

Curriculum Vitae

Valerie Teglia, P.T., DPT

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Education:

Temple University

Doctor of Physical Therapy, January 2005

Mount Saint Mary's University, Los Angeles

Master of Physical Therapy, December 1996

University of California, Los Angeles

Bachelor of Science, Physiological Science, March 1993

Licensure:

CA License # PT22451

Certifications and Credentials:

Credentials and appointments

Credentialed Trainer for Level 2 Credentialed Clinical Instructor Program, APTA 2018- present

Faculty for "Train the Trainers", Credentialed Clinical Instructor Program, APTA 2017- present

Credentialed Trainer for Level 1 Credentialed Clinical Instructor Program, APTA 2010- present

Advanced (Level 2) Credentialed Clinical Instructor, APTA 2008

Credentialed Clinical Instructor (Level 1), APTA 2001

Certifications

American Board of Physical Therapy Specialists--Board Certified Specialist in Neurologic Physical Therapy, certified May 2007- May 2017

Employment:

University of Southern California, Division of Biokinesiology and Physical Therapy

Los Angeles, CA

01/01/18-present

Co-Director of Clinical Education and Assistant Professor of Clinical Physical Therapy, non-tenure track

Course instructor for Clinical Education and Evidence for Physical Therapist Practice, courses A and D (includes motivational interviewing/therapeutic communication, law and ethics, mindfulness, professionalism, cultural fluency, patient perspective)

Mount Saint Mary's University, Doctor of Physical Therapy Program

Los Angeles, CA

01/01-04/30/18

Adjunct Professor

Course instructor for therapeutic communication

09/09-12/31/17

Director of Clinical Education and Associate Professor, non-tenure track

Primary instructor in neurologic assessment and management, clinical education, medical ethics, professionalism and documentation, therapeutic communication; Faculty Developer and Advisor for MSMU Student Led Pro-Bono Physical Therapy Clinic at the Union Rescue Mission

12/05-09/09 **Director of Clinical Education and Assistant Professor, non-tenure track**
Primary instructor in neurologic assessment and management, clinical education,
professionalism and documentation

05/03-12/05 **Adjunct Faculty**
Primary instructor in neurologic assessment and management

Junior Blind of America

Los Angeles, CA

09/14-06/2017 **Physical Therapist Contractor**
Physical therapy evaluation and treatment for children 6 to 21 with neurologic
diagnoses and developmental delay in the school environment

Every Child Achieves, Inc.

North Hollywood, CA

12/03-08/14 **Physical Therapist Contractor**
Physical therapy evaluation and treatment for children 0-3 years old with
neurologic diagnoses and developmental delay in the home environment; children
7 to 21 in the school environment

New Start Healthcare Corporation

Granada Hills, CA

06/04-12/05 **Physical Therapist Contractor**
Physical therapy evaluation and treatment for clients with spinal cord injury and
degenerative neuromuscular disorders; consultant to the DME division for
powered seating and mobility for clients

4/03-5/04 **Staff Physical Therapist**
Treating clients with predominantly spinal cord injury in a unique
interdisciplinary home and community setting with emphasis on functional
progression, equipment management and community/work reintegration; also
treated outpatient and home health clients with various medical and orthopedic
diagnoses; other duties included assisting in development and coordination of
marketing presentations, revision of physical therapy policies and procedures;
provided nursing education in-services for body mechanics and client safety

Northridge Hospital Medical Center

Northridge, CA

4/03-6/06 **Physical Therapist III- Per Diem**
Treating in acute care setting including general medical-surgical, orthopedic,
neurologic and ICU; treating in acute rehabilitation setting including SCI, TBI,
CVA, multiple trauma and other neurologic impairments

3/99-4/03 **Clinical Education Coordinator/Clinical Supervisor**
Coordinated staff in-service, continuing education and competency programs;
directed student intern program; supervised/trained staff in acute rehabilitation
and SCI team across continuum; managed patient caseload mix of acute rehab and
outpatient with predominantly neurological impairments ranging from pediatric to
geriatric; evaluating therapist and mentor in wheelchair seating clinic; oriented to
NICU; Initiated revision of staff competency assessment program

2/98-3/99

Physical Therapist II

Treated predominately outpatient with mixed neurological/orthopedic caseload; SCI team; evaluating therapist in wheelchair clinic; chronic pain team; clinical instructor

2/97-2/98

Physical Therapist I

Treated predominantly acute orthopedic and medical/surgical floors; participate in acute re-engineering team

Peer reviewed Publications

McCallum C, Engelhard C, Applebaum D, Teglia V. Contemporary role and responsibilities of the director of clinical education: a national qualitative study. *Journal of Physical Therapy Education*. 2018;32(4):312-324.

