

ERIN HASSETT PT, DPT, OCS, FAAOMPT

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EDUCATION

University of Illinois Chicago Manual Physical Therapy Fellowship Program 2016-2017

- Advanced manipulation and orthopedic manual physical therapy training
- Curriculum emphasizes expert practice in orthopedic manual physical therapy with sound clinical reasoning
- Graduate assistance teaching for 2nd year DPT students in musculoskeletal classes
- See “Continuing Education” below for courses taken through the UIC Fellowship program and “Research” below for studies submitted for publication
- FAAOMPT certification attained in 2017

University of Southern California, Orthopedic Residency Program, 2009-2010

- Graduate assistant teaching for 1st year DPT students in clinical orthopedics lab, anatomy and modalities class.
- See “Continuing Education” below for courses taken through the USC Residency program and “Research” below for studies submitted for publication.
- OCS certification in 2012

Regis University, Doctorate, Physical Therapy, 2004-2007

- Doctor of Physical Therapy Degree
- SPARK Research Grant
- Poster presentation at Boston CSM 2007 and Denver Annual APTA Conference 2007
- Advanced Women’s Health Elective

University of Illinois Champaign-Urbana, Illinois 1999-2003

- Bachelor of Arts in Biology

PHYSICAL THERAPY EXPERIENCE

NORTHSHORE/ATHLETICO

CHICAGO, IL

8/2016-PRESENT

PHYSICAL THERAPIST, PT, DPT, OCS, FAAOMPT

- Carry full patient load, performing evaluations and developing plan of care for adults with orthopedic musculoskeletal impairments.
- Develop and organize clinical patient outcomes (Oswestry, NDI, LEFS, DASH) and analyze data for research and marketing purposes.
- Organize and run clinic journal club to encourage EBP and article critique within the company.
- Clinical instructor for students of all levels from varying institutions.
- Organize, facilitate and run OCS review sessions for colleagues looking to take the specialist exam.

- Serve as mentor to new graduate hires, residency candidates and struggling colleagues within the company.
- Perform gait and running analysis for patients using DARTFISH software.
- **Pain Therapy Company Program Manager**
 - Develop and organize 8hr basic pain science continuing education course to be offered companywide 5-8 times per year
 - Create in-service presentations tailored to workers compensation, pain physician and chronic pain populations
 - Company pain specialist and clinical educator for clinicians especially interested in pain science and treatment of the patient with persistent pain
 - Ensure companywide current best evidence supporting pain neuroscience education, evaluation and treatment of patient with persistent pain

UIC FELLOWSHIP- NORTHSORE/ATHLETICO **CHICAGO, IL** 8/2016- 9/2017
PHYSICAL THERAPIST, PT, DPT, OCS, FAAOMPT

- Carry full patient load for 34 hours per week, performing evaluations and developing plan of care for adults with orthopedic musculoskeletal impairments.
- Teach 8 hours per week in UIC doctoral physical therapy program in PT 631 class (Musculoskeletal Dysfunction) as teaching assistance, performing 1-2 lectures each semester.
- Receive at least 4 hours of 1:1 mentoring by orthopedic manual therapy fellows each week in clinic. Mentoring performed while managing my specific patient load, encouraging differential diagnosis and use of manual techniques founded on sound clinical reasoning.
- Attend weekly classes on UIC campus (10 hours per week- Advanced Manipulation and Clinical reasoning).
- Development of two cases for possible publication during fellowship year with departmental presentation.

CONCENTRA PHYSICAL THERAPY **CHICAGO, IL** 2/2016-7/2016
CONTRACT PHYSICAL THERAPIST, PT, DPT, OCS

- Contract physical therapist at 6 different outpatient clinics in the Chicago area as needed on a weekly basis (2-5 days per week).
- Evaluate and treat 13-18 workman's comp patients (musculoskeletal dysfunction) per day.

NEPAL ORTHOPEDIC HOSPITAL **KATHMANDU, NEPAL** 9/2015-12/2015
PHYSICAL THERAPIST, PT, DPT, OCS

- Evaluate and treat 18-20 patients per day with complex orthopedic and neurological dysfunction.
- Educate and instruct Nepali physical therapists and physicians through journal articles/discussions, demonstration, in-services and classes.
- Instruct Nepali physical therapists during weekly lectures/in-services at the clinic helping to further EBP and clinical reasoning processes with emphasis on differential diagnosis.
- Organize inpatient and home health physical therapy services for volunteer organization 'Operation Walk (Chicago)' during pro-bono TKA surgical intervention on 30 Nepali patients.

NORTHSORE/ATHLETICO **CHICAGO, IL** 3/2011- 9/2015
PHYSICAL THERAPIST, PT, DPT, OCS

- Carry full patient load, performing evaluations and developing plan of care for adults with orthopedic musculoskeletal impairments.
- Develop and organize clinical patient outcomes (Oswestry, NDI, LEFS, DASH) and analyze data for research and marketing purposes.
- Organize and run clinic journal club to encourage EBP and article critique within the company.
- Clinical instructor for students of all levels from varying institutions.
- Organize, facilitate and run OCS review sessions for colleagues looking to take the specialist exam.
- Serve as mentor to new graduate hires, residency candidates and struggling colleagues within the company.
- Perform gait and running analysis for patients using DARTFISH software.
- Delegated appropriate treatments to be performed by PT Aides.

USC RESIDENCY/ PHYSICAL THERAPY ASSOCIATES, LOS ANGELES, CA 8/2009-12/2010
PHYSICAL THERAPIST, PT, DPT

- Daily examinations of multiple musculoskeletal disorders (24 hours per week).
- Perform current best manual therapy techniques to correct joint dysfunctions found in the spine and extremities.
- Differentially diagnosis in complex patients.
- Developed and implemented outcome measures and data analysis program for clinic use.
- Utilize USC faculty mentoring to further improve differential diagnosis abilities, critical thinking, and patient care (5 hours of mentorship/week).
- Weekly journal club reviewing current best literature.
- Perform orthotic evaluation and fabrication.
- Serve as teaching assistant in USC DPT program in five separate classes (see teaching experience listed below).
- Observed seven surgeries of varying pathologies
- 50+ hours spent shadowing orthopedic physicians of varying specialties.
- Apply USC continuing education course knowledge to patient care.

ATHLETICO MORTON GROVE, IL 9/2007- 7/2009
PHYSICAL THERAPIST, PT, DPT

- Carry full patient load (55-60 patients per week), performing evaluations and developing plan of care for adults with orthopedic musculoskeletal impairments.
- Develop and organize clinical patient outcomes (PSFS, LEFS, DASH) and analyze data for research and marketing purposes.
- Teach “Total Joint” class to prospective joint replacement candidates focusing on patient expectations, joint anatomy and exercise demonstration.
- Organize and run clinic journal club and company journal review database to encourage EBP and article critique within the company.
- Organize all clinical education feedback for company distribution in the north region.
- Mentor to two new graduate hires and responsible for educating them in proper policy, procedure, billing and marketing in the clinic.

INTERNATIONAL CHILD CARE SANTIAGO, DOMINICAN REPUBLIC 4/2007-5/2007
STUDENT PHYSICAL THERAPIST

- Performed evaluations and developed subsequent plan of care for children with Spina Bifida, Torticollis, Down’s syndrome, Cerebral Palsy and various gait abnormalities in pediatric home-health setting.

- Developed and presented in-service in Spanish to parents and community leaders about importance of home exercise programs, diet and nutrition.

ATHLETICO

TINLEY PARK, IL

1/2007- 3/2007

STUDENT PHYSICAL THERAPIST

- Managed orthopedic injuries in out-patient setting, including conservative and post-surgical management of shoulder, knee, and spine injuries, gait, balance, and agility training.

HOLISTIC MANUAL P.T.,

ENGLEWOOD, NJ

10/2006-12/2006

STUDENT PHYSICAL THERAPIST

- Provided interventions with emphasis on manual based techniques followed by exercise for individuals with orthopedic impairments in out-patient setting.
- Administered Oswestry Disability Index and FABQ.

TEACHING EXPERIENCE

THERAPEUTIC PHYSICAL AGENTS

May-June 2020

- University of Southern California, Division of Biokinesiology and Physical Therapy, Los Angeles, CA
- Teaching assistant, running 4 online lecture sessions per week (6 hours/wk) for 6 weeks with 12-15 students in each session.
- Lecture series focusing on cryotherapy, heat, US, electrical stimulation, TENS, wound care and lymphedema management.

FOUNDATION PAIN SCIENCE CONTINUING EDUCATION COURSE

Oct 2019

- Continuing education class (8hr) given in Addison, Texas
- Promote clinical reasoning and a basic understanding of pain science as it applies to patients with musculoskeletal pain.
- Identification of the mechanisms and drivers that contribute to persistent pain, and the use of pain neuroscience education (PNE) in this population
- Review of neurophysiological processes, contributing psychosocial factors, use of specific objective measures and application of appropriate interventions for the patient with persistent pain

MUSCULOSKELETAL PRACTICE III (DPT 6510- CERVICOTHORACIC REGION)

Oct 2019

- Baylor University, Department of Physical Therapy, Waco, TX
- Affiliate Faculty participating in online class discussions and week-long lab portion of class
- Lecture:
 - Clinical presentation of ‘neck mobility deficits’ with appropriate treatment and assessment
 - Neck muscle length assessment

MUSCULOSKELETAL PRACTICE I (DPT 6500- LUMBAR/HIP/PELVIS)

June 2019

- Baylor University, Department of Physical Therapy, Waco, TX
- Affiliate Faculty participating in online class discussions and week-long lab portion of class
- Lecture:
 - Hip flexibility assessment and treatment

- MUSCULOSKELETAL PRACTICE IV (DPT 6320- UPPER EXTREMITY)** March 2019
- South College, Department of Physical Therapy, Knoxville, TN
 - Affiliate Faculty participating in online class discussions and week-long lab portion of class
 - Lectures:
 - Scapular Assessment
 - Glenohumeral joint mobilization
 - Soft tissue specifics of the UE
 - Scapulohumeral stabilization

- MUSCULOSKELETAL PRACTICE I (DPT LUMBAR/PELVIS/HIP)** Dec 2018
- South College, Department of Physical Therapy, Knoxville, TN
 - Affiliate Faculty participating in online class discussions and week-long lab portion of class
 - Lectures:
 - Lumbar Evaluation
 - Lumbar centralization
 - TL junction thrust technique

- MUSCULOSKELETAL PRACTICE I (DPT 6500- LUMBAR/HIP/PELVIS)** June 2018
- Baylor University, Department of Physical Therapy, Waco, TX
 - Affiliate Faculty participating in online class discussions and week-long lab portion of class

- MINDFUL PATIENT MANAGEMENT (DPT6441)** May 2018
- South College, Department of Physical Therapy, Knoxville, TN
 - Teaching assistant participating in 8 week online class discussions, as well as grading regular written and video assignments

- MUSCULOSKELETAL PRACTICE IV (DPT 6320- UPPER EXTREMITY)** March 2018
- South College, Department of Physical Therapy, Knoxville, TN
 - Affiliate Faculty participating in online class discussions and week-long lab portion of class
 - Lectures:
 - Scapular Assessment
 - Glenohumeral joint mobilization
 - Soft tissue specifics of the UE

