

# CURRICULUM VITAE

Jessica Rancour, PT, DPT, Cert. MDT

## I. BIOGRAPHICAL INFORMATION

### PERSONAL INFORMATION:

**University Office:** Division of Biokinesiology and Physical Therapy  
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### UNIVERSITY EDUCATION:

2009	DPT, Transitional Doctor of Physical Therapy Shenandoah University, Winchester, VA
2005	MS, Master of Science in Biomedical Sciences with a concentration in Physical Therapy, Toledo, OH
2004	BS, Bachelor of Science in Applied Health Sciences, Bowling Green, OH

### CERTIFICATIONS AND/OR LICENSURE:

2006-Present	State Physical Therapist Licensure: 2018-Present California (294869) 2006-Present Ohio (PT011354)
2019	American Physical Therapy Association Academy of Aquatic Physical Therapy Clinical Competency Certificate
2011	Certified in Mechanical Diagnosis & Therapy, The McKenzie Institute
2009	Credentialed Clinical Instructor, American Physical Therapy Association

**ACADEMIC APPOINTMENTS:**

2019-Present	University of Southern California, Los Angeles, CA Division of Biokinesiology and Physical Therapy 2022 Assistant Professor of Clinical Physical Therapy Assistant Director of Clinical Education 2020-2021 Clinical Instructor of Physical Therapy 2019 Instructor of Clinical Physical Therapy
2016-2019	West Coast University, Los Angeles, CA Doctor of Physical Therapy Program 2016-2019 Assistant Professor 2016-2019 Director of Clinical Education 2016 Assistant Director of Clinical Education
2014-2015	Cleveland State University, Cleveland, OH Doctor of Physical Therapy Program 2014-2015 Instructor

**CLINICAL APPOINTMENTS:**

2018-Present	Senior Staff Physical Therapist Rosebowl Aquatics Center Pasadena, CA
2006-2016	Clinical Specialist Physical Therapist Cleveland Clinic Rehabilitation & Sports Therapy Cleveland, OH
2006	Physical Therapist Orthopaedic Associates Westlake, OH

**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:**

2004-Present	Member, American Physical Therapy Association
2018-Present	Member, California Physical Therapy Association
2006-2018	Member, Ohio Physical Therapy Association

## II. ADMINISTRATIVE AND SERVICE ACTIVITIES

### UNIVERSITY SERVICE:

#### **Division of Biokinesiology and Physical Therapy, University of Southern California**

2021- Present	Member, Educational Research and Scholarship and Lab Group
2020-Present	Faculty Co-Leader, Performing Arts Extracurricular Group
2020-Present	Member, EDI Curriculum Task Force
2020-Present	Member, Diversity, Anti-Racism, Inclusion and Community Engagement (DARIC) Faculty/Staff Support Subcommittee

### OTHER SERVICE ACTIVITIES:

2019-Present	Concorde Community College, North Hollywood, CA Member, Physical Therapist Assistant Program Advisory Committee
2010-2014	The Free Clinic, Cleveland, OH Pro-Bono Physical Therapist (once per month)

### MANUSCRIPT REVIEWER:

2021	Physiotherapy Quarterly
2020	Pediatric Physical Therapy
2015	The International Journal of Sports Medicine

### III. SCHOLARLY ACTIVITIES

#### PUBLICATIONS

##### Published Papers in Peer-Reviewed Journals

**Rancour, J**, Terry M, Holmes, CF, Cipriani, D. Superficial Precooling on a 4-week Static Stretching Regimen: A Randomized Trial. *Sports Health*. 2010; 2(5): 433-436.

**Rancour, J**, Holmes, CF, Cipriani, D. The Effects of Intermittent Stretching Following a 4-week Static Stretching Protocol: A Randomized Trial. *Journal of Strength and Conditioning Research*. 2009; 23(8): 2217-2222.

#### PUBLICATIONS IN DEVELOPMENT

Co-author/editor, Neuro Muscular Electrical Stimulation: A Practical Guide (5<sup>th</sup> Edition)

#### PRESENTATIONS

##### Peer-reviewed Platform Presentations

**Rancour, J**, The Influence of Superficial Pre-cooling on a Static Stretching Regimen: A Randomized Trial. Platform Presentation. Ohio Physical Therapy Association State Conference. Aurora, OH. November 10, 2006.

**Rancour, J**, The Influence of Superficial Pre-cooling on a Static Stretching Regimen: A Randomized Trial. Platform Presentation. Physical Therapy 2006: Annual Conference and Exposition of the American Physical Therapy Association. Orlando, FL. June 24, 2006.