Engelhard C, McCallum C, Applebaum D, Teglia V. Development of an innovative taxonomy and matrix through examination of the director of clinical education's roles and responsibilities. *Journal of Physical Therapy Education*. 2018;32(4):325-332.

Peer reviewed Scientific and Professional Presentations

Beckel C, Bradford J, Teglia V. Help for the new DCE: where do I start? Educational Session. Education Leadership Conference, Bellevue, WA, October, 2019.

Simpson M, Ginoza L, VanLoo J, Teglia V. Development of a weekly feedback tool to facilitate clinical instructor/student communication. Platform presentation. Education Leadership Conference, Jacksonville, FL, October, 2018.

McCallum C, Engelhard C, Applebaum D, Teglia V. The rising phoenix in academic physical therapy: revelations about clinical education. Educational Session. Education Leadership Conference, Jacksonville, FL, October, 2018.

Beckel C, Bradford J, Teglia V. Help for the new DCE: where do I start? Educational Session. Education Leadership Conference, Jacksonville, FL, October, 2018.

C. Engelhard, C. McCallum, D. Applebaum, V. Teglia. Development of an Innovative Taxonomy through Investigation of the Director of Clinical Education Roles and Responsibilities. Podium presentation at the Combined Sections Meeting of the American Physical Therapy Association, New Orleans, LA, February 2018.

C. McCallum, C. Engelhard, D. Applebaum, V. Teglia. Trends, Issues and Challenges and the Director of Clinical Education: preparing for a new direction in physical therapist clinical education. Podium presentation at the Combined Sections Meeting of the American Physical Therapy Association, San Antonio, TX, February 2017.

V. Teglia, L Mohapatra. A Pro-Bono Physical Therapy Clinic in Partnership with the Union Rescue Mission: Providing Service to the Underserved of Los Angeles. Poster presentation at the Global Health Special Interest Group Reception at the Combined Sections Meeting of the American Physical Therapy Association, Las Vegas, NV, February, 2014.

G. Zip, V. Teglia, K. Mitchell, A. Williamson, H. Hayes, P. Scheets. Practice Issue Forum: Practice-Based Evidence: What Is It and What Role Does It Play in Neurologic Physical Therapy? Podium presentation at the Combined Sections Meeting of the American Physical Therapy Association Combined Sections Meeting, New Orleans, LA, February 2011.

G. Zip, V. Teglia, K. Mitchell, A. Williamson, H. Hayes. Practice Issue Forum: Exploring Opportunities for Life Long Learning in a Doctoring Profession. Podium presentation at the Combined Sections Meeting of the American Physical Therapy Association Combined Sections Meeting, San Diego, CA, February 2010.

D. Diaz, V. Teglia. A comparison of the California Physical Therapy Practice Act to the duties performed and behaviors observed by PT aides in California. Poster Presentation at the National Conference of the American Physical Therapy Association, Boston, MA, June 2010.

D. Diaz, V. Teglia. The development of a student-run pro bono clinic integrated in the neurologic curriculum of an entry level doctor of physical therapy program. Poster Presentation at the National Conference of the American Physical Therapy Association, Boston, MA, June 2010.

Invited Presentations

IACCC-CEF Annual Workshop— Learning Objectives in the Clinic: A “How-to” Guide for Successfully Guiding Students, November, 2019.

APTA Level 2 Credentialed Clinical Instructor Program—Multiple locations and dates, 2019-present

CPTA Student Conclave— Making the most of your clinical education experiences, March 2018

APTA Level 1 Credentialed Clinical Instructor Program-- Multiple locations and dates, 2010-present

Rancho Los Amigos National Rehabilitation Center— Managing the affective domain, June, 2017

IACCC-CEF Annual Workshop—Successfully navigating the affective domain, April, 2017

Emperor’s College, Santa Monica, CA— Faculty Development Seminar—Assessing and facilitating clinical reasoning, professionalism and cultural competence in the Millennial student, July, 2016

Children’s Hospital Los Angeles-- Facilitating clinical reasoning and professionalism in the Millennial student, June, 2016

IACCC-CEF Annual Workshop—Facilitating success in the Millennial student, March, 2016

Council of Colleges of Acupuncture and Oriental Medicine Spring Meeting, San Diego, CA— Faculty Development Workshop—Assessing and facilitating clinical reasoning and professionalism, May 2016

Council of Colleges of Acupuncture and Oriental Medicine Fall Meeting, Baltimore, MD—Clinical Faculty Development—Feedback, goal setting and questioning techniques in the clinic, November 2015

Emperor’s College, Santa Monica, CA— Clinical Faculty Development Seminar, August, 2015

