

Yue Lilian Chen, PT, DPT, OCS, CLT, CPI

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EDUCATION

- Doctorate of Physical Therapy; University of Southern California, CA May, 2003
- Master of Science in Developmental Kinesiology; Bowling Green State University, OH May, 2000
- Master of Education in Sports Biochemistry; East China Normal University, Shanghai, China July, 1996
- Bachelor of Education in Physical Education; East China Normal University, Shanghai, China July, 1993

POST PROFESSIONAL EDUCATION AND CERTIFICATIONS

- Orthopaedic Physical Therapy Residency, Fortanasce & Associates Physical Therapy 2006
- Board Certified Clinical Specialist in Orthopaedic Physical Therapy, ABPTS 2008, 2018
- Certified Pilates Instructor, Pilates Method Alliance, Balanced Body 2008
- Certification of Movement Links, Clare Frank 2010
- Certificate of Advanced Lower Extremity Biomechanics Seminar Series, Chris Powers 2012
- Certificate of Vojta Therapy, 2-year long clinical practice training, Children's Hospital, Siegen, Germany 2017

WORK EXPERIENCE

International Coordinator, USC Residency and Fellowship, Instructor of Clinical Physical Therapy, 2014 - present

- Support the international development of clinical residency and fellowship education in China
- Develop and implement classroom and lab modules that support the Orthopaedic Physical Therapy Residency and Spine Rehabilitation Fellowship programs
- Develop and implement classroom and lab modules that support the Pelvic Health Fellowship programs
- Provide clinical supervision for clinical residents and fellows
- Liaison/Translator/Co-instructor - Orthopaedic and Sports Rehabilitation Seminar Series
- Instructor – Pelvic Health Rehabilitation Seminar Series

Chinese Translation Coordinator, Orthopaedic Section APTA / JOSPT ICF-based CPGs 2012 - present

- Coordinator and lead translator of 13 clinical practice guidelines for *Chinese Journal of Sports Medicine*, *Rehabilitation Medicine Journal* and the *Journal of Orthopaedic and Sports Physical Therapy*

Fortanasce PT/ Chinese Olympic Committee /USC BKN&PT 2009 - 2015

- Coordinator and Clinical Faculty for International Sports Rehabilitation Internships

Training Bureau of State Sports General Administration of China 2008 - present

- Chief Rehabilitation Specialist for the 2008 Beijing Olympic Games; National Training Center
- Project Manager, Injury Prevention & Rehabilitation/Performance Optimization; National Training Center

Education Division, Science and Education Department, All-China Sports Federation 2008 - present

- Consultant for Olympians, National Sports Team Doctor; Chinese Olympic Committee
- Lecturer, Annual Sports Specific Rehabilitation Symposia; Chinese Olympic Committee
- Translator for China Sports Science Conference & Human Kinetics
- Translator for the NSCA CSCS symposium; Chengdu Sports Institute & Beijing Winter Olympic Coaches
- Speaker for China Fit '08 and '14, AFA & the 1st International Forum in Personal Training, Shanghai

Fortanasce & Associates Physical Therapy, Arcadia CA 2006 - 2015

- Full-time physical therapist
- Director of Rehabilitation-based Pilates and Pre-natal / Post-partum Programs

USC University Hospital/Kenneth Norris Comprehensive Cancer Hospital, Los Angeles CA 2003 - 2006

- Full-time physical therapist at USC University Hospital
- Primary physical therapist at Norris Cancer Hospital

USC Division of Biokinesiology and Physical Therapy

2005

- Teaching Assistant - Neurological Disorders Management, DPT Course

Bowling Green State University

1997 - 1999

- Teaching Assistant and Research Assistant for *Exercise Physiology, Research Methods, Motor Learning and Motor Control*, and *Kinesiology* courses

LICENSURE AND PROFESSIONAL MEMBERSHIPS

- California Physical Therapy License
- Member of the American Physical Therapy Association (since 2000)
- Member, Orthopaedic Section, APTA
- Member, Sports Section, APTA
- Member, Women's Health Section, APTA

