

CURRICULUM VITAE
Amir A. Khastoo PT, DPT, OCS
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I. Personal Information

Work Address:

Providence Performance Therapy- Santa Monica
2020 Santa Monica Blvd., Ste. #401
Santa Monica, CA 90404
Tel: (310) 829-8724

USC Division of Biokinesiology and Physical Therapy
1540 Alcazar Street
Center for Health Professions #155
Los Angeles, CA 90033-9006
Tel: (323) 442-2900

Education

- Board Certified Orthopedic Clinical Specialization, 2020
- Orthopedic Physical Therapy Residency Program, Division of Biokinesiology and Physical Therapy, University of Southern California, *Resident 2017-2018*
- Doctor of Physical Therapy, Division of Biokinesiology and Physical Therapy, University of Southern California, 2014-2017
- Bachelor of Arts, Theatre and Dance double major, University of California San Diego, Thurgood Marshall College, 1999-2004

Academic Appointments/Clinical Placements

- Adjunct Instructor of Clinical Physical Therapy, Division of Biokinesiology and Physical Therapy, University of Southern California, *current*
- Teaching Assistant and Guest Lecturer of Clinical Physical Therapy, Division of Biokinesiology and Physical Therapy, University of Southern California, 2017-2020
- Faculty Mentor Program Representative, Division of Biokinesiology and Physical Therapy, University of Southern California, 2014-2017
- Clinical Placement: Christiana Care Rehabilitation Services at Glasgow, Newark DE, OP Neurological setting, *January 3-April 21 2017*
- Clinical Placement: Kaiser Hospital, West Los Angeles CA, OP Orthopedic setting, *August 22-December 9 2016*
- Clinical Placement: USC Physical Therapy Associates-HSC, Los Angeles CA, OP Neurological setting, *May 23-July 1 2016*
- Clinical Placement: USC Physical Therapy Associates-HSC, Los Angeles CA, OP Neurological setting, *March 21-April 1 2016*
- Clinical Placement: Keck Medical Center of USC, Los Angeles CA, IP Acute Mixed setting, *October 26-November 6 2015*
- Clinical Placement: Children's Hospital of Alabama-Sports Medicine Physical Therapy, Birmingham AL, Sports Medicine setting, *July 6-August 14 2015*
- Clinical Placement: Black Diamond Physical Therapy, Portland OR, OP Orthopedic setting, *March 2-March 13 2015*

Employment

Licensed Physical Therapist, Performance Therapy, Santa Monica CA, *Physical Therapist II*

- Treatment of orthopedic, neurological, sports, and pediatric patient populations with a specialization in treating patients with neck pain, low back pain, Parkinson's disease, post-CVA recovery, and dance-related injuries

Licensed Physical Therapist, Progressive PT, Tarzana CA, *Orthopedic Resident 2017-2018*

- Treatment of a predominant orthopedic patient population with diagnoses involving but not exclusive to the hand/wrist, temporomandibular joint, vestibular disorders, cervicogenic headaches/dizziness, cervicothoracic spine

Physical Therapist Aide, Ho Physical Therapy, Beverly Hills CA, *2012-2014*

- Acquired proficiency in use of ultrasound, infrared light therapy, IFC, and TENS modalities
- Acquired proficiency in performing STM and MLD massage

Firm Manager, Frank Akef & Co CPA Firm, Beverly Hills CA, *2007-2012*

- Oversaw all billing and operations
- Created, designed, and managed the company website
- Developed and implemented a secure client electronic file share program
- Managed the implementation of an electronic document management system and guided all office operations to run paperless
- Successfully oversaw the business management operations of 10 corporations and partnerships, including accounts payable, receivable, IT management

Property Manager, Westside Homes LLC, Pacific Palisades, *2006-2012*

- Managed full service, short-term luxury home rentals in the Pacific Palisades Riviera
- Consulted with Real Estate Company to secure clientele and realize yearly profits of over Two hundred and fifty thousand dollars
- Developed marketing materials and oversaw all aspects of advertisement and promotion

Theatre, Dance, Music Instructor, ARTSbridge and La Jolla Playhouse, San Diego County CA, *2000-2005*

- Worked directly with instructors and school administrators to develop, enhance, and run arts education programs
- Taught theatre, dance, and music to children ranging in age from Kindergarten to 10 grade
- Developed and implemented after-school arts programs for special needs children
- Hip-Hop and Modern dance instructor for High-School and College level students

Honors, Awards & Fellowships

- Awarded Order of the Golden Cane by USC DPT Department, *May 2017*
- Nominated for APTA McMillan scholarship by USC DPT Department, *2016/2017*
- Helen Hislop award and scholarship from USC DPT Department, *2016*
- Dean's List, UCSD, *2000, 2001, 2002, 2003, 2004*
- Provost Honors List, UCSD, *2000, 2001, 2003*
- San Diego Dance Alliance, TOMMY award for Student Performer of the Year, *2003*
- UCSD Theatre and Dance Department, Leandra Smith Award for Outstanding Choreography, *2003*
- UCSD Theatre and Dance Department, Chair's Award for Outstanding Academic Achievement, *2003*

Professional Memberships

- Board of Directors, Hope Through Health, *2012-Present*

Licenses & Certifications

- Basic Life Support and CPR Certification, American Heart Association, *2012-Present*

II. Scholarly Activity

Scientific Poster Presentations

Poster Presentation: Combined Sections Meeting, JL Kiwata, T Andre, A Khastoo, ET Schroeder, CM Dieli-Conwright, “Effect of Resistance Training on Cardiovascular Fitness in Prostate Cancer Survivors on Androgen Deprivation Therapy,” APTA Combined Section Meeting 2017, February 16-18, 2017

Research Projects

- **Dance Movement Observation Form:** The goal of the research project is to create an observation form that will allow a physical therapist with basic DPT training and education, to study the kinematics of a specific dance movement, and be able to observe unique dancer-specific movement preferences that may eventually cause, or are currently causing musculoskeletal impairments. **Research mentors: Dr. Kornelia Kulig & K. Michael Rowley.** *2015-2017*
- **Resistance Training for Prostate Cancer Survivors on Androgen Deprivation Therapy:** Administer periodized resistance training programs to research participants, obtain and record data on strength and exercise performance. **Research mentors: Dr. Jacqueline L. Kiwata, Dr. E. Todd Schroeder, and Dr. Christina M. Dieli-Conwright.** *2016*

III. Academic, Administrative & Service Activities

Service Learning/Community Services

- USC Kaufman School of Dance, Health and Wellness screens, *2017*
- Comprehensive stretching program for USC undergraduate student with Duchenne muscular dystrophy, *2015*
- Special Olympics Southern California, *2015*
 - Perform athlete assessment including range of motion, muscle strength, endurance, and balance
- In-home stretching program for patient with Parkinson Disease, *2015*