Cedars-Sinai Medical Center/Greater LA District CPTA, Los Angeles, CA-- 20th Annual Practice Issues Forum, Clinical Education Update—Changes on the Way, March, 2015

CPTA Student Conclave-- PT/PTA Team—How to work together, March 2014

Inland Counties District, CPTA—What your CPTA Membership does for you, March, 2012

IACCC-CEF Annual Workshop— PT CPI WEB overview; 2 hour seminar for Center Coordinators of Clinical Education and Clinical Instructors, October, 2009

San Francisco General Hospital—Spinal Cord Injury Management with emphasis on Cervical Spine Injuries (4 hour seminar for PT/OT), May, 2007

Northridge Hospital Medical Center—Instructor for Clinical Instructor Training (12 hour seminar) 1999-2002; In-services: Use of the Clinical Performance Instrument; Management of Code White (non-life threatening medical events) Situations; Expectations for Function in the SCI Patient; Tips for the Acute Care Evaluation; Time Management; presentations from various continuing education courses and conferences as listed above

Greater Los Angeles District, CPTA—Practice Issues Forum, “Student Issues” 2000; Facilitator: Town Hall Meeting and Presentation of GLAD Service Award, 2003

New Start Healthcare Corporation—Educational in-services for nursing staff for range of motion, body mechanics, and patient transfers

Funded Research Activity

Trends, Issues and Challenges and the Director of Clinical Education: preparing for a new direction in physical therapist clinical education-- Principle Investigator, Christine McCallum, PT; Co-investigators: Chalee Engelhard, Donna Applebaum, Valerie Teglia

Funding: \$10,000

APTA Education Section

Awarded October, 2015

Master of Physical Therapy Research Project

“A Comparison of Results on the B-200 Lumbar Dynamometer between Normals and Normals Feigning Low- Back Pain” Authors: Valerie Teglia, Jennifer Lubeck; Advisor/co-author: Haideh Plock, MS, PT, ATC

Membership in Scientific/Professional Organizations

American Physical Therapy Association Member, 1994-present

APTA Committees- APTA/Education Section/ACAPT Steering Committee for the Clinical Education Summit, 2012-2014; Certified Clinical Instructor Workgroup, 7/2013-7/2016; Credentialed Clinical Instructor Program, Basic Course revisions group, 1/2017-present

California Chapter- Member 1994-present; California Delegate to House of Delegates, 2006-present; Membership and Communications Committee Member, 2010-2012; Education Committee Member 2012-present, chair 2013-2015, 2018-present; Secretary, 2011-2015, Cal-PT-Fund Trustee, 2011-present; Vice-President, 2018-present

Sections – Neurology Section, Practice Committee Member 2009- 2011; Education Section, Pediatric Section, Health Policy and Administration Section.

Greater Los Angeles District- secretary 1998-2000, chair-elect 2001, chairperson 2002, webmaster 2003-2004, district representative 2002-2010, 2016-2017; Chief Representative 2006-2010; PR Chairperson, 2010, 2013; PR committee 2014-2016

Intercollegiate Academic Clinical Coordinators Council (IACCC)—member 2005-present; Secretary, 2009-2011, Co-Chairperson, 2012-7/2016, Chairperson, 7/2016-present

Clinical Education Forum—participant 1999-spring 2003 (Southern California CCCE forum)

Consultative and Advisory Positions/Activities

Council of Colleges of Acupuncture and Oriental Medicine Fall Meeting, Baltimore, MD—Clinical Faculty Development—Feedback, goal setting and questioning techniques in the clinic, November 2015

Emperor’s College, Santa Monica, CA— Faculty Development Seminar, August, 2015

Mount St. Mary’s College—standardized patient project, assisted with lab practical exams for neurologic management class, 2002-2005

Western University—panel member “Transitioning from Student to CI”; 2001, 2002

Community Service

Mount Saint Mary’s University Pro-bono clinic at the Union Rescue Mission—Developer and Faculty Advisor, 2010-2017

Gamma Phi Beta Sorority, Affiliated House Corporation Board for Alpha Iota Chapter (UCLA)

Member at large, 2003-2005 & 20017-2018, Property Manager, 2006-2007, Treasurer, 2013-2015, President, 2015-2017

Honors and Awards

2016—California Physical Therapy Association Charles Magistro Service Award

Continuing Education Attended

Certificate in Creating Positive Change (Using Appreciative Inquiry for Systems Change)—Michelle McQuaid, PhD/Change Lab, Online—12 weeks, 10/19-12/19

Awestruck: How the new science of awe can make us happier, healthier and more connected—Jonah Paquette, PsyD, Institute for Brain Potential; 9/19

Cannabinoid pharmacology for the physical therapist: 2019 update—Brad Stockert, PT, PhD, CPTA webinar; 3/19

