

**CURRICULUM VITAE**  
**Mihal Lakhovsky, PT, DPT, OCS**  
**July 2022**

**I. BIOGRAPHICAL INFORMATION**

---

**PERSONAL INFORMATION**

Office Address: Kaiser Permanente Physical Therapy – Department 140  
6041 Cadillac Avenue  
Los Angeles, CA 90034  
Phone: (323) 857-2476  
Email: mihal.x.lakhovsky@kp.org

**EDUCATION**

2022 – Present Orthopedic and Sports Physical Therapy Fellowship, Kaiser Permanente  
2020 – 2021 Orthopedic Physical Therapy Residency, University of Southern California  
2017 – 2020 Doctor of Physical Therapy, University of Washington  
2013 – 2016 Bachelor of Science, University of San Francisco, Summa Cum Laude

**LICENSURE**

2020 – Present California Licensed Physical Therapist, License #298753

**CERTIFICATIONS**

2022 – Present Board Certified Orthopedic Clinical Specialist, ABPTS

**EMPLOYMENT**

2022 – Present Physical Therapist, Kaiser Permanente, Los Angeles, CA  
2020 – 2021 Physical Therapist, Rehab Specialists Incorporated, Santa Monica, CA

**ACADEMIC APPOINTMENTS**

2022 – Present Adjunct Instructor of Clinical Physical Therapy, University of Southern California  
2021 Teaching Assistant, Therapeutic Application of Physical Agents, University of Southern California  
2020 Teaching Assistant, Basics of Patient Management, University of Southern California

2015 – 2016 Teaching Assistant, Exercise Physiology, University of San Francisco

## **HONORS AND AWARDS**

2020 Golden Key Honor Society, University of Washington

2013 – 2016 Dean's Honor Roll, University of San Francisco

## **PROFESSIONAL ORGANIZATIONS**

2020 – Present American Physical Therapy Association Orthopedic Section, member

2018 – Present American Physical Therapy Association, member

## **II. SCHOLARLY ACTIVITIES**

---

### **SCIENTIFIC PRESENTATIONS**

2020 **Lakhovsky, M.**, Johnstone, L., Roshanravan, B., McGough E.L., Kestenbaum, B. Patient Reported Outcome Measure of Quality of Life and Strength in Chronic Kidney Disease. Platform, Combined Sections Meeting, Denver, CO.

**Lakhovsky, M.**, Johnstone, L., Roshanravan, B., McGough E.L., Kestenbaum, B. Mobility Disability, Quality of Life, and Clinical Physical Performance in Chronic Kidney Disease. Poster, Combined Sections Meeting, Denver, CO.

### **CONTINUING EDUCATION ATTENDED**

2021 The Movement System: Assessment and Treatment of Knee Pain, MedBridge

The Movement System: Assessment and Treatment of Low Back Pain, MedBridge

Pelvic Health Physical Therapy Level 1 Lab, APTA Pelvic Health

Pelvic Health Physical Therapy Level 1 Didactic, APTA Pelvic Health

2020 Sports Residency Seminar Series II, University of Southern California

Sports Residency Seminar Series I, University of Southern California

### **III. ADMINISTRATIVE AND SERVICE ACTIVITIES**

---

#### **COMMUNITY LECTURES**

2021                    Operating Room Ergonomics, Health Services Los Angeles County  
                              “The Floor of the Core”, Rehab Specialists Incorporated

#### **VOLUNTEER**

2021                    Collaborator, The Movement System: Cervical Spine, MedBridge  
                              Physical Therapist Shadowing, Harvard-Westlake School

2017 – 2020            DPT Class of 2020 Co-President, University of Washington

2015 – 2017            Outreach Coordinator Students for Cancer Awareness, University of San Francisco