

## Curriculum Vitae

### **Alyssa Elder PT, DPT**

Board Certified Neurologic Clinical Specialist

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[re+active] physical therapy and wellness

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### **EDUCATION**

Schmidt Movement Disorders Fellowship  
*Re+active Physical Therapy and Wellness*

Los Angeles, CA  
July 2015-Dec 2016

Doctor of Physical Therapy  
*University of Southern California*

Los Angeles, CA  
May, 2015

Bachelor of Arts, Dance Science Major  
*California State University, Long Beach*

Long Beach, CA  
May 2010

### **TEACHING EXPERIENCE**

Adjunct Professor, USC PT581 PT "Mgmt of the Patient with Neurological Conditions" 2019-Present

- Lectured on Parkinson's Disease and Interventions
- Instructed cohort of students on manual skills, patient interaction, and critical thinking activities
- Participated in weekly meetings with faculty and other adjunct faculty

### **CLINICAL EXPERIENCE**

Re+active Physical Therapy and Wellness, Los Angeles, California 2015- Present

- Outpatient Neurologic Clinic that specializes in Movement Disorders
- Patient population includes: Parkinson's Disease, Dystonia, CBD, MSA, CVA, MS, TBI and Spinal Cord Injury
- Mentoring in the Movement Disorder Fellowship

Schmidt Movement Disorders Fellowship

June 2015-  
Dec 2016

- Bi-weekly professional mentorship with neurologic clinical specialists to promote clinical mastery, collaboration, patient-centered care and use of evidence-based practice
- Bi-monthly mentorship and research collaboration from Movement Disorders Neurologists at University of California Los Angeles (UCLA)
- In-service for neurology residents at UCLA on physical therapy treatment for people with movement disorders to maximize collaborative care

### **PROFESSIONAL ORGANIZATION MEMBERSHIP & CERTIFICATIONS**

Parkinson's Wellness and Recover (PWR!) Certified Therapist 2014- Present

American Physical Therapy Association Member, Neurology Section 2012- Present

American Physical Therapy Association Clinical Instructor Certified 2016- Present

American Heart Association BLS and CPR Certified 2010- Present

Body Arts and Science International, Pilates Certification

2009- Present

IDEA Health and Fitness Association Member

2009- Present

## **PROFESSIONAL PRESENTATIONS**

Elder A, Fisher B, Powers C. American Physical Therapy Association: Combined Sections Meeting, "Optimal Shoulder Treatment: A Movement Analysis Perspective." Jan 26<sup>th</sup>, 2019.

Elder A, Keener A, Krischer S. Women and PD Teams to Advance Learning and Knowledge (TALK), Los Angeles Regional Forum. Jan 27<sup>th</sup>, 2018.

Elder A, Hershberg J. Back to the Basics: Neurocollaborative. "Sensory Assessment and Treatment for Dystonia." Sept 10<sup>th</sup>, 2017.

Elder A, Hershberg J. Schmidt Movement Disorders Fellowship. "Advanced Movement Analysis: Movement Disorders." Aug 31<sup>st</sup>, 2017.

Elder A, Hershberg J. Schmidt Movement Disorders Fellowship. "Huntington's Disease" May 4<sup>th</sup>, 2017.

Elder A. Schmidt Movement Disorders Fellowship. "Treatment and Assessment of the Shoulder in Movement Disorders." Oct 10<sup>th</sup>, 2017

Duncan C, and Elder A. Parkinson's Disease Community Los Angeles (PCLA) Seminar. "Exercise in Parkinson's Disease." Los Angeles Athletic Club. Invited speaker. November 6, 2016.

Elder A, Duncan C. Dance Instructor Injury Prevention Educational Session. "Myth Busters: Common misconceptions in dance classes that can lead to injury." re+active physical therapy & wellness. March 2016.

## **CONTINUING PROFESSIONAL EDUCATION**

**2019** American Physical Therapy Association, Combined Sections Meeting. Washington D.C.

**2018.** USC Science of Throwing and Hitting. USC.

American Physical Therapy Association, Combined Sections Meeting. New Orleans, LA

**2017.** Movement Disorder Society Conference. Vancouver, Canada

American Physical Therapy Association, Combined Sections Meeting. San

Antonio, Tx.

Schmidt Fellowship Learning Modules at Re+active physical therapy:

Athlete Movement Systems: Upper Quarter. Jared Vagy PT, DPT, OCS

**2016.**

Neuroconsortium. Online and in-person Course for neurologic practitioners. Los Angeles, Ca.

Advanced Biomechanics of the Lower Extremity (6-month course).  
Chris Powers, PT PhD, FAPTA, Movement Performance Institute.

Huntington's Disease Society of America Learning Modules for Clinicians.

Schmidt Fellowship Learning Modules at Re+active physical therapy:

American Physical Therapy Association, Combined Sections Meeting.  
Anaheim, CA.

**2015**

Parkinson's Wellness & Recovery (PWR!) Certified Therapist Course.  
Phoenix, AZ.