CONSULTING EXPERIENCE

- Rehabilitation consultant, Beijing Sports University School of Sports Science 2018
- Chinese Olympic Committee, National Training Center, Beijing, China; 2006 - present (including the 2008, 2012, 2014, 2016 and 2018 Olympics)
 - Provide clinical consultation and training to the Chinese national sports team physicians on the current evidence-based science of sports rehabilitation^[SEP]
- Chinese Olympic Committee, National Training Center, Kunming, China; 2010 - present
 - Provide clinical consultation and training to the Chinese national short track speed skating team physicians and coaches on the prevention and treatment of skating injuries for 2014 Winter Olympics
- JiangSu Sports Bureau, JiangSu Sports Science and Research Institute; 2010 - present
 - Provide clinical consultation and training to the province sports team physicians on the current evidence-based science of ortho/sports rehabilitation in China and USA
- Beijing Sports Bureau; 2013 - present
 - Provide clinical consultation and training to the province sports team physicians on the current evidence-based science of ortho/sports rehabilitation for 2013 All-China Olympic games
- Chinese Track and Field Team
 - Provided clinical consultation and training for the track and field team physicians and coaches on the prevention and treatment of track and field injuries for the 2015 World Championship Games
- Zhejiang Sports Bureau; 2013
 - Provided clinical consultation and training to the province sports team physicians and athletes

SUBJECT MATTER EXPERT (AS RECOGNIZED BY)

American Chinese Association of Physical Medicine and Rehabilitation, 2015 -present

Chinese Olympic Committee, National Training Center, Beijing, China, 2008 - present^[SEP]

Education Division, Science and Education Department, All-China Sports Federation 2009 - present

Human Resource Department, All-China Sports Federation, 2009 - present

National Sports Science and Research Institute, All-China Sports Federation 2014

Sports Hospital, All-China Sports Federation 2014

Rehabilitation Department, Zhejiang Institute of Technology 2014

Rehabilitation Department, Chengdu Sports University

Rehabilitation Department, WuHan Sports University

INVITED SPEAKER PRESENTATIONS AT INTERNATIONAL CONFERENCES: 2008 - present

- Diastasis Rectus Abdominis, Postpartum Rehabilitation Symposium, January 2020, Shanghai, China
- *"The rehabilitation of the concussion and the importance of inner core in the lower back pain population"*, 4 days seminar, 2019 continuing education at the China Olympic Committee, the National Sports General Administration Human Resources Center, Beijing, China
- Maternity Knowledge Sharing Session, October 2019, Foshan Lecong Health Service Center, Foshan, China

