

Holly Hart

EDUCATION

University of Southern California (USC) *Los Angeles, CA* Aug. 2019 - May 2022
Doctor of Physical Therapy

California Lutheran University *Thousand Oaks, CA* Sept. 2014 - May 2018
Bachelor of Science in Exercise Science
Emphasis in Health Professions

University of Sydney *Sydney, Australia* Jan. 2017 - June 2017
Study Abroad Semester

LICENSES AND CERTIFICATIONS

California Physical Therapy License Expires Oct. 2023
CPR/AED (BLS) Certification through the American Heart Association Expires Mar. 2023

CLINICAL EXPERIENCE

Keck Hospital of USC, Los Angeles, CA Sept. 2022 – Current
Licensed Physical Therapist, Inpatient/Acute Care

USC Physical Therapy, Los Angeles, CA Student Jan. 2022 – Apr. 2022
Physical Therapist, Outpatient Neurology

- Evaluated and treated individuals with headaches, migraines, orthopedic ailments, and neurological conditions including facial palsy, Parkinson's disease, parkinsonism, Multiple Sclerosis and chronic stroke, vestibular/balance conditions including Benign Paroxysmal Positional Vertigo (BPPV) and unilateral and bilateral vestibular hypofunction, and individuals diagnosed with post-COVID condition, Postural Orthostatic Tachycardia Syndrome (POTS) and Mast Cell Activation Syndrome (MCAS)

Children's Hospital of Los Angeles, Los Angeles, CA Aug. 2021 – Dec. 2021
Student Physical Therapist, Outpatient Pediatrics

- Evaluated and treated individuals in a pediatric setting with congenital diseases, developmental delays, post-surgical conditions, traumatic brain injuries, concussions, and various neurologic, orthopedic and oncologic conditions. Assisted in evaluation and treatment for individuals diagnosed with congenital torticollis

Golden State Orthopedics & Spine, Walnut Creek, CA May 2021 - June 2021
Student Physical Therapist, Outpatient Orthopedics/Mixed

- Evaluated and treated individuals with a wide range of common orthopedic, post-surgical and vestibular conditions in an outpatient setting

Keck Hospital of USC, Los Angeles, CA

July 2020 – Aug. 2020

Student Physical Therapist, Inpatient Neurology

- Evaluated and treated individuals with various neurological conditions, including stroke, traumatic brain injury, spinal cord injury, and post-orthopedic surgery in the intensive care and step down units

Mercer Island Physical Therapy, Mercer Island, WA

Mar. 2020

Student Physical Therapist, Outpatient Orthopedics

- Two-week clinical rotation with exposure to evaluation and treatment of common orthopedic conditions

VOLUNTEER EXPERIENCE

USC Fit Families, Los Angeles, CA

Oct. 2019, Jan. 2021

- Screened participants for participation in physical activity
- Provided small educational lectures on predetermined topics
- Developed and facilitated safe group exercise sessions in-person and virtually

FUNfitness Special Olympics Southern California, Los Angeles, CA

Nov. 2019

- Assessed physical fitness of Special Olympics Athletes
- Performed screening assessments for flexibility, balance, strength, endurance and cardiovascular function for the on-site physical therapist to personalize a wellness plan

EXTRA-CURRICULAR EXPERIENCE

University of Southern California

Feb. 2021- Apr. 2022

Pediatric Discussion Group Participant

University of Southern California

Oct. 2020 - July 2021

Orthopedic Discussion Group Participant

PROFESSIONAL MEMBERSHIPS

American Physical Therapy Association (California Chapter)

Sept. 2019 – Current

PRESENTATIONS AND PRODUCTS

Evidence-based Reference Guide for Outcome Measures and Patient Questionnaires commonly used in an Outpatient Neurology Setting Clinical Project *Los Angeles, CA* (2022)

Presented “Juvenile Dermatomyositis” In-Service *Los Angeles, CA* (2021)

Critically Appraised Topic on Effectiveness of Exercise and Physical Therapy Interventions for Children with Ataxia (2021)

Presented “Lateral Ankle Sprains” In-Service *Walnut Creek, CA* (2021)

Presented a Patient Case and Evidence-Based Interventions for an individual with an Acute Stroke, In-Service *Los Angeles, CA* (2020)

HONORS AND AWARDS

DPT Merit Based Scholarship , University of Southern California	2021 - 2022
DPT Merit Based Scholarship , University of Southern California	2019 - 2020
Magna Cum Laude , California Lutheran University	2018
Exercise Science Department Distinction , California Lutheran University	2018
Scholar Athlete , California Lutheran University	2016
Dean's List , California Lutheran University	2014 - 2018

CONFERENCES ATTENDED

American Physical Therapy Association Combined Sections Meeting (CSM), *Denver, CO*, Feb. 2020