

CURRICULUM VITAE  
**PAMELA MIKKELSEN, PT, DPT, OCS**

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**I. BIOGRAPHICAL INFORMATION**

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**PERSONAL INFORMATION**

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UNIVERSITY OFFICE:

Ostrow School of Dentistry of USC  
Division of Biokinesiology and Physical Therapy  
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**EDUCATION**

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2016 – 2017     **ORTHOPEDIC PHYSICAL THERAPY RESIDENT**  
Cedars Sinai Medical Center, Los Angeles, CA  
2010 – 2014     **DOCTORATE OF PHYSICAL THERAPY**  
University of Southern California, Los Angeles, CA  
2002 – 2007     **B.A., DANCE, B.S., BIOLOGY**  
University of California, Riverside: Magna Cum Laude

**BOARD CERTIFICATION AND LICENSURE**

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2017 – PRESENT   **ORTHOPEDIC CLINICAL SPECIALIST**  
American Board of Physical Therapy Specialties  
2014 – PRESENT   **LICENSED PHYSICAL THERAPIST, STATE OF CALIFORNIA**  
License # 41726

**PROFESSIONAL AFFILIATIONS**

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2011 – PRESENT   **American Physical Therapy Association (APTA)**  
Academy of Orthopedic Physical Therapy (Performing Arts Special Interest Group)  
Section on Research  
Academy of Clinical Electrophysiology & Wound Management (Wound Management  
Special Interest Group)  
2011 – PRESENT   **California Physical Therapy Association (CPTA)**  
2011 – PRESENT   **International Association for Dance Medicine & Science (IADMS)**

**ACADEMIC APPOINTMENTS**

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2020 – PRESENT   **ASSISTANT PROFESSOR OF CLINICAL PHYSICAL THERAPY**  
University of Southern California, Los Angeles, CA  
Division of Biokinesiology and Physical Therapy  
2018 – 2019     **ADJUNCT INSTRUCTOR OF CLINICAL PHYSICAL THERAPY**  
University of Southern California, Los Angeles, CA  
Division of Biokinesiology and Physical Therapy

## AWARDS/HONORS

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2020	<b>Clinician Research Publication Award</b> – California Physical Therapy Association for “Heeled Shoes Increase Knee Work Demand During Repeated Hopping in Dancers” printed Medical Problems of Performing Artists, September 2018.
2019	<b>Care Share Award Recognition of Excellence</b> – Cedars Sinai Medical Center
2017	<b>Customer Service Champion</b> – Cedars Sinai Medical Center
2016	<b>Care Share Award Recognition of Excellence</b> – Cedars Sinai Medical Center
2014	<b>Order of Areté</b> – University of Southern California
2014	<b>Order of the Golden Cane</b> – University of Southern California
2014	<b>Outstanding Scholarly Achievement Award</b> – University of Southern California
2013	<b>Helen Hislop Scholarship</b> in Support of Vision and Excellence in Physical Therapy – University of Southern California
2013	<b>Town and Gown of USC Scholarship</b> – University of Southern California
2011 – 2013	<b>Merit Scholarship</b> – University of Southern California, Division of Biokinesiology and Physical Therapy
2007	<b>Tomás Rivera Award</b> – University of California, Riverside
2006	<b>Academic Excellence Award</b> – University of California, Riverside

## CLINICAL EXPERIENCE

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2020 – PRESENT	<b>UNIVERSITY OF SOUTHERN CALIFORNIA, UNIVERSITY PARK CAMPUS</b> – LOS ANGELES, CA Physical Therapist, Assistant Professor of Clinical Physical Therapy Outpatient Orthopedic PT, Clinical Instructor
2017 – PRESENT	<b>PRIVATE HOME PT SERVICES</b> – LOS ANGELES, CA Physical Therapist In-home Orthopedic PT
2014 – PRESENT	<b>KECK HOSPITAL OF USC</b> – LOS ANGELES, CA Physical Therapist Inpatient Wound Care PT, Inpatient Acute Care PT
2015 – 2019	<b>CEDARS SINAI MEDICAL CENTER</b> – LOS ANGELES, CA Physical Therapist II Outpatient Orthopedic PT, USC/Cedars Sinai Gloya Kaufman Dance Medicine Center, Clinical Instructor
2014	<b>BLAKE PHYSICAL THERAPY</b> – MARINA DEL REY, CA Physical Therapist Outpatient Orthopedic PT

## II. ADMINISTRATIVE AND SERVICE ACTIVITIES

### JOURNAL REVIEWER

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2018	Brazilian Journal of Physical Therapy
2020	Journal of Biomechanics
2018	Journal of Medical and Biological Engineering

### SERVICE ACTIVITIES

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2020 – Present	<b>APTA Performing Arts Special Interest Group</b> Nominating Committee Member
2019 – Present	<b>DPT Extracurricular Group Faculty Mentor</b> – LOS ANGELES, CA University of Southern California; Small group (4-8 students)
2018 – Present	<b>Faculty Mentor for DPT Students</b> – LOS ANGELES, CA University of Southern California; Currently 2 DPT I and 2 DPT II students

