

Jeffrey Kerbel, PT, DPT, NCS

Professional License & Specialist Certification

California: PT298122 (valid through 2/29/2024)

Board-Certified Neurological Clinical Specialist (valid through 6/30/2032)

Education

MGH Institute of Health Professions (Boston, MA) Doctor of Physical Therapy Program **January 2020**

University of Virginia (Charlottesville, VA) Bachelor of Science in Education | Kinesiology Major **May 2015**

Work Experience

Physical Therapist – Rancho Los Amigos NRC **September 2021 – present**

- Provide physical therapy evaluation, treatment, and interdisciplinary care collaboration, to patients in a variety of service settings within the hospital: Neuro Day Rehab, Inpatient Rehab Neuro/Stroke, Neuro Function & Mobility (outpatient), and General Day Rehab, Seating Center (outpatient), and Spinal Cord Injury Day Rehab
- Collaborate in the development and incorporation of educational group modules and additional resources for patients and caregivers, to aid in maximizing functional recovery, health literacy, and successful transitions to home and community-based wellness routines

Neurologic Physical Therapy Resident – USC-RLANRC **August 2020 – August 2021**

- Provided direct patient in inpatient and outpatient rehab settings, treating a wide variety of neurological diagnoses
- Further developed clinical abilities and expertise via a minimum of 4 hours/week of formal mentorship, as well as 2-4 hours/week of academic modules online via Neuroconsortium webinars, journal clubs, and special topic sessions
- Produced scholarly project on implantation of patient and caregiver training on OPTIMAL theory for self-directed patient progress

Academic Work

Adjunct Instructor of Clinical Physical Therapy (part time) – USC DPT Program **November 2022 - present**

- Provide instruction and grading to both residential and hybrid DPT program students, through lab sessions and course practical examinations on neurologic physical therapy content and skillsets

Teaching Assistant (part-time) – USC DPT Program **Fall 2020 – Spring 2021**

- PT534 Neuroanatomy (fall semester, hybrid program) – via live and asynchronous online formats, provided video lab demonstrations and assignment grading support in the instruction of foundational neuroanatomical knowledge and correlations to introductory clinical exam skills development
- PT546 Neuropathology (spring semester, residential program) – via live and asynchronous online formats, provided lecture, group discussion, and assignment grading support in the development of differential diagnoses of common neurological conditions, as well as associated prognoses and treatment plan principles
- PT831 Electrophysiology (spring semester, residential program) – via mix of online and in person instruction, provided lecture, group discussion, assignment and exam grading support focusing on the development of clinical reasoning in electrodiagnostic interpretation and electrotherapeutic applications across a variety of diagnostic categories

Certifications and Skills

- BLS for Healthcare Providers (American Heart Association)– valid through 7/31/2023
- Spanish language – professional working proficiency (ILR level 3), trained in healthcare interpretation ethics

Physical Therapy Clinical Education

Full-time Clinical Experiences

Rancho Los Amigos National Rehabilitation Center, Downey, CA 16 weeks, August – December 2019

- Provided care for patients in an outpatient neurological day rehab clinical setting, focused primarily on the stroke continuum of care, as part of an interdisciplinary team of physical, occupational, and speech therapists
- Provided additional treatment, co-treatment, and coverage in other settings, including aquatic PT, inpatient stroke, SCI, and outpatient orthopedic PT
- Presented in-service on strategies and resources to address patients' social determinants of health within an outpatient PT setting, as well as a proposal for an enhanced version of the Rancho gait form

**Spaulding Nursing & Therapy Center, Allston, MA
& IMPACT Practice Center, Boston, MA** 10 weeks, February – April 2019

- Under a split-site 1:1 student to CI model, treated patients with a variety of neurologic conditions in both skilled nursing facility and outpatient pro-bono neurological PT clinical settings
- At pro-bono clinic, facilitated collection and analysis of data for capstone project on “The Development of Satisfaction Surveys for IMPACT Center Clients With and Without Aphasia”

Concentra Urgent Care, West New York, NJ 10 weeks, June – August 2018

- Under a 1:1 student to CI model, assumed increasing physical therapy management responsibility for patients in an occupational health setting, with an emphasis on evaluation and treatment of acute and sub-acute musculoskeletal injuries
- Developed language and communication skills to serve a primarily Spanish-speaking community

Extracurricular Leadership/Honors

Adams Award Recipient – MGH Institute of Health Professions 2020

- In recognition of leadership, service to the profession, & potential to make significant contributions as a clinical scholar

Class Representative, MGH Institute of Health Professions June 2017 – December 2019

- Along with co-representative, served as a liaison between DPT student cohort, faculty, and the administration to help optimize the educational and student life experiences at the IHP
- Participated in Student Government Association meeting and initiatives for institutional development, such as student interviews with administrative candidates and meetings with guest lecturers

First Year Review Session Facilitator June 2019 – August 2019

- Along with fellow third-year student, held weekly review sessions for up to 70 students, with a focus on development of fundamental patient/client management skills and techniques across two month-long courses

Center for Primary Care Student Leadership – MGH IHP & Harvard Med School August 2018 – August 2019

- Worked in an interprofessional collaborative community of healthcare students to deliver impactful, relationship-centered, community-based projects in primary healthcare. As co-chair of Leadership Committee, helped develop and run monthly trainings focused on developing practical skills among members.

Research & Professional Involvement

Presentation Co-author 2020-2022

- Poster exhibit of neuro residency scholarly project, “OPT-In: Teaching patients to ‘fish’: OPTIMAL theory use for self-directed progress”, at 2022 APTA CSM and 2022 CPTA Conference
- Case study poster on “Carpal Tunnel Treatment in the Neurologically Impaired Upper Extremity” - 2020 APTA CSM

APTA Member May 2017 – present

- Neurology section