- Sexual Health Integrated Pelvic Floor Rehabilitation Summit Forum and Hainan's First Men's and Women's Sexual Dysfunction Pelvic Rehabilitation Theory and Practice Conference, October 2019, International Association of Pelvic Floor Rehabilitation, Haikou, China
- Maternity Rehabilitation Course, October 2019, Beijing Shunxin Sunshine Hospital, Beijing, China
- The 2nd pelvic rehabilitation conference, March 2019, Xiangya Third Hospital, Changsha, China
- Maternity rehabilitation course, April 2019, Shenzhen Maternity and Child Healthcare Hospital, Shenzhen, China
- "University of Southern California Orthopedics and Sports Rehabilitation", 1 day seminar, April 2019, Huizhou Central People's Hospital, Huizhou, China,
- Pelvic treatment program exploration and functional training course, April 2019, Shenzhen Maternal and Child Healthcare Hospital, Shenzhen, China
- International Yoga and Rehabilitation Exchange Conference, April 2019, Nanjing, China
- Pelvic (postpartum) rehabilitation forum, Shanxi Tongshan Rehabilitation Hospital, June 2019, Shanxi, China
- Special training course on pelvic pain, Tianjin Guoyaomingyi Hospital, June 2019, Tianjin, China
- Functional pelvic rehabilitation course, Shanxi Provincial Primary Health Association, August 2019, Shanxi, China
- Pelvic rehabilitation of neurological diseases, Fujian Rehabilitation Hospital, August 2019, Fuzhou, China
- *"A Functional Medicine Approach to Female Athlete Health, Performance, and Pelvic Health"* , a 5-day workshop, 2018 Continuing Education Seminar at the Chinese Olympic Committee, Human Resources Development Center of the General Administration of Sport in Beijing, China
- *"Rehabilitation in China and USA; pelvic health specialty development in USA; the Diastasis Recti research review and intervention update; LBP and pelvic dysfunction"* a 2-day workshop, 2018 Continuing Education Seminar in ShenZhen International BaoAn Rehabilitation summit, China
- *"Pregnancy and post-partum Rehabilitation application in the fitness world"* a one day work shop, integrative approach to fitness and rehabilitation in Royalty Sports Rehab Institute, 2018 China
- The Pelvic Floor and More: A Combined Pelvic Health, Osteopathic and Orthopedic Approach to the Treatment of Pelvic and Lower Extremity Dysfunction, a 7-day workshop, 2017 Continuing Education Seminar at the Chinese Olympic Committee, Human Resources Development Center of the General Administration of Sport in Beijing, China
- "Prevention, Evaluation and Physical Therapy Treatment of Musculoskeletal Conditions in the Pregnant and Postpartum Women," a 6-day workshop, 2016-2018 Continuing Education Seminar in China
- "Prevention, Evaluation and Physical Therapy Treatment of Urogenital Conditions in the Pregnant and Postpartum Women" a 6-day workshop, 2016-2018 Continuing Education Seminar in China
- "Prevention, Evaluation and Physical Therapy Treatment of Pregnancy-related Pelvic Pain," a 6-day workshop, 2016-2018 Continuing Education Seminar in China
- "Pilates, Yoga, and Advanced Therapeutic Exercises for the Pregnant and Postpartum Woman," a 10-day workshop, 2016 Continuing Education Seminar in Beijing, China
- Pregnancy and post-partum rehabilitation series, 16 days workshop, 2018
- USC Orthopedic Series, a 36-day workshop, 2014-2018 Continuing Education Seminar in China
- "Common Musculoskeletal Conditions in the Pregnant and Postpartum Women and practical application of Pilates, Yoga, and Therapeutic Exercises," a 4-day workshop, 2015 Continuing Education Seminar in Beijing, China
- "Common Musculoskeletal Conditions in the Pregnant and Postpartum Women and practical application of Pilates, Yoga, and Therapeutic Exercises," a 4-day workshop, 2014 Continuing Education Seminar in Beijing, China
- "Common Musculoskeletal Conditions in the Pregnant and Postpartum Women and practical application of Pilates, Yoga, and Therapeutic Exercises," a 4-day workshop, 2015 Continuing Education Seminar in GuangZhou, China
- "Common Musculoskeletal Concerns and Injury Prevention with Yoga professional practice," a 1-day workshop, 2015 Fine Yoga conference in HuBei, China
- "Common Musculoskeletal Conditions in the Postpartum Women and practical application of Pilates, Yoga, and Therapeutic Exercises," a 2-day workshop, 2015 Continuing Education Seminar in Beijing, China
- "Movement Pattern Evaluation and Treatment," a 6-day workshop, 2016 Continuing Education Seminar at the Chinese Olympic Committee, Human Resources Development Center of the General Administration of Sport in Beijing, China
- "Emergency Medical Response in Athletic setting," a 5-day workshop, 2016 Continuing Education Seminar at the Chinese Olympic Committee, Human Resources Development Center of the General Administration of Sport in Beijing, China
- "Ankle Rehabilitation per Clinical Practice Guideline," a 1-day workshop, 2015 Continuing Education Seminar at the National Research and Education Science Institute at the Chinese Olympic Committee in Beijing, China

- “Fundamentals in Treating Athletes, Lower Quarter,” an 8-day workshop, 2015 Continuing Education Seminar at the Chinese Olympic Committee, Human Resources Development Center of the General Administration of Sport in Beijing, China
- “Surgical Considerations, Rehabilitation, and Return-to-Sport for Athletes with upper extremities Disorders,” an 8-day workshop, 2014 Continuing Education Seminar at the Chinese Olympic Committee, Human Resources Development Center of the General Administration of Sport in Beijing, China
- “Movement Pattern Evaluation and Treatment, Upper Quarter,” a 4-day workshop, 2015 Continuing Education Seminar at the Guangzhou Sports Institute in Guangzhou, China
- “Movement Pattern Evaluation and Treatment, Lower Quarter,” a 4-day workshop, 2014 Continuing Education Seminar at the Shanghai Sports Institute in Shanghai, China
- “Movement Science and application to Upper Quarter in Athletes,” a 3-day workshop, 2013 Continuing Education Seminar at the Chinese Olympic Committee, National Sports Hospital in Beijing, China
- “Surgical Considerations, Rehabilitation, and Return-to-Sport for Athletes with Hip and Knee Disorders,” a 6-day workshop, 2013 Continuing Education Seminar at the Chinese Olympic Committee, Human Resources Development Center of the General Administration of Sport in Beijing, China
- “Movement Analysis and Rehabilitation of Common Athletic Activities,” a 4-day workshop, 2012 Continuing Education Seminar at the Chinese Olympic Committee, Human Resources Development Center of the General Administration of Sport in Beijing, China
- “Examination and Treatment for Patients with Upper Quarter Disorders,” a 7-day workshop, 2011 Continuing Education Seminar at the Chinese Olympic Committee National Training Center in Beijing, China
- “Examination and Treatment for Patients with Low Back, Mid Back, and Neck Pain,” a 4-day workshop, 2010 Continuing Education Seminar at the Chinese Olympic Committee National Training Center in Beijing, China
- “Examination and Treatment for Patients with Lower Quarter Disorders,” an 8-day workshop, 2010 Continuing Education Seminar at the Chinese Olympic Committee National Training Center in Beijing, China
- “Sports Rehabilitation Series,” a 16-day workshop, 2009-2010 Continuing Education Seminar at the Chinese Olympic Committee National Training Center in Beijing, China