2017	<b>Uganda Spine Surgery Mission Volunteer</b> – MBARARA, UGANDA PT services with a neurosurgery team led by Tiffany Perry, MD
2016 – 2017	<b>Venice Family Clinic/Simms Mann Health and Wellness Center</b> Pro Bono Physical Therapy Services
2013	<b>Life Rolls On...They Will Surf Again</b> – MALIBU, CA Volunteer
2012 – 2013	<b>PT Multicultural Leadership Alliance at USC</b> – LOS ANGELES, CA Member and Volunteer
2012	<b>Gabriel House Orphanage Volunteer</b> – ENSENADA, MEXICO Providing PT services for Children
2012	<b>Fit Families Community Exercise Program Volunteer</b> – LOS ANGELES, CA Dance Cardio Leader, Vitals Screener
2002 – PRESENT	<b>Red Cross and Riverside Blood Bank</b> – VARIOUS LOCATIONS Blood, Platelet, and Plasma Donor

### III. SCHOLARLY ACTIVITIES

#### TEACHING EXPERIENCE

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##### UNIVERSITY OF SOUTHERN CALIFORNIA, DIVISION OF BIOKINESIOLOGY AND PHYSICAL THERAPY

2020 - PRESENT	<b>LIVE SESSION INSTRUCTOR AND HYBRID LEAD, USC@DPT</b> PT625 Emerging Topics in Physical Therapy 3 units, 2 sections of 12 students each per year
2020 - PRESENT	<b>FACULTY TUTOR, USC@DPT AND RESIDENTIAL TRACK</b> PT571 Clinical Management of Cardiopulmonary Dysfunction Small group (10-12 students)
2019 - PRESENT	<b>FACULTY INSTRUCTOR FOR LABS AND IMMERSION SESSIONS, USC@DPT AND RESIDENTIAL TRACK</b> PT521 Basics of Patient Management PT551 Therapeutic Application of Physical Agents PT583 Clinical Electrophysiology PT621 Clinical Management of the Patient with Musculoskeletal Dysfunction PT640 Integrated Patient Management Skills
2018 - PRESENT	<b>LIVE SESSION INSTRUCTOR AND HYBRID COORDINATOR, USC@DPT</b> PT582 Mechanics of Human Gait (Movement Analysis I) 2 units, 2 sections of 12 students each per year
2018 - PRESENT	<b>LIVE SESSION INSTRUCTOR AND HYBRID COORDINATOR, USC@DPT</b> PT 574 Clinical Biomechanics (Movement Analysis II) 2 units, 2 sections of 12 students each per year
2012 – 2013	<b>TUTOR: DPTI AND DPTII STUDENTS</b> Musculoskeletal Anatomy, Basics of Patient Management, Mechanics of Human Gait, Analytical Anatomy, Clinical Management of Musculoskeletal Dysfunction, Therapeutic Exercise, Therapeutic Application of Physical Agents, and Pathology of Cardiopulmonary & Medical Conditions

#### COMMUNITY EDUCATIONAL MATERIALS DEVELOPED AND PRESENTED

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2018	<b>UNIFY DANCE NETWORK</b> ( <a href="http://WWW.UNIFYDANCE.COM">WWW.UNIFYDANCE.COM</a> ) Consultant for musculoskeletal health and movement science. A subscription-based online video service to promote overall health and wellbeing of dancers
2016	<b>TURNOUT FOR DANCERS</b> Inservice for dancers ages 6-18, 20 students

## RESEARCH GRANTS

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- 2005                    **PI:** Jump Cut: an investigation in pedestrian and stylized movement. \$500 Undergraduate Research and Creative Activity Mini-Grant – University of California, Riverside

## RESEARCH EXPERIENCE

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- 2012 – PRESENT    **Musculoskeletal Biomechanics Research Laboratory** – University of Southern California  
Research Associate
- 2007                    **Evolutionary Biology Laboratory** – University of California, Riverside  
Laboratory Assistant

## PUBLICATIONS

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1. **Mikkelsen P**, Jarvis DN, Kulig K. (2018). Heeled Shoes Increase Knee Work Demand During Repeated Hopping in Dancers. *Medical Problems of Performing Artists*, 33(4), 243-250. <https://doi.org/10.21091/mpa.2018.4036>
2. Shih HJS, Jarvis DN, **Mikkelsen P**, Kulig K. (2018). Interlimb Force Coordination in Bipedal Dance Jumps: Comparison Between Experts and Novices. *Journal of Applied Biomechanics*, 34(6), 462-468. <https://doi.org/10.1123/jab.2017-0216>

## PEER REVIEWED CONFERENCE ABSTRACTS

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1. **Mikkelsen P**, Ortiz D, Shih HJS, Yamaguchi A, Kulig K. (2021) Dancers alter ground reaction force profiles to maintain impulse with perceived exertion during dance-style hopping. American Physical Therapy Association Combined Sections Meeting. Orlando, FL, USA. (Poster and Presenter, accepted).
2. Kulig K, **Mikkelsen P**, Rowley M, Shih HJ, Winder B. (2018). Athletics meets aesthetics: injury mechanisms and treatment in dance and sport. American Physical Therapy Association Combined Sections Meeting, New Orleans, LA, USA. (Section Programming Presenter)
3. Shih HJ, Jarvis DN, **Mikkelsen P**, Kulig K. (2016). Interlimb force coordination in a bipedal rate-controlled task. The 40<sup>th</sup> Annual Meeting of the American Society of Biomechanics. Raleigh, NC: August, 2016 (Poster).
4. **Mikkelsen P**, Jarvis DN, Kulig K. (2015). Increased work at the knee in dancers wearing heeled character shoes compared to barefoot while jumping. American Physical Therapy Association Combined Sections Meeting, Indianapolis, IN: February 2014 (Poster and Presenter).

