

Serina So-Peaslee

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LICENSURE

California Physical Therapist (PT) 2022 – Present
Physical Therapy Board of California
License No. PT 302112

EDUCATION

University of Southern California – Los Angeles, CA August 2019 – May 2022
Doctor of Physical Therapy, USC Division of Biokinesiology and Physical Therapy

May 2015 – May 2017

Western University of Health Sciences – Pomona, CA
Master of Science in Health Science in Community Health Education

August 2011 – May 2015

University of Southern California – Los Angeles, CA
Dornsife College of Letters, Arts and Sciences: Bachelor of Science in Human Biology

CLINICAL EXPERIENCE

California Rehabilitation and Sports Therapy – Fountain Valley, CA January – April 2022
Student Physical Therapist, outpatient orthopedic setting (16 weeks part-time)
• In-service: Pilates-based mat exercise manual to improve a variety of orthopedic interventions

Keck Medical Center of USC, Wound Care – Los Angeles, CA August 2021 – December 2021
Student Physical Therapist, inpatient and hospital-based outpatient setting (16 weeks full-time)
• In-service: Role of electrical stimulation on diabetic foot ulcer healing and prevention to physical therapists of all divisions including wound care

Summit Rehabilitation – Sultan, WA May 2021 – June 2021
Student Physical Therapist, outpatient orthopedic setting (8 weeks)
• In-service: Introduction to bridge enhanced anterior cruciate ligament repair (BEAR) technique

Huntington Beach Physical Therapy Specialist – Huntington Beach, CA March 2020 – August 2020
Student Physical Therapist, hospital-based outpatient setting (2 + 6 weeks)
• In-service: Selection of neural mobilization interventions specific to patient presentation

California Therapy Solutions – Costa Mesa, CA January 2018 – October 2018
Physical Therapist Aide

TEACHING EXPERIENCE

Climbing Instructor and Staff
Sender One Climbing LLC February 2019 – October 2019

Yoga Alliance 500-HR Studio Yoga Instructor April 2017 – December 2019

Patterns Behavioral Services September 2017– November 2017
Direct Interventionist specializing in Applied Behavioral Analysis (ABA)

School on Wheels, Inc. August 2015 – July 2017
Volunteer Tutor

LEADERSHIP EXPERIENCE

Special Olympics World Games Los Angeles 2015 January 2015 – August 2015
Delegation Services Intern/Delegation Liaison for Team Japan

- Conducted administrative responsibilities for the approval, recruitment, and training of over 300 liaisons
- Developed training guidelines and presentations for liaisons representing 170 countries to ensure professional conduct and operational success for a large-scale international event
- Translated for Japanese team at the Consulate-General of Japan LA
- Coordinated and supervised 30+ delegation liaisons from 170 countries as Team Lead to successfully manage a large-scale international event

PROGRAM DEVELOPMENT

Regional Center of Orange County June 2016 – December 2017
Curriculum Developer

- Designed a pilot educational program to enhance physical and nutritional lifestyle for adults with intellectual disabilities
- Conducted evidence-based research to establish the “Healthy Life, Happy Life” program, which provided guidelines to improve nutrition, exercise, stress management, and sleep

SugarWatch May 2016 – September 2016
Business Development

- Conducted community and state grant proposal research for childhood obesity prevention in low-income public school districts
- Developed community outreach projects to advocate for a research-based health campaign to reduce childhood obesity in the greater Los Angeles area

Coachella Valley Autism Society of America (CVASA) May 2015 – October 2016
Program Evaluator

- Conducted field research and needs assessments to help improve program impact and outreach

CONTINUING EDUCATION

The Skin and Aging: Impact on Wound Prevention and Management March 2021
Rose M. Pignataro, PT, DPT, PhD, CWS March 2021

Physical Therapy Considerations for Complex Edema Management January 2022
Lisa Cabral, PT, DPT, CLT, CWS

Overview of Prone Positioning: Why It Works and Lessons Learned
Katie Brito, PT, DPT, Meghan Gushurst, PT, DPT, CCS, Tricia Healy, PT, DPT, and
Stephanie Woelfel, PT, DPT, CWS

CERTIFICATIONS

Yoga Alliance RYT-500 Yoga Instructor	December 2016
BASI Certified Mat Pilates Instructor	October 2018

VOLUNTEER EXPERIENCE

USC Fit Families	February – April 2021
Virtual Interprofessional Education Symposiums (VIPE & Afri-VIPE)	October 2020 & July 2021
Interprofessional Geriatrics Curriculum (IPGC)	August 2020 – 2021
Rancho Los Amigos Spinal Injury Games	September 2019
Keck Medical Center of USC – Medical Anesthesiology/Radiology Volunteer	August 2013 – 2015

PROFESSIONAL MEMBERSHIPS

American Physical Therapy Association	May 2019
• Chapter: California Physical Therapy Association	May 2019
• Sections: Academy of Clinical Electrophysiology and Wound Management	February 2021

AWARDS/ACHIEVEMENTS

Alpha Eta Honor Society at Western University of Health Sciences	May 2017
Faculty Recognition Award of Humanism and Compassion at Western University of Health Sciences	May 2017
Faculty Recognition Award of Service at Western University of Health Sciences	May 2017
Who's Who Among Students in American Universities and Colleges Award	May 2017

LANGUAGES

Mandarin Chinese (Full Professional Speaking Proficiency, Minimum Professional Reading Proficiency)
Japanese (Native or Bilingual Speaking/Reading Proficiency)