Coordinator for the Clinical Guideline translation into Chinese and published:

Neck pain: Clinical practice guidelines linked to the International Classification of Functioning, Disability, and Health from the Orthopedic Section of the American Physical Therapy Association.

Authors: John D. Childs, Joshua A. Cleland, James M. Elliott, Deydre S. Teyhen, Robert S. Wainner, Julie M. Whitman, Bernard J. Sopky, Joseph J. Godges, Timothy W. Flynn, Anthony Delitto, George M. Dyriw, Amanda Ferland, Helene Fearon, Joy MacDermid, James W. Matheson, Philip McClure, Paul Shekelle, A. Russell Smith, Jr, Leslie Torburn

J Orthop Sports Phys Ther 2008;38(9):A1-A34. doi:10.2519/jospt.2008.0303

颈部疼痛 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关临床实践指南

COORDINATOR: Joseph J. Godges(乔·高杰斯)

CHINESE COORDINATOR: Lilian Chen-Fortanasce(陈月), DPT

CHINESE REVIEWERS: 韩云峰(Yunfeng Han)·李伟(Wei Li)·卢玮(Wei Lu)·Weiwei Guan , DPT

CHINESE TRANSLATORS: 张璐(Lu Zhang)·皮尚伯(Shangbo Pi)·刘少鹏(Shaopeng Liu)·金晨(Chen Jin)·张小可(Xiaoke Zhang)·刘筱霞(Xiaoxia Liu)

Shoulder Pain and Mobility Deficits: Adhesive Capsulitis

Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health From the Orthopaedic Section of the American Physical Therapy Association

Authors: Martin J. Kelley, Michael A. Shaffer, John E. Kuhn, Lori A. Michener, Ameer L. Seitz, Tim L. Uhl, Joseph J. Godges, Philip McClure

J Orthop Sports Phys Ther 2013;43(5):A1-A31, 351. doi:10.2519/jospt.2013.0302

肩部疼痛与活动度不足:肩关节囊粘连 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关临床实践指南

COORDINATOR:Joseph J. Godges(乔·高杰斯)

CHINESE COORDINATOR:Lilian Chen-Fortanasce(陈月), DPT

CHINESE REVIEWERS:韩云峰(Yunfeng Han)·李伟(Wei Li)·黄红拾(Hongshi Huang)

CHINESE TRANSLATORS:吴佳丽(Jiali Wu)·孙扬(Yang Sun)·范佼(Jiao Fan)·瞿璐(Lu Qu)·赵俊彤(Juntong Zhao)·戴惠超(Huichao Dai)·莫丹(Dan Mo)·赵倩(Qian Zhao)·龚丽华(Lihua Gong)·赵建宇(Jianyu Zhao)·谢思源(Siyuan Xie)

Low Back Pain : Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health from the Orthopaedic Section of the American Physical Therapy Association
Authors: Anthony Delitto, Steven Z. George, Linda Van Dillen, Julie M. Whitman, Gwendolyn Sowa, Paul Shekelle, Thomas R. Denninger, Joseph J. Godges

J Orthop Sports Phys Ther 2012;42(4):A1-A57. doi:10.2519/jospt.2012.42.4.A1

下腰痛 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关临床实践指南

COORDINATOR:Joseph J. Godges(乔·高杰斯)