## OTHER ACADEMIC PRESENTATIONS

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1. Orthopaedic Trauma: Fracture Problems in the Real World. Who to Leave Alone, Who to Fix, and How: Rehab Expectation and Management. (2019) Cedars Sinai Medical Center. Invited by course director Charles Moon, MD. (October 12)

## CONTINUING EDUCATION/PROFESSIONAL DEVELOPMENT ATTENDED

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- 2020                    **CPTA Town Hall: Racism and Discrimination Within PT: The Beginning of a Conversation with Colleagues**– California Physical Therapy Association; Online. CEUs: 0.2

- 2020 **What Every Healthcare Professional Should Know About Knee Injections for Knee Osteoarthritis** – Bia Formations; Online. Contact Hours: 1.5
- 2020 **Practical Application of Negative Pressure Wound Therapy with Instillation** – North American Center for Continuing Medical Education, LLC (NACCME); Online. Contact Hours: 1
- 2020 **Innovations and Advances in Spinal Surgery** – Keck School of Medicine; Los Angeles, CA. Contact Hours: 1 for each presentation (3 total)
- 2020 **Lines, Tubes, Ventilators and Diagnostic Screening for Stability vs Instability** – Education Resources Inc; Online. CEUs: 0.35
- 2020 **ICU Management: ARDS Mechanical Ventilation** – University of Southern California; Los Angeles, CA. CEUs: 0.1
- 2018 **Pain Management and the U.S. Opioid Epidemic** – Online. CEUs: 0.1
- 2018 **APTA Combined Sections Meeting** – New Orleans, LA. CEUs: 1.9
- 2017 **APTA Credentialed Clinical Instructor Program** – Northridge, CA. CEUs: 0.16
- 2017 **Applied Ethics in Physical Therapy** – Los Angeles, CA. CEUs: 0.2 hours
- 2017 **APTA: PT CPI** – APTA Learning Center. CEUs: 0.2
- 2017 **APTA Combined Sections Meeting** – San Antonio, TX. CEUs: 1.9
- 2016 **APTA combined Sections Meeting** – Anaheim, CA. CEUs: 19 hours
- 2015 **Medicare Documentation Requirements** – Kristin Valdes, OTD, OT, CHT; Los Angeles, CA. CEUs: 0.6
- 2015 **SFMA Level 1** – Functional Movement; Denver, CO. CEUs: 1.5
- 2015 **Functional Movement Screen Level 1** – Denver, CO
- 2015 **Short-Stretch Bandaging Course for Lower Extremity** – Mary Rosenberg, PT, CLT-LANA; Los Angeles, CA. CEUs: 0.75
- 2015 **APTA Combined Sections Meeting** – Indianapolis, IN. CEUs: 1.9
- 2014 **Demystifying Debridement Modalities: An Interdisciplinary Panel Perspective** North American Center for Continuing Medical Education, LLC (NACCME)
- 2014 **Changing and Adapting Your Practice** – California Private Practice Group; Los Angeles, CA
- 2014 **19th Annual CSMC/GLAD Physical Therapy Practice Issues Forum** – Los Angeles, CA. CEUs: 0.2
- 2014 **APTA Combined Sections Meeting** – Las Vegas, NV. CEUs: 19 hours
- 2013 **Functional Mobilization I** – Institute of Physical Art; Glendora, CA. CEUs: 3.0
- 2013 **Orthotics Seminar** – Biomechanical Services; Los Angeles, CA
- 2013 **APTA Combined Sections Meeting** – San Diego, CA. CEUs: 2.2
- 2013 **Margaret Jones Conference on Cerebral Palsy: Current Management Techniques** – Santa Monica, CA. CEUs: 0.375– Attendee and Volunteer
- 2013 **Scientific Breakthroughs in the Evaluation and Treatment of Patellofemoral Pain** – Movement Performance Institute; Los Angeles, CA. CEUs: 0.75
- 2013 **Abilities Expo** – Los Angeles, CA
- 2012 **APTA Combined Sections Meeting** – Chicago, IL. CEUs: 1.8
- 2012 **APTA Physical Therapist Clinical Performance Instrument for Students: A Self-Guided Training Course** – Online. CEUs: 0.2
- 2010 **Dance Medicine for Dance Educators: Specific Concerns** – New York State Dance Education Association and Harkness Center for Dance Injuries New York, NY