- MUSCULOSKELETAL DYSFUNCTION (PT 631 AND 632)** Fall 2016 and Spring 2017
- University of Illinois Chicago, Department of Physical Therapy, Chicago, IL
 - Teaching Assistant 9 hours per week
 - Lectures:
 - Lumbar stabilization
 - The pain science behind pelvic pain

- GROSS ANATOMY (PHYT 6602)** 6/1/14-Present
- Governors State University, Department of Occupational and Physical Therapy, University Park, IL
 - Teaching Assistant 10-12 hours per week in Cadaver lab

- MUSCULOSKELETAL ANATOMY (PT 514L)** 8/20/09 – 12/18/09
- University of Southern California, Department of Biokinesiology and Physical Therapy, Los Angeles, CA
 - Teaching Assistant 18 hours per week

- CLINICAL MANAGEMENT OF ORTHOPEDIC DISORDERS (PT621)** 1/18/10 – 5/10/10
- University of Southern California, Department of Biokinesiology and Physical Therapy, Los Angeles, CA
 - Teaching Assistant 4 hours per week

- PHYSICAL AGENTS (PT551L)** 5/20/10 – 6/17/10
- University of Southern California, Department of Biokinesiology and Physical Therapy, Los Angeles, CA
 - Teaching Assistant 6 hours per week

- MANAGEMENT OF THE FOOT & ANKLE: AN EVIDENCE BASED APPROACH (CONTINUING EDUCATION COURSE)** 11/7/09 – 11/8/09
- University of Southern California, Department of Biokinesiology and Physical Therapy, Los Angeles, CA
 - Teaching Assistant for weekend intensive course

- TOTAL JOINT (HIP AND KNEE) REPLACEMENT CLASS** 9/2007- 7/2009
- Instructor; Athletico, Morton Grove, IL

OCS REVIEW SESSION

- Instructor for Athletico residents in the EIM Orthopedic and Manual Therapy programs planning to sit for the OCS exam
- Outline and review of APTA implemented modules for specific joints, developing follow-up questions and discussion points.
- 6 mo program meeting 2x per week for 4 hours

CONTINUING EDUCATION COURSES

- **HIGH VELOCITY LOW AMPLITUDE TECHNIQUES FOR SPINAL MANIPULATION: MODULES I (TAHON AND GIBBONS)**, Tulsa OK (3/2019)
- **KINETACORE FUNCTIONAL DRY NEEDLING LEVEL 1**, Madison, WI (2/2019)
- **PT 582 ADVANCED MANIPULATION AND ORTHOPEDIC MANUAL PHYSICAL THERAPY I (EXTREMITY) AND II (SPINE)**, UIC Fellowship, Chicago, IL (Fall 2016 and Spring 2017)
- **PT 580 ADVANCED CLINICAL REASONING IN ORTHOPEDIC MANUAL THERAPY I AND II**, UIC Fellowship, Chicago, IL (Fall 2016 and Spring 2017)
- **PT584/585 CLINICAL MENTORSHIP (130 HOURS OF 1:1 MENTORSHIP)**, UIC Fellowship, Chicago, IL (Fall 2016 and Spring 2017)
- **PT 595 SEMINAR IN REHABILITATION SCIENCES**, UIC Fellowship, Chicago, IL (Fall 2016 and Spring 2017)
- **CERVICOGENIC HEADACHE**, UIC Chicago, IL
- **NERVE ENTRAPMENT SITES AND TREATMENT OPTIONS**, Oakbrook, IL (4/14)
- **MAITLAND SPINAL JOINT MOBILIZATION (MT-2 SPINE SEMINAR)**, Chicago IL (4/13)

- **IDENTIFYING SACROILIAC DYSFUNCTION AND TREATMENT**, Oakbrook, IL (11/12)
- **GRASTON TECHNIQUE BASIC TRAINING**, Oakbrook, IL (4/12)
- **MANAGEMENT OF THE SHOULDER**, University of Southern California, Los Angeles, CA (4/10)
- **UPDATE ON LUMBAR SPINE**, University of Southern California, Los Angeles, CA (4/10)
- **HIGH VELOCITY LOW AMPLITUDE TECHNIQUES FOR SPINAL MANIPULATION: MODULES I AND II (TAHON AND GIBBONS)**, University of Southern California, Los Angeles, CA (3/10)
- **MANAGEMENT OF THE SPINE: EMPHASIS ON THE CERVICAL REGION**, University of Southern California, Los Angeles, CA (1/10)
- **MANAGEMENT OF THE SPINE: EMPHASIS ON THE THORACIC REGION**, University of Southern California, Los Angeles, CA (1/10)
- **ORTHOPEDIC PHYSICAL THERAPY: LOWER QUARTER**, University of Southern California, Los Angeles, CA (7/10)
- **MANAGEMENT OF THE FOOT AND ANKLE: AN EVIDENCE BASED APPROACH**, University of Southern California, Los Angeles, CA (11/09)
- **GRAY INSTITUTE: THE PELVIC FLOOR**, Athletico, Oakbrook, IL (2/08)

PROFESSIONAL COMMITTEE MEMBERSHIPS

- APTA member (2004-Present)
- Orthopedic section (2008-Present)
- AAOMPT member (2007-Present)

PROFESSIONAL ACTIVITIES

- APTA Combined Section Meetings, Denver, CO, 2020
- AAOMPT Conference, Salt Lake City, UT 2017
- AAOMPT Conference, St. Louis, MO 2016
- APTA Combined Sections meeting, San Diego, CA 2013
- APTA Combined Sections meeting, Chicago, IL 2012
- APTA Combined Sections meeting, New Orleans, 2011
- APTA Combined Sections Meeting, San Diego, CA 2010
- APTA Combined Sections Meeting, Los Vegas, NV 2009
- APTA Combined Section Meeting, Boston, MA, 2007
- AAPT A Combined Section Meetings, San Diego, CA, 2006
- APTA National Student Conclave, Denver, CO, Fall 2005

RESEARCH

BILATERAL UPPER EXTREMITY TRAINING WITH AUDITORY QUEUING IN CHRONIC STROKE

- Presented at APTA Combined Sections Meeting, 2007, Boston, MA.
- Presented at APTA Annual Conference, 2007, Denver, CO

PUBLISHED RESEARCH

- Imaging Study: Xanthomatous Tendinosis. J Orthop Sports Phys Ther 2012;42(4):379.

RESEARCH- PROGRESS

- Prospective Imaging Guidelines for the Identification of Hip Fracture: A Case Report.
- Mobilization with Movement Improves Supination in Patient with Radial Head Fracture: A Case Report.

PROFESSIONAL SERVICE

- Operation Walk Chicago- Nepal Orthopedic Hospital – Kathmandu, Nepal
 - Four-month extended volunteer experience in Kathmandu, Nepal in the Orthopedic physical therapy department
- Kampala International Hospital Volunteer- Kampala, Uganda
 - Provided therapy for children with severe disabilities at the Riiki Orphanage and adults at the Kampala International Hospital in Kampala, Uganda for one month
- Community Health- Chicago, IL
 - Free physical therapy clinic in the city of Chicago for any/all of those uninsured (4-5 hours every month).
- King Adult Day Enrichment Program
 - Assisted in exercises classes and arts and crafts programs for residents at a center for individuals with severe neurological deficits.
- Participated in the National Sports Center for the Disabled skiing program.
 - Assisted those with various disabilities experience the joy of skiing through utilization of adaptive equipment.

SPECIAL CERTIFICATIONS/SKILLS

- Fellow of the American Academy of Orthopedic Manual Physical Therapy
- Orthopedic Certified Specialist
- Functional Dry Needling Level 1- Kinetacore
- Graston I Certified
- Certified Clinical Instructor
- Conversational Spanish