CHINESE COORDINATOR:Lilian Chen-Fortanasce(陈月), DPT

CHINESE REVIEWERS: 韩云峰(Yunfeng Han)·侯妍姝(Yanshu Hou)·Weiwei Guan , DPT

CHINESE TRANSLATORS:毛雨生(Yusheng Mao)·普江艳(Jiangyan Pu)·鲁智勇(Zhiyong Lu)·李伟(Wei Li)·白震民(Zhenmin Bai)

Hip Pain and Mobility Deficits – Hip Osteoarthritis:

Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health from the Orthopaedic Section of the American Physical Therapy Association

Authors: Michael T. Cibulka, Douglas M. White, Judith Woehrle, Marcie Harris-Hayes, Keelan Enseki, Timothy L. Fagerson, James Slover, Joseph J. Godges

J Orthop Sports Phys Ther 2009;39(4):A1-A25. doi:10.2519/jospt.2009.0301

髋关节痛与活动度不足—髋骨性关节炎 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关临床实践指南

COORDINATOR:Joseph J. Godges(乔·高杰斯)

CHINESE COORDINATOR:Lilian Chen-Fortanasce(陈月)

CHINESE REVIEWERS:韩云峰(Yunfeng Han)·侯妍姝(Yanshu Hou)·Weiwei Guan , DPT·李伟(Wei Li)·于水(Shui Yu)·陈江(Jiang Chen)

CHINESE TRANSLATORS:卢玮(Wei Lu)

Knee Stability and Movement Coordination Impairments: Knee Ligament Sprain

Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health from the Orthopaedic Section of the American Physical Therapy Association

David S. Logerstedt, Lynn Snyder-Mackler, Richard C. Ritter, Michael J. Axe, Joseph J. Godges

J Orthop Sports Phys Ther 2010;40(4):A1-A37. doi:10.2519/jospt.2010.0303

膝关节稳定性及运动协调性损伤:膝关节韧带扭伤 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关临床实践指南

COORDINATOR:Joseph J. Godges(乔·高杰斯)

CHINESE COORDINATOR:Lilian Chen-Fortanasce(陈月), DPT

CHINESE REVIEWERS:韩云峰(Yunfeng Han)·Weiwei Guan, DPT·黄红拾(Hongshi Huang) CHINESE

TRANSLATORS:胥皞(Hao Xu)·李伟(Wei Li)

Knee Pain and Mobility Impairments: Meniscal and Articular Cartilage Lesions
Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health
from the Orthopaedic Section of the American Physical Therapy Association

Authors: David S. Logerstedt, Lynn Snyder-Mackler, Richard C. Ritter, Michael J. Axe, Joseph Godges
J Orthop Sports Phys Ther 2010;40(6):A1-A35, 597-597. doi:10.2519/jospt.2010.0304

膝关节痛和活动度受损:半月板和关节软骨损伤 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关临床实践指南

COORDINATOR:Joseph J. Godges(乔·高杰斯)

CHINESE COORDINATOR:Lilian Chen-Fortanasce(陈月), DPT

CHINESE REVIEWERS:韩云峰(Yunfeng Han)·李伟(Wei Li)·黄红拾(Hongshi Huang)

CHINESE TRANSLATORS:王磊(Lei Wang)·霍兴华(Xinghua Huo)

Achilles Pain, Stiffness, and Muscle Power Deficits: Achilles Tendinitis
Clinical Practice Guidelines Linked
to the International Classification of Functioning, Disability, and Health from the Orthopaedic Section of the
American Physical Therapy Association

Authors: Christopher R. Carcia, Robroy L. Martin, Jeff Houck, Dane K. Wukich
J Orthop Sports Phys Ther 2010;40(9):A1-A26. doi:10.2519/jospt.2010.0305

跟腱痛、僵硬与肌力不足—跟腱炎 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关临床实践指南

COORDINATOR:Joseph J. Godges(乔·高杰斯),DPT

TRANSLATION COORDINATOR:Lilian Chen-Fortanasce(陈月),DPT

CHINESE REVIEWERS:韩云峰(Yunfeng Han)·李伟(Wei Li)·刘璇(Xuan Liu)

CHINESE TRANSLATORS:胡毓诗(Yushi Hu)

Ankle Stability and Movement Coordination Impairments: Ankle Ligament Sprains
Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability and Health
From the Orthopaedic Section of the American Physical Therapy Association

Authors: Robroy L. Martin, Todd E. Davenport, Stephen Paulseth, Dane K. Wukich, Joseph J. Godges
J Orthop Sports Phys Ther 2013;43(9):A1-A40. doi:10.2519/jospt.2013.0305

COORDINATOR:Joseph J. Godges(乔·高杰斯)

踝关节稳定性与运动协调性受损:踝韧带扭伤 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关临床实践指南

CHINESE COORDINATOR:Lilian Chen-Fortanasce(陈月)

CHINESE REVIEWERS:韩云峰(Yunfeng Han) , 李伟(Wei Li) , 于水(Shui Yu)

CHINESE TRANSLATORS:范佼(Jiao Fan) , 孙扬(Yang Sun) , 吴佳丽(Jiali Wu) , 瞿璐(Lu Qu) , 赵俊彤(Juntong Zhao) , 戴惠超(Huichao Dai) , 莫丹(Dan Mo) , 赵倩(Qian Zhao) , 龚丽华(Lihua Gong) , 谢思源(Siyuan Xie) , 赵建宇(Jianyu Zhao)

Heel pain--plantar fasciitis: clinical practice guidelines linked to the international classification of function, disability, and health from the orthopaedic section of the American Physical Therapy Association.

Authors: Thomas G. McPoil, PT, PhD; Robroy Martin, PT, PhD, Mark W. Cornwall, PT, PhD, Dane K. Wukich, MD; James J. Irrgang, PT, PhD; Joseph J. Godges, DPT

J Orthop Sports Phys Ther. 2008;38(4). doi: 10.2519/jospt.2008.0302

足跟痛—足底筋膜炎 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关 临床实践指南

COORDINATOR:Joseph J. Godges(乔·高杰斯)

CHINESE COORDINATOR:Lilian Chen-Fortanasce(陈月),DPT

CHINESE REVIEWERS:韩云峰(Yunfeng Han)·郑海良(Hailiang Zheng),DPT

CHINESE TRANSLATORS:毛雨生(Yusheng Mao)·普江艳(Jiangyan Pu)·鲁智勇(Zhiyong Lu)

Heel pain--plantar fasciitis: Revision 2014 clinical practice guidelines linked to the international classification of function, disability, and health from the orthopaedic section of the American Physical Therapy Association.

Authors: Thomas G. McPoil, PT, PhD; Robroy Martin, PT, PhD, Mark W. Cornwall, PT, PhD, Dane K. Wukich, MD; James J. Irrgang, PT, PhD; Joseph J. Godges, DPT

J Orthop Sports Phys Ther. 2014;44(11):A1-A23. doi:10.2519/jospt.2014.0303

足跟痛—足底筋膜炎:2014修订版 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关 临床实践指南

COORDINATOR:Joseph J. Godges(乔·高杰斯)

CHINESE COORDINATOR:Lilian Chen-Fortanasce(陈月),DPT

CHINESE REVIEWERS:韩云峰(Yunfeng Han)·

CHINESE TRANSLATORS:苟艳云 (Yanyun Gou)·李萌 (Meng Li) 林志刚 (Zhigang Lin) 王芎斌(Xiangbin Wang) 张洁(Jie Zhang)

Hip Pain and Mobility Deficits – Hip Osteoarthritis: 2017 Revision

Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health from the Orthopaedic Section of the American Physical Therapy Association

Authors: Michael T. Cibulka, Douglas M. White, Judith Woehrle, Marcie Harris-Hayes, Keelan Enseki, Timothy L. Fagerson, James Slover, Joseph J. Godges

J Orthop Sports Phys Ther 2017 Jun;47(6): A1-A37. doi: 10.2519/jospt.2017.0301

髋关节痛与活动度不足—髋骨性关节炎: 2017修订版 美国物理治疗协会骨科分会功能、残疾和健康国际分类相关临床实践指南

COORDINATOR: Joseph J. Godges(乔·高杰斯)

CHINESE COORDINATOR: Lilian Chen-Fortanasce(陈月)

CHINESE REVIEWERS: 韩云峰(Yunfeng Han)

CHINESE TRANSLATORS: 卢玮(Wei Lu) 李伟(Wei Li) 于水(Shui Yu) 孙扬(Yang Sun) 侯妍姝 (Yanshu Hou)

CONTINUING EDUCATION COURSES COMPLETED

2002

Practical Applications of Therapeutic Exercise: Proprioceptive Neuromuscular Facilitation
Differential Diagnosis & Treatment of Individuals with Vestibular and Balance Deficits
Stroke/CVA Rehabilitation in the Fast Lane, USC University Hospital

2003

Perform Better Functional Training Summit Series Certificate
Fundamentals of Kinesiotaping, USC BKN&PT
Diagnosis & Treatment of Movement Impairment Syndromes, Shirley Sahrmann, USC BKN&PT

2004

Anemia Management of the Oncology patient, USC/Norris Cancer Hospital
Treatment of Cancer Related Weakness and Fatigue, APTA, March 2004
Differential Diagnosis for the Autonomous Physical Therapy Practitioner, USC BKN&PT
Balance and Bones: Fall Risk Assessment and Intervention; Osteoporosis Prevention and Treatment
Exercise Programs: Making Them Safe and Effective, APTA
Current Research on Management of the Spine: Emphasis on Manipulation, Timothy Flynn

2005

Year-long Seminar Series in Orthopaedic Manual Therapy Course, Joe Godges
When the Foot Hits the Ground Everything Changes, Applied Biomechanics

2006

Seminars as part of the curriculum of the Fortanasce & Associates Orthopaedic Physical Therapy Residency Program

2007

Seminars as part of the curriculum of the Balanced Body Comprehensive Pilates Teacher Training
Pelvic Girdle Disorders, USC BKN&PT

2008

Year-long Seminar Series in Movement Science, Clare Frank

2009

Year-long Seminar Series in Sports Specific Rehabilitation, Robert Donatelli

2010

Sports Rehabilitation Module I and II, USC BKN&PT

2011

Spinal Manipulation Modules I and II, USC BKN&PT
Titleist Performance Institute Training, Levels I & II & Junior Coach

2012

Advanced Lower Extremity Biomechanics Seminar Series, Chris Powers

2014

Dynamic Neuromuscular Stabilization Seminar Series, Prague School / Kolar
Explain Pain, USC BKN&PT
Seminars as part of the curriculum of the Certificates of Achievement in Pelvic, Pregnancy, and Postpartum PT
Fundamentals Topics for Pregnancy and Postpartum Physical Therapy, APTA 2014
CSM, APTA

2015

Evidence-Based Pilates: Therapeutic Exercise for Orthopedic and Geriatric Rehabilitation, APTA

Pilates for the Pelvic Floor, APTA
The Diaphragm/Pelvic Floor Piston for Adult Populations, APTA
Pelvic Floor I, HW
Viseral Manipulation, IPA
CSM, APTA

2016

Geriatrics Pelvic Floor HW
Evidence-based Yoga for Pelvic Pain, APTA
Yoga as Medicine for Pregnancy, APTA
Yoga as Medicine for Labor and Post-partum, APTA
CSM, APTA
Menopause: A Rehabilitation Approach, HW
2-year long clinical practice training, Vojta Therapy, Siegen, Children's Hospital, Germany

2017

Assessment and Treatment of Pelvic pain, APTA
Assessment and treatment of Coccyx pain, APTA
CSM, APTA
Advanced Functional Biomechanics of the lower quarter: an update of Current Research and Intervention Methods APTA
The Management of patients with neck pain disorders using a research informed approach, APTA

2018

Fundamental Topics of Pregnancy & Postpartum Physical Therapy, APTA
Advanced Topics of Pregnancy & Postpartum Physical Therapy, APTA
Considerations & Preparation of Intrapartum Support, APTA
CSM, APTA
Pelvic Floor Level 2A, HW
Pelvic Floor Level 2B, HW
Abdominal Wall After Pregnancy & DRA, Diane Lee
Treating Women with PGP, SUI, POP and/or DRA, Diane Lee
Finding the Driver in Pelvic Pain: Musculoskeletal Factors in Pelvic Floor Dysfunction, HW

2019

CSM 2019, APTA
Cervical Spine and Diaphragm Connection, Susan Clinton, APTA
Yoga Teacher 300 Hours Training, Rene Quenell
Postural Asymmetries – Focus on Scoliotic Alignment, Kelly Grimes, Movementlinks
The Abdominal Wall After Pregnancy & Diastasis Rectus Abdominis, Diane Lee, South Surrey, BC, Canada
Casley-Smith Method of Decongestive Lymphatic Therapy for the Treatment of Lymphovascular disorders, chronic edema and lymphedema, Casley Smith

2020

Addressing Sexual Challenges in Marital Therapy with Prerequisites, Talli Y. Rosenbaum
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