

CURRICULUM VITAE

Kimiko A Yamada, PT, DPT
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I. BIOGRAPHICAL INFORMATION

PERSONAL INFORMATION:

University Office: Ostrow School of Dentistry of USC
Address Division of Biokinesiology and Physical Therapy
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UNIVERSITY EDUCATION:

Professional Education or Doctoral Education

2006 Doctor of Physical Therapy (DPT)
University of Southern California, Los Angeles, CA

Undergraduate Education

1999 BS, Biology
University of Hawai'i at Manoa, Honolulu, HI

BOARD CERTIFICATION AND/OR LICENSURE:

Specialty Certification:

2015 Certified Lymphedema Therapist (#201507201)
Norton School of Lymphatic Therapy

2009 Board Certified Clinical Specialist in Orthopaedic Physical
Therapy (#18185)
American Board of Physical Therapy Specialties (ABPTS)

2000 Certified Strength and Conditioning Specialist (#200012112)
National Strength and Conditional Association (NSCA)

1999 Certified Athletic Trainer (#089902434)
National Athletic Trainers' Association (NATA)

State Licensure:

2006 – Present California (PT 32902)

ACADEMIC APPOINTMENTS:

2019 – Present Associate Professor of Clinical Physical Therapy
Division of Biokinesiology and Physical Therapy
University of Southern California, Los Angeles, CA

2010 – 2019 Assistant Professor of Clinical Physical Therapy
Division of Biokinesiology and Physical Therapy
University of Southern California, Los Angeles, CA

2006 – 2009 Instructor of Clinical Physical Therapy
Division of Biokinesiology and Physical Therapy
University of Southern California, Los Angeles, CA

HONORS, AWARDS, FELLOWSHIPS:

2015 USC Department of Biokinesiology and Physical Therapy,
Commendation for Clinical Excellence

2013 USC Biokinesiology and Physical Therapy White Coat Ceremony
Keynote Address Presenter

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:

2016 – Present Member, Imaging Special Interest Group of the Academy of
Orthopaedic Physical Therapy (AOPT) of APTA

2010 – Present Member, California Orthopedic and Manual Therapy Special
Interest Group (COMPTSIG)

2006 – Present Member, Academy of Oncologic Physical Therapy of the APTA

2004 – Present Member, Academy of Orthopaedic Physical Therapy of the APTA

2003 – Present Member, American Physical Therapist Association (APTA)

2003 – Present Member, California Physical Therapy Association (CPTA)

2011 – 2017	Member, American Academy of Orthopaedic Manual Physical Therapist
2011 – 2016	Member, Health Policy and Administration Section of the APTA
2000 – 2010	Member, National Strength and Conditioning Association (NSCA)
1998 – 2010	Member, National Athletic Trainers Association (NATA)
1998 – 2010	Member, Far West Region of Athletic Trainers Association (FWATA)

II. ADMINISTRATIVE AND SERVICE ACTIVITIES

UNIVERSITY SERVICE:

Division of Biokinesiology and Physical Therapy:

2021 – Present	Equity, Diversity, and Inclusion (EDI) Curriculum Committee Task Force
2020 – Present	Division Institute for Excellence in Teaching (DIET) Committee Member
2020 – Present	DPT Curriculum Oncology and Therapeutic Exercise Subcommittees
2013 – Present	DPT Student Mentor, USC PT Mentorship Program
2010 – Present	Mentor for the USC Orthopaedic Residency Program
2010 – Present	Credentialed Clinical Instructor for DPT students, USC
2010 – 2016	Voting Member of the Compliance and Credentialing Sub-Committee (CCC), Ostrow School of Dentistry of USC
2007 – 2016	Healthcare Compliance Liaison, USC Division of Biokinesiology and Physical Therapy

EDITORIAL ACTIVITIES:

Editor/ Associate Editor/ Academic Editor

2021 – Present	Special Feature Associate Editor, Musculoskeletal Imaging, Journal of Orthopedic and Sports Physical Therapy (JOSPT) Cases
2015 – 2020	Special Feature Editor, Musculoskeletal Imaging, Journal of Orthopedic and Sports Physical Therapy (JOSPT)
2014 – 2015	Co-associate editor, Musculoskeletal Imaging, Journal of Orthopedic and Sports Physical Therapy (JOSPT)
2008 – Present	Manuscript reviewer, Journal of Orthopedic and Sports Physical Therapy (JOSPT)
2011 – Present	Manuscript reviewer, Physical Therapy Journal (PTJ)
2008, 2010 – Present	Abstract reviewer, Combined Sections Meeting, APTA

