

Tyler Eng

tylereng@usc.edu

Education

University of Southern California (USC)

- Doctor of Physical Therapy Graduated May 2018
- Orthopedic Physical Therapy Residency Graduated July 2019

Occidental College (OXY)

- BA in Kinesiology with a Psychology minor. Graduated May 2015

Professional Teaching Experience

Adjunct Faculty for PT 621: Management of the Patient with MSK Dysfunction Spring Semester 2019

- Supported students in small-group learning, developed exam questions, administered testing for practical exams. Developed Mobile Office-Hours on Instagram to address decrease in office-hours attendance.

Adjunct Faculty for PT 551 Therapeutic Application of Physical Agents Summer Semester 2019

- Supported students in small-group learning, developed exam questions, administered testing for practical exams.

Clinical Instructor 2019-2020

- Instructed physical therapy students during 2-6 week clinical rotations focusing on management of patients with orthopedic injuries/conditions.

Professional Clinical Experience

Maven Physical Therapy & Performance April 2021-Present

- Senior Physical Therapist
- Currently in charge of clinic patient care, systems optimization, and marketing.

Elevate Physical Therapy & Fitness August 2019-April 2021

- Senior Physical Therapist
- Treated orthopedic and sports injuries across the lifespan.

Paulseth & Associates Physical Therapy & Performance July 2018-July 2019

- Residential clinical site, OP Orthopedics/Sports, Century City, CA
- Treated patients with a variety of orthopedic conditions with an emphasis on foot & ankle pathologies. Acquired experience working with Culver City HS football team and managing running clinics with the LA Leggers.

USC PT Associates, Health Science Campus January-April 2018

- 16-week part-time affiliation, OP Orthopedics, Los Angeles CA
- Acquired experience and skills for treating patients with headaches, TMD, and persistent pain.

Glendale Adventist Health & Wellness Center August-December 2017

- 16-week full-time affiliation, OP Orthopedics, Eagle Rock CA
- Acquired experience using instrument assisted soft tissue mobilization and working with patients with lymphedema and introduced cupping therapy to the clinic.

Cleveland Clinic Lou Ruvo Center for Brain Health May-June 2017

- 6-week affiliation, OP Neurology, Las Vegas NV
- Worked primarily with persons with Parkinson's Disease, Dementia, and Multiple Sclerosis. Acquired experience working with a multidisciplinary team including physical therapists, occupational therapists, and neurologists.

Research Assistant at USC's Human Performance Lab January 2016-July 2017

- Assisted in data collection for studies observing asymmetrical limb loading among patients 3-months post ACLr during static and dynamic tasks.

Certifications

Certified Strength & Conditioning Specialist August 2017-Present

- Certified by the National Strength & Conditioning Association

Blood Flow Restriction Rehabilitation

March 2017-Present

- Certified by Owens Recovery Science

Volunteer

Board Member of the Movement Alliance, Inc.

2017-2018

- Movement Alliance Inc. is a non-profit organization dedicated to the prevention of sports and performing arts injuries by connecting physical therapists with coaches and trainers. I was previously a board member and was responsible for producing content to educate coaches and trainers about injury prevention.

USC Costa Rica Mission Trip

May 2017

- Selected to join a small group of student therapists to provide PT services to underserved communities in Costa Rica for a week.

Continuing Education

First Principles of Movement Mentorship

January-April 2021

- Four months of virtual mentorship focusing on translating the latest evidence in patient-centered care into practice.

Movement Links Seminar Series

October-December 2021

- Four weekend series focusing on the use of movement science in order to assess and treat patients with musculoskeletal dysfunction.

Essentials of Spinal Manipulation/Master Class in Spinal Manipulation

March 2019

- Four days of instruction of advanced mid-range spinal manipulation.
- Instructed by Dr. Peter Gibbons and Dr. Philip Tehan.



USC Orthopedic Seminar Series

August 2018/December 2018

- Two 8-Day seminars of instruction by Dr. Joe Godges of the advanced management of orthopedic patients.
- Emphasis of the course was placed on pattern recognition, motivational interviewing, and manual therapy.

The Athlete Movement System: Lower Quarter and Spine

October 2017

- Instructed by Dr. Jared Vagy on biomechanical, movement and sport-specific assessments to treat the lower quarter and spine of athletes.

Professional Memberships

Member of the Academy of Orthopedic Physical Therapy	2016-Present
Member of the American Academy of Sports Physical Therapy	2016-Present
Member of the American Physical Therapy Association	2015-Present
• Member of the California and Nevada Chapters	
Member of the National Strength & Conditioning Association	2017-Present