**Rancour, J**, The Influence of Superficial Pre-cooling on a Static Stretching Regimen: A Randomized Trial. Platform Presentation. American Physical Therapy Association Combined Sections Meeting. San Diego, CA. February 4, 2006.

##### Presentations as Invited Speaker

**Rancour, J**, Physiotherapy and the Performing Arts: From Tutus to Triple Axels, IX International Physiotherapy Meetings, Comillas Universidad Pontificia, Madrid, Spain, March 16, 2018.

**Rancour, J**, Examination of an Athlete Experiencing Bilateral Upper Extremity Numbness during Overhead Weight Lifting, using Mechanical Diagnosis and Therapy. Cleveland Clinic Orthopaedic Case Reports Night. Beachwood, OH. November 7, 2012.

## IV. TEACHING ACTIVITIES

### COURSES DEVELOPED AND/OR PRESENTED

#### USC University Courses: Division of BKN & PT: DPT Program

2021	<b>Instructor-</b> PT571L Clinical Management of Cardiopulmonary Dysfunction, DPT II, 4 units, 150 students
2020-Present	<b>Hybrid Lead</b> -PT551L Therapeutic Application of Physical Agents- DPT II, 3 units, 50 students
2021	<b>Immersion Lead Content Coordinator</b>
2020-2021	<b>Co-content creator</b> , Neuromuscular Electrical Stimulation (NMES) Dosing Table (1 hour content to be utilized in both PT551 and PT583)
2021	<b>TAACT Objective Co-creator</b> , Equity, Diversity & Inclusion content (30 minutes)
2020-2021	PT583L Clinical Electrophysiology, DPT II, 1 unit, 150 students
2021	<b>Course Coordinator</b>
2021	<b>TAACT Objective and Content Co-creator</b> , Equity, Diversity & Inclusion content (under 30 minutes content)
	<b>Live Session Plan Co-creator</b> for Residential and Hybrid Pathways (20-30 hours)
2020	<b>Instructor and Content Co-creator</b> , Biofeedback and Motor Learning (6 hours)
2020-Present	<b>Instructor</b> -PT600a Clinical Experience- DPT I, 1 unit, 100 students
2020-Present	<b>Instructor</b> -PT521L Basics of Patient Management- DPT I, 4 units, 150 students
2020-2021	<b>Clinical Education Student Liaison/Mentor</b> -10% dedicated time to performing midterm phone calls/site visits
2020-Present	<b>Facilitator</b> , Virtual Interprofessional Day, 12 students
2020	<b>Instructor</b> -PT632 Integrated Patient Management Seminar- DPT III, 5 units, 99 students
2020	<b>Instructor-</b> PT640a Hybrid Integrated Patient Management Seminar- DPT III, 150 students
2020	<b>Guest Examiner-</b> PT621 Clinical Management of Orthopedic Dysfunction- DPT I

### **Courses at Other Universities or Hospitals:**

2016-2019	<b>West Coast University, Los Angeles, CA</b>
2017-2018	<b>Course Director and Content Creator-</b> PT744 Clinical Skills V
2018	<b>Instructor-</b> PT721 Foundation Sciences Kinesiology/Pathomechanics
2017	<b>Course Director-</b> PT734 Clinical Skills IV
2017	<b>Instructor-</b> PT717 Musculoskeletal II
2014- 2015	<b>Cleveland State University, Cleveland, OH</b>
2015	<b>Instructor-</b> DPT785 PT Professional Issues III -Developed spine lectures & video demonstrations <b>Physical Therapist-</b> DPT785 PT Professional Issues III <b>-Supervising Orthopedic Physical Therapist</b> for course at Tri-C's Preventative Care Center (low- cost clinic)
2015	<b>Instructor-</b> DPT642 Functional Anatomy -Presenter & creator of shoulder content
2015	<b>Instructor-</b> DPT654 Physical Therapy & Practice III
2007-2016	<b>Cleveland Clinic, Cleveland, OH</b>
2014-2016	<b>Faculty-</b> Orthopaedic Residency Program -Instructor for Hip and Knee content
2011-2013	<b>Instructor-</b> Osteoporosis and Bone Health Program
2013	<b>Instructor-</b> Adventures in Health Science & Math
2007-2012	<b>Presenter-</b> Public Health Education Seminars

### **MENTORING ACTIVITIES**

2021- Present	Faculty Co-Advisor, Performing Arts Club (student led)
2021	Academic Mentor/Tutor, PT583, USC Division of Biokinesiology and Physical Therapy, Los Angeles, CA
2020-Present	Academic Mentor, DPT Student Mentor Program, USC Division of Biokinesiology and Physical Therapy, Los Angeles, CA (3 students)