Combined Sections Meeting—APTA; 1999-2002, 2004, 2006-2019

Education Section Conference—APTA Education section; 2006-2008, 2010-2014, 2017-2019

California Chapter Conference—CPTA; 1994-1999, 2003-2019

Train-the-Trainer Course for APTA Level 2 Credentialed Clinical Instructor Program—APTA 12/18

Foundations in Positive Psychology Specialization Series—Coursera, University of Pennsylvania faculty, 8/17-12/17

Motivational Interviewing, Introductory Course (2 day)—Susan Dopart, RD, CDE (MINT Trainer), Santa Monica, CA—5/17

Certification in Applied Positive Psychology—The Flourishing Center, San Francisco, CA—10/15-04/16

Retraining Movement Dysfunction - Translating Current Science to Practice—CPTA, San Francisco, CA 12/15

ACAPT Clinical Education Summit— Kansas City, MO, 10/14

Noxious People: Living and Working with High Conflict Individuals—Institute for Brain Potential, Joseph W. Shannon, PhD, Valencia, CA, 11/13

Maximizing Productivity Using Various Clinical Education Models—IACCC/CEF Workshop 10/12

Health Care Reform: Recent Legislative Changes to Future Practice for Physical Therapist in Supervision and Employment—IACCC/CEF Workshop 10/11

California Practice Act Update and Legal and Reimbursement Issues While Supervising Students—IACCC/CEF Workshop 10/10

American Physical Therapy Association Annual Conference—APTA; 6/10

Train-the-Trainer Course for APTA Credentialed Clinical Instructor Program—APTA 3/10

Specialization Academy of Content Experts Item Writing Workshop, APTA 2/10

Conference for Student Run Clinics-- Society of Student Run Free Clinics in conjunction with the Society for Teachers of Family Medicine, 3/09 and 1/10

Dynamic Neuromuscular Stabilization: A Developmental Kinesiological Model—Casa Colina Neurology Continuing Education Series, Clare Frank, 12/09

Screening for Medical Referral: The Pediatric Client Birth to Six Years—APTA ACP Series, Venita Lovelace-Chandler and Margaret McGee, 4/09

Sharing the Vision Conference for Student Run Clinics—Society of Student Run Free Clinics, 3/09

Human Simulation: Effecting a New Paradigm for Acute Care Education—Acute Care Section APTA, 2/09

Rancho Los Amigos Maureen Rogers Lecture—Anne Shumway-Cook, 11/08

Advanced Clinical Instructor Training—Dorcas Tominaga, 7/08

Strengthening to Promote Functional Recovery in Patients with Neurologic Dysfunction—Carolyn Patten, 3/08
Topics in Neurology home study course—APTA, 2006
III STEP Conference—Neurologic and Pediatric Sections, APTA; 7/05
Vestibular Assessment and Rehabilitation—Chuck Bellah, 11/04
Transitional Doctor of Physical Therapy program--Temple University; 2004
The Shoulder Demystified—Roy Meals, MD; 11/03
Functional Geriatric Assessment—Dale Avers; 5/03
Stroke Rehab in the Fast Lane—John McKernan; 4/03
Managing Multiple Projects, Priorities and Deadlines—Skill Path Seminars; 12/02
Orthopedic Intervention in the Neurologic Patient—Beth Fisher, Rob Landel; 4/02
The Sensitive Nervous System—David Butler; 12/01
Mobilization of the Nervous System—David Butler; 12/01
PNF (40 hour course)—Roger Rich; 3/01-5/01
National Clinical Education Conference—Education Section, APTA; 2/01
Recognition and Management of Problem Situations—Education Section, APTA; 2/01
APTA CI Education and Credentialing Program—APTA; 1/01
Identification of Clinical Learning Issues and Strategies to Promote Learning—IACCC/CEF seminar; 10/00
Wheelchair Seating and Positioning for the Rehab Client—Dynamic Learning; 4/00
Conflict Management and Confrontational Skills—Fred Pryor Seminars; 4/00
Neural Basis of Motor Control Revisited—Neurology Section, APTA; 2/00
Leadership Education Series—Northridge Hospital Medical Center; 2000
Multiple Sclerosis, Focus on Rehab—MS Society Teleconference; 12/99
Improving Functional Outcomes: A PNF Approach—Dynamic Learning; 11/99
Managing the Exceptional Student—IACCC/CEF seminar; 10/99
Muscle Stretching and Mobilization—Ute Van der Schoor; 7/99
NDT (40 hour course)—Connie Griffiths; fall 98
Seat Concepts Applied to the FlexSeat—FlexSeat; 3/98
Crown Seating and Positioning—Crown Therapeutics; 3/98
Cervical-Thoracic Integration—Institute for Physical Arts; 11/97