  
*Student Physical Therapist* July/August 2021

- Six-week clinical experience in outpatient orthopedic setting.

**Select Physical Therapy** Rio Rancho, NM  
*Student Physical Therapist* February/March 2021

- Two-week clinical experience in fast-paced, outpatient orthopedic setting.

## TEACHING EXPERIENCE

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**Rock Climbing Special Interest Group** Hybrid Format, International Organization  
*Teaching Assistant* October 2022- June 2023

- Facilitate discussions regarding movement analysis and management of orthopedic conditions in climbers.

**University of Southern California** Los Angeles, CA  
*Head Teaching Assistant for Analytical Anatomy Course* May 2021-June 2022

- Oversee group of SPT teaching assistants, liaison between student workers and course faculty.
- Instruct in anatomy lab, lead tutoring sessions, serve as liaison between SPT TAs and course faculty.
- Lead and organize 5-week summer remediation review program/educational opportunity for students.

**3rd International Conference on Rehabilitation Sciences (ICRS)** Lahore, Pakistan (virtual)  
*Presenter (alongside USC faculty: Dr. Kornelia Kulig and Dr. Mike Andersen)* May 2021

- Delivered information on cervical radiculopathy with considerations for interventions/patient management.

## LEADERSHIP EXPERIENCE / VOLUNTEER EXPERIENCE

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- Graduate Student Government Representative, USC Division of Biokinesiology and Physical Therapy
- Students Exploring Anti-Racism Community Huddle (SEARCH) Affinity Group Student Leader, USC
  - Lead and organize discussions in addition to coordinating collaborations with other affinity groups.
- Pelvic Floor Extracurricular Group, USC
- LA Marathon Medical Tent Volunteer, LA County and Keck Medicine of USC
- Keck Medicine Festival of Life Volunteer, USC