Grant Review

2016, 2019	Invited Reviewer, Keck School of Medicine, Dean’s Pilot Funding Program Grant Review
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SERVICE TO PROFESSIONAL ORGANIZATIONS:

2021 – Present	Diversity, Equity, and Inclusion (DEI) Task Force, Academy of Orthopaedic Physical Therapy (AOPT)
2019 – 2021	Nominating Committee member, Imaging Special Interest Group of the APTA Academy of Orthopaedic Physical Therapy
2016 – 2018	Nominating Committee, California Orthopedic and Manual Therapy Special Interest Group (COMPTSIG)
2014 – 2015	Chair, California Orthopedic and Manual Therapy Special Interest Group (COMPTSIG)
2013 – Present	Item Writer – Orthopaedics, Specialization Academy of Content Experts (SACE) of the American Board of Physical Therapy Specialties (ABPTS)
2013	Secretary, California Orthopedic and Manual Therapy Special Interest Group (COMPTSIG)

2010 – 2013 Communications Committee/Public Relations Chair, Webmaster,
California Orthopedic and Manual Therapy Special Interest Group
(COMPTSIG)

OTHER SERVICE ACTIVITIES:

2018 – 2020 Organizer and Presenter, Study-On and Wellness of You! Student
wellness events

2017 Presenter and Panelist, My Journey to Physical Therapy, USC
Inter-health Council's 1st Annual Women in Medicine conference

2016 – 2020 Organizer and Presenter, Biannual USC Emeriti Center Wellness
Event

2016 – 2018 Panelist, Oncology PT Specialist, Annual Pre-Physical Therapy
Conference hosted by USC Pre-Physical Therapy Club

2014 – 2019 Organizer and Instructor, Weekly Adelante Community Exercise
Program for cancer survivors

2014 Invited speaker, Adelante - An exercise class for cancer survivors,
Presented at the C4-SPA4 Creating Neighborhoods That Heal
event

2012 Volunteer Supervisor of USC DPT students, Fun Fitness Booth at
Special Olympics

2011 – 2019 Organizer and Supervisor, USC Annual Festival of Life Wellness
Booth for Division of Biokinesiology and Physical Therapy

2009 Panel Presenter, Mobilizing and Engaging Communities for Global
Health 2009 Forum – Ending Global Epidemics

2009 Volunteer Medical Support, World Figure Skating Championship

2009 Invited Speaker, Exercise for Health and Wellness, USC
Otolaryngology Department Retreat

ADMINISTRATIVE OR SERVICE AWARDS, HONORS, COMMENDATIONS

2015 Spotlight Award for Meritorious Performance as an Associate
Editor, Journal of Orthopaedic & Sports Physical Therapy
(JOSPT)

III. SCHOLARLY ACTIVITIES

PUBLICATIONS

Published Papers in Peer-Reviewed Journals

1. Dias JM, Silva MF, Dela Bela LF, Pelegrinelli ARM, Olkoski MM, Guenka LC, **Yamada KA**, Cardoso JR. Assessment of measurement properties of the Brazilian-Portuguese version of the low back activity confidence scale (LoBACS) in patients with chronic low back pain. *PLoS One*. 2020 Sep 22;15(9):e0239332. doi: 10.1371/journal.pone.0239332. PMID: 32960909; PMCID: PMC7508363.
2. Sweeney FC, Demark-Wahnefried W, Courneya KS, Sami N, Lee K, Tripathy D, **Yamada KA**, Buchanan TA, Spicer DV, Bernstein L, Mortimer JE, Dieli-Conwright CM. Aerobic and Resistance Exercise Improves Shoulder Function in Women Who Are Overweight or Obese and Have Breast Cancer: Randomized, Controlled Trial. *Phys Ther*. 2019 Jul 16. pii: pzz096. doi: 10.1093/ptj/pzz096
3. Lantz JM, **Yamada KA**, Hah RJ. Tarlov Cysts in a Woman with Lumbar Pain. *J Orthop Sports Phys Ther* 2018;48(2):121. doi:10.2519/ jospt.2018.7644
4. Davenport TE, Cleland JA, **Yamada KA**, Kulig K. Measurement Properties of the Low Back Activity Confidence Scale (LoBACS). *Evaluation and the Health Professions*, 2016; 39(2):204-214.
5. **Yamada KA**, Lewthwaite R, Popovich JM Jr., Beneck GJ, Kulig K. The Low Back Activity Confidence Scale: Preliminary Validity and Reliability. *Physical Therapy*, 2011; 91(11):1592-1603.
6. Kulig K, Beneck GJ, Selkowitz DM, Popovich JM Jr., Ge TT, Flanagan SP, Poppert EM, **Yamada KA**, Powers CM, Azen S, Winstein CJ, Gordon J, Samudrala S, Chen TC, Shamie N, Khoo L, Spoonamore MJ, Wang JC and Physical Therapy Clinical Research Network (PTClinResNet), The effect of an intensive, progressive exercise program on functional performance in patients post single-level lumbar microdiscectomy. *Physical Therapy*. 2009;89:1145-1157.
7. Selkowitz DM, Kulig K, Poppert EM, Flanagan SP, Matthews ND, Beneck GJ, Popovich Jr. JM, Lona JR, **Yamada KA**, Burke WS, Ervin C, Powers CM, and Physical Therapy Clinical Research Network (PTClinResNet). The immediate and long-term effects of exercise and patient education on physical, functional, and quality-of-life outcome measures after single-level lumbar microdiscectomy: a randomized controlled trial protocol. *BMC Musculoskeletal Disorders*. 2006;7:70.

