

SOPHIA GONZALEZ DPT, SCS, ATC

sophiago@usc.edu

EDUCATION

DPT	Washington University in St. Louis School of Medicine Doctor of Physical Therapy	May 2014
BS	University of Indianapolis, Athletic Training Pre-Physical Therapy Minored in Spanish	May 2011

HONORS AND AWARDS

Division 1 Sports Physical Therapy Fellow University of Southern California	2016
Sports Physical Therapy Resident University of Southern California	2015

PUBLICATIONS

Books in Review

Miller CM and Gonzalez SL. Modalities Chapter. Netter's Sports Medicine. Elsevier, to be released.

Journal Publications

Gonzalez SL, Diaz AM, Plummer HA, and Michener LA. Musculoskeletal Screening to Identify Female Collegiate Rowers at Risk for Low Back Pain. *Journal of Athletic Training*. December 2018; 53(12): 1173-1180.

PRESENTATIONS

Persistent Symptoms Post Concussion, Sports Medicine Symposium Webinar, August 3, 2020.

Risk Factors of Low Back Pain Female Collegiate Rowers, National Athletic Training Association Conference, Houston, Texas, June 29, 2017.

PROFESSIONAL TRAINING

Credentialed Clinical Instructor.
APTA, Los Angeles, CA, January 9, 2016.

Current Concepts in Vestibular Rehabilitation

Vyne Education, Princeton, NY, May 5, 2018.

Dynamic Neuromuscular Stabilization Course A

Rehabilitation Prague School, New York, NY, June 22-24, 2018.

Load Management- Train Smarter and Harder

Gabbett Performance Solutions, June 6-7, 2020.

COVID-19 Contact Tracing Certificate

Johns Hopkins University, Coursera, June 12, 2020.

Personalized Blood Flow Restriction Rehabilitation

Owens Recovery Science, Cherry Hill, NJ, January 23, 2021.

Complete Concussion Management Training for Healthcare Practitioners

Complete Concussion Management, Inc. June 1, 2021.

PROFESSIONAL AFFILIATIONS

Physical Therapist/ Athletic Trainer, University of Southern California April 2021-Present
Rehabilitation coordinator for Baseball, W Cross Country, M/W Golf, W Lacrosse, W Open Rowing, W Soccer, M/W Swim and Dive, M/W Tennis, M/W Track and Field, M/W Water Polo. Athletic trainer for Women's Open Rowing.

Physical Therapist/ Athletic Trainer, Princeton University August 2016 - April 2021
Physical therapy for undergraduate and graduate student population.
Athletic trainer for M Soccer, W Track and Field, M Tennis 8/2018 – 4/ 2021.
Athletic trainer for M Rugby, W Open Rowing, W Lightweight Rowing 8/2016- 7/2018. Collaboration for complex cases and post concussion rehabilitation.
Clinical preