

# Patrick Huang, PT, DPT, OCS, CSCS

Los Angeles, CA | patrick.huang@pt.usc.edu

## **License:**

Licensed Physical Therapist, California State License PT# 295237

## **Education:**

### *University of Southern California*

- Orthopedic Physical Therapy Resident

Los Angeles, CA

Completed: 2019

### *University of Southern California*

- Doctor of Physical Therapy

Los Angeles, CA

Graduated: 2018

### *University of California, Los Angeles*

- Bachelor of Science, Physiological Sciences

Los Angeles, CA

Graduated: 2014

## **Clinical Experience:**

### *University of Southern California*

Instructor of Clinical Physical Therapy

Los Angeles, CA

Sept. 2019- Present

- Outpatient Orthopedics

### *Physical Therapyworks*

Staff Physical Therapist

Santa Monica, CA

June 2018-Aug. 2019

- Outpatient Orthopedics- Providing clinical care to over 280 patients and facilitating their achievement of goals through patient-clinician collaborative care. Completed over 120 hours of clinical mentoring to date. Participating in clinical education as a clinical instructor to Doctor of Physical Therapy students

### *Kaiser Permanente- West Los Angeles*

Student Physical Therapist: 16-week rotation

Los Angeles, CA

Jan. 2018- Apr. 2018

- Outpatient Orthopedics- Treated patients of a wide variety of orthopedic conditions with my primary goals being to improve efficiency and clinical reasoning in the clinical management of patients. Presented an in-service on instability training and participated in weekly skills review

### *Los Angeles Angels of Anaheim*

Student Physical Therapist: 16-week rotation

Tempe, AZ

Aug. 2017-Nov. 2017

- Sports Medicine- Facilitated the rehabilitation programs of professional baseball players while closely working with my CI, baseball coaches, strength & conditioning coaches, and ATCs to coordinate each athlete's daily schedule. Presented an in-service on return to sport testing for overhead athletes, coordinated a daily morning warm-up for the players, provided staff with a protocol for addressing mobility restrictions, and performed a 5-year retrospective data collection on history of injuries within the organization

### *Glendale Adventist Medical Center*

Student Physical Therapist: 6-week rotation

Glendale, CA

May 2017-Jun. 2017

- Inpatient Acute Neurology- Treated patients with neurological conditions, mainly stroke and brain tumors, with focus on gait training, early mobilization, and safe discharge. Presented an in-service on the use of the SPPB as an outcome measure in the acute care setting

### *Keck Medical Center of USC*

Student Physical Therapist: 2-week rotation

Los Angeles, CA

Mar. 2017

- Inpatient Acute Neurology- Primarily worked on gait training and early mobilization of patients with various neurological conditions such as stroke, acoustic neuroma, Guillain-Barre, and traumatic brain injury in the neuro ICU and acute inpatient units

### *Physiotherapy Associates*

Student Physical Therapist: 2-week rotation

Hayward, CA

Oct. 2016-Nov. 2016

- Outpatient Orthopedics- Gained experience conducting numerous new patient evaluations daily and observed CI in treating many patients with thoracic outlet syndrome

**St. Mary's Medical Center**

Student Physical Therapist: 6-week rotation

San Francisco, CA  
July 2016-Aug. 2016

- Outpatient Orthopedics- Treated patients of various orthopedic conditions from a global body approach, presented an in-service on functional movement assessments, and observed an autologous chondrocyte implantation surgery

**Vibrant Care Rehab**

Student Physical Therapist: 2-week rotation

Castro Valley, CA  
Feb. 2016-Mar. 2016

- Outpatient Orthopedics & Aquatic Therapy- provided aquatic-based exercise programs and worked with many patients with rotator cuff injuries

**Continuing Education Courses Completed:**

- *Essentials of Spinal Manipulation with Peter Gibbons and Philip Tehan* Mar. 2019
- *The Athlete Movement System: Upper Quarter* Jan. 2019
- *Los Angeles Orthopedic Physical Therapy Seminar Series: Lower Quarter* Dec. 2018
- *USC Orthopedic Residency Retreat: Idiopathic Scoliosis* Dec. 2018
- *Role of Movement in the Assessment and Treatment of Low Back Pain* Sept. 2018
- *Los Angeles Orthopedic Physical Therapy Seminar Series: Upper Quarter* Aug. 2018
- *Owens Recovery Science- Personalized Blood Flow Restriction Rehabilitation* July 2018
- *Rocktape- FMT Blades and FMT Blades Advanced* June 2018
- *Diagnosis and Treatment of the Movement System Impairment Syndromes of the Shoulder and Hip* Apr. 2018
- *USC Shoulder Update 2018* Feb. 2018
- *COMPTSIG Spinal HVLA Course* Mar. 2017

**Research:**

*Shoulder Pain: Effects of Adherence to Practice Guidelines and Dose of Physical Therapy on Outcomes of Care. (SPEADO)*

**Clinical Interests:**

- Shoulder pain and dysfunction, spine rehabilitation, lower extremity dysfunction, ACL rehabilitation, concussion, vestibular rehabilitation, headaches, TMJ dysfunction, manual therapy, spinal manipulation, Blood Flow Restriction rehabilitation, post-operative rehabilitation, sports medicine, pain science, bridging the gap between physical therapy rehabilitation and strength and conditioning

**Teaching Experience:**

*USC Division of Biokinesiology and Physical Therapy*

Teaching Assistant- Integrated Patient Management Clinical Skills

Los Angeles, CA  
2018-2019

*UCLA Department of Integrative Biology and Physiology*

Undergraduate Assistant- Systems Anatomy

Los Angeles, CA  
2013

**Extracurricular:**

*Concussion Assessment, Rehabilitation, and Education (CARE)*

Proctor

Pasadena, CA  
2017- 2018

- Screening youth athletes for concussions by administering balance tests, neurocognitive tests, subjective interviews, vestibulo-ocular motor screens, and reaction time tests

*Society for Physical and Occupational Therapy (SPOT)*

Co-founder

Los Angeles, CA  
2013-2014

- Introducing UCLA students to PT and OT through mentorship, professional guest speakers and community outreach programs & events

### **Professional Membership:**

#### *National Strength and Conditioning Association (NSCA)*

Member and Certified Strength and Conditioning Specialist 2017-present

#### *American Physical Therapy Association (APTA)*

APTA and Academy of Orthopaedic Physical Therapy Member 2015-present

- Attended: Combined Sections Meeting (2016, 2017, 2018), CPTA Conference (2015)

### **Certifications:**

#### *American Board of Physical Therapy Specialties*

- Board Certified Orthopaedic Clinical Specialist June 2020

#### *American Physical Therapy Association (APTA)*

- Certified Clinical Instructor January 2020

#### *Owens Recovery Science*

- Personalized Blood Flow Restriction Rehabilitation Provider July 2018

#### *Rocktape*

- FMT Blades and FMT Blades Advanced- Certified in IASTM June 2018

### **Honors/Awards:**

*USC Division of Biokinesiology and Physical Therapy- Academic Achievement in Basic Science Award*

### **Volunteer Experience:**

#### *Skechers Performance Los Angeles Marathon*

Los Angeles, CA

Medical Volunteer

2016, 2019

- Supervised DPT students at a medical tent along the marathon course and provided quick services to runners who required non-emergent medical attention for things such as menthol spray, ice, water or electrolytes, tape, and stretching

#### *Westwood Physical Therapy*

Los Angeles, CA

Clinic Volunteer

2013-2014

- Performed volunteer duties of helping to maintain clinic organization and cleanliness and observed patient care provided by physical therapists in an outpatient orthopedic setting

#### *Southern California Special Olympics*

Long Beach, CA

FUNFitness Volunteer

2013, 2016

- Administered fitness screening tests including flexibility, strength, balance, aerobics, and reach tests/ measurements for athletes

### **Languages Spoken:**

Proficient in Cantonese, conversational in Spanish

**References available upon request.**