Published Papers in Other Journals

1. Calvet M, Curran J, **Yamada KA**. Oncology PT Fact Sheet: Cancer-Related Fatigue Fact Sheet for Consumers. 2015.
2. Dang N, **Yamada KA**. Oncology PT Fact Sheet: Head and Neck Cancer Fact Sheet for Consumers and for Healthcare Professionals. 2015.

3. Davenport TE, Austin A, **Yamada KA**. The CAB model of pain -related activity avoidance: description and implications for research and practice in physical therapy. *Orthopaedic Physical Therapy Practice*. 2009;21(4):127-134.

Published Books, Monographs, Chapters

1. McKinnis, LN. Radiologic evaluation of the shoulder. In: *Fundamentals of Musculoskeletal Imaging, 5th ed.* **Yamada KA**, eds. Philadelphia, PA: FA Davis Company; 2021 (released December 2020).
2. McKinnis, LN. Radiologic evaluation of the elbow. In: *Fundamentals of Musculoskeletal Imaging, 5th ed.* **Yamada KA**, eds. Philadelphia, PA: FA Davis Company; 2021 (released December 2020).
3. **Yamada KA**. Independent Study Course 26.1 Outcomes in Orthopaedic Physical Therapy Practice, Measures of Cognition and Affect. *Orthopaedic Section of the American Physical Therapy Association, 2016*.

Published Abstracts

1. Yim CW, **Yamada KA**. Improving Student Physical Therapists' Confidence in Leading a Community Exercise Class for Cancer Survivors. Poster presented at the USC Division of Biokinesiology, and Physical Therapy Research Day (April 13, 2017) and presented at CPTA Annual Conference in San Diego, CA (Sept 16, 2017) and APTA Combined Sections Meeting (February 24, 2018). *Rehab Onco*. 2018;36(1):E18.
2. **Yamada KA**, Dias JM, Kim K, Cardoso J. The Low Back Activity Confidence Scale (LoBACS): Factor Analysis and Psychometric Properties. Poster presented at the APTA Combined Sections Meeting (February 19, 2016), at the USC Division of Biokinesiology, and Physical Therapy Research Day (March 9, 2016), and at the School of Dentistry Research Day (April 25, 2016). *J Orthop Sports Phys Ther*. 2016;46(1): A154.
3. Dias JM, Dela Bela L, **Yamada KA**, Cardoso J. Validation of the Brazilian LoBACS Quesationniare: Preliminary Results. Poster presented at the APTA Combined Sections Meeting (February 19, 2016), *J Orthop Sports Phys Ther*. 2016;46(1): A77.
4. **Yamada KA**, Yamaguchi N, Perdomo M, Dang N, Sinha U. Head and Neck Cancer Rehabilitation: A Comparison of Two Program Designs. Podium presentation at the CPTA Annual Conference in Pasadena, CA (Sept 27, 2015); Poster presented at the APTA Combined Sections Meeting (February 20, 2016), at the USC Division of Biokinesiology, and Physical Therapy Research Day (April 16, 2015), and at the School of Dentistry Research Day (March 25, 2015). *Rehab Onco*. 2016;34(1):E14 [Oncology Section CSM 2016 Platform and Poster Presentations: Erratum. *Rehab Onco*. 2016;34(2):74.]
5. **Yamada KA**, Yamaguchi N, Perdomo M. Head and Neck Cancer Rehabilitation: A Pilot and Feasibility Program. Podium presentation at the CPTA Annual Conference in Pasadena, CA (Sept 21, 2013) and Poster presented at the APTA Combined Sections Meeting (February 6, 2014), USC Division of Biokinesiology

- and Physical Therapy Research Day (April 11, 2013), and at the School of Dentistry Research Day (Feb 20, 2013). *Rehab Onco.* 2014;32(2):34-35.
6. Davenport TE, Cleland JA, Lewthwaite R, **Yamada KA**, Kulig K. Validity of the Low Back Activity Confidence Scale in a subgroup of patients with lower back pain who meet a clinical prediction rule. Presented at American Physical Therapy Association (APTA) Combined Sections Meeting, February 2009, Las Vegas, NV. *J Orthop Sports Phys Ther.* 2009;39(1): A30.
 7. Davenport TE, Cleland JA, Lewthwaite R, **Yamada KA**, Childs J, Fritz J, Kulig K. Responsiveness of the Low Back Activity Confidence Scale in a Subgroup of Patients with Lower Back Pain: Preliminary Analysis. Presented at American Physical Therapy Association (APTA) Combined Sections Meeting, February 2008, Nashville, TN. *J Orthop Sports Phys Ther.* 2008;38(1): A68.
 8. **Yamada KA**, Lewthwaite R, Popovich Jr. JM, Beneck GJ, Selkowitz DM, Kulig K. The Low Back Activity Confidence Scale (LoBACS): development, test-retest reliability, and preliminary validation. Presented at American Physical Therapy Association (APTA) Combined Sections Meeting, February 2007, Boston, MA. *J Orthop Sports Phys Ther.* 2007;37(1): A46.
 9. Flanagan SP, **Yamada K**, Sutton T, Kulig K. Predicting the Number of Sessions Necessary to Improve Back Extensor Endurance Following Single Level Microdiscectomy. Presented at American Physical Therapy Association (APTA) Combined Sections Meeting, February 2006, San Diego, CA. *J Orthop Sports Phys Ther.* 2006;36(1): A65.

MAJOR PUBLIC PRESENTATIONS

Presentations as Invited Speaker (include title, date, location)

Yamaguchi N, **Yamada KA**, Sweeney R. Universal Design for Learning: Bringing Equity and Inclusion into Physical Therapy Education at the ACAPT Educator Leadership Conference, Atlanta, GA (October 23, 2021)

Yamada KA. Self-efficacy in Physical Therapy Rehabilitation presented online to Prague, Czech Republic (May 13, 2021)

Yamada KA. Emerging and Alternative Therapy Approaches for Lymphedema lecture and Alternative/Non-Traditional Treatments for Lymphedema lab at the 2nd Annual USC Multi-Disciplinary Approach to Lymphedema and Related Disorders Symposium, Santa Monica, CA (June 7-8, 2019)

Yamada KA. Non-surgical / Conservative Treatment Options: What is the Evidence? and Alternative/Non-Traditional Treatment, Presented at the 1st Annual USC Multi-Disciplinary Approach to Lymphedema and Related Disorders Symposium, Santa Monica, CA (June 9, 2018)

Yamada KA. Low Level Laser Therapy in Head and Neck Cancer Rehabilitation, Presented at the World Head and Neck Cancer Day event, Los Angeles, CA (July 27th, 2017)

Yamada KA. Exercise and Physical Therapy for Cancer Survivors, Presented at the World Head and Neck Cancer Day event, Los Angeles, CA (July 27th, 2016)

Chang P, **Yamada KA**, Lamm M. Improving Cancer Survivor Wellness Through Physical Therapist-led Exercise Classes Delivered in Community setting. Poster presented at the USC Division of Biokinesiology, and Physical Therapy Research Day (March 9, 2016) and at the School of Dentistry Research Day (April 25, 2016)

Calvet M, Yamaguchi N, **Yamada KA**, Curran J. Cancer Survivors' Educational Needs Regarding Exercise, Physical Therapy, and Fatigue. Poster presented at the USC Division of Biokinesiology, and Physical Therapy Research J. Perry Research Day (March 9, 2016) and at the School of Dentistry Research Day (April 25, 2016).

Chang P, **Yamada KA**, Acoba M, Surani Z. Improving Cancer Survivor Wellness Through Physical Therapist Lead Exercise Classes Delivered in Community Settings. Poster presented at the UCLA Kaiser Permanente Health Equity Symposium (November 18, 2015)

Yamada KA, Bell L, Campione B, Miller LT, Ryans K. Newer Technologies Advance the Evaluation and Treatment of Peripheral Edema and Lymphedema, presented at APTA Combined Sections Meeting, New Orleans, LA (February 19, 2011)

Augustine E, Bell L, Perdomo M, Sander AP, VanHoose L, **Yamada KA**. Upper Extremity Lymphedema: the Art and Science of PT Interventions, APTA Combined Sections Meeting Pre-conference course presenter and lab instructor, New Orleans, LA (February 15-16, 2011)

Yamada KA. Low Level Laser Therapy, Presented at the 7th Annual International Head and Neck Symposium, Los Angeles, CA (July 9, 2011)

Yamada, KA. Evidence Based Physical Therapy for the Individual with Head and Neck Cancer, Presented at the 6th Annual International Head and Neck Symposium at USC, Los Angeles, CA (July 10, 2010)

Yamada KA. Physical Therapy for Head and Neck Cancers, Presented at the 5th Annual International Head and Neck Symposium, Los Angeles, CA (July 11, 2009)

Yamada KA. Physical Therapy for Head and Neck Cancers” at 4th Annual International Head and Neck Symposium, Los Angeles, CA (July 26, 2008)

GRANTS AND/OR CONTRACTS AWARDED

Principal Investigator

2013 – 2014 American Head and Neck Society Community Service Grant
“*Head and Neck Rehabilitation: A Pilot Safety and Feasibility Physical Therapy Program*”, Award amount \$1,000.

RESEARCH AWARDS, HONORS, COMMENDATIONS

2013 Certificate of Recognition Research Publication Award (Physical Therapist – Clinician)

IV. TEACHING ACTIVITIES

COURSES DEVELOPED AND/OR PRESENTED

University Courses:

2019 – Present Live Session Instructor, PT 530a Therapeutic Exercise, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 2, Enrollment: ~48 hybrid students.

2017 – Present Guest Lecturer, PT 530b Special Topics in Therapeutic Exercise, Exercise considerations for patient with cancer, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 2, Enrollment: ~99 residential students and ~47 hybrid students.

2017 – Present
2009 – 2013 Guest Lecturer and Live Session Instructor, PT 551L Therapeutic Application of Physical Agents, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 3 (2 before 2017). Enrollment: ~99 residential students and ~47 hybrid students.

2017 Guest Lecturer, PT 521 L Basics of Patient Management,

Integumentary System Evaluation including Edema, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 4, Enrollment ~99 students.

- 2017 Guest Lecturer, PT 571L Clinical Management of Cardiopulmonary Dysfunction, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 4, Enrollment ~99 students.
- 2016 – Present Course Director, PT 606 Clinical Imaging, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 2, Enrollment: ~99 residential students and ~48 hybrid students.
- 2014 – 2016 Course Coordinator, PT 551L Therapeutic Application of Physical Agents, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 2. Enrollment: ~99 students.
- 2013 – 2014
2007 – 2011 Guest Lab Instructor, PT 621 Clinical Management of Musculoskeletal Dysfunction, Edema Management Lab, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 5, Enrollment ~99 students.
- 2008 – Present Guest Lecturer and tester, PT 630 Integrated Management of Upper & Lower Extremities, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 3, Enrollment: ~50 students.
- 2008 – Present Guest Lecturer, PT 632 Integrated Management Seminar, USC Division of Biokinesiology and Physical Therapy, Entry-level DPT students. Credit hours: 5, Enrollment: ~50 students.

Courses at Other Schools within USC or Other Universities:

- 2018 – 2021 Guest Lecturer, Imaging for Physical Therapists, California State University, Long Beach, Long Beach, CA
- 2017 – Present Guest Lecturer, Lymphedema Management in Physical Therapy, Breast Fellow and Resident meeting, USC Keck School of Medicine, Los Angeles, CA
- 2013 Guest Lecturer, Manual Lymphatic Drainage and Upper Extremity Compression Bandaging for Upper Extremity Lymphedema, Casa Loma College Physical Therapy Assistant Program, Van Nuys, CA
- 2011 Guest Lecturer, Physical Therapy Advocacy and Government

Affairs, California State University Los Angeles Winter Quarter
Seminar Series, Los Angeles, CA

2007 – 2009

Guest Lecturer, Introduction to Clinical Medicine (ICM): Physical
Therapy Focus Experience for Medical Students Year II, USC
Keck School of Medicine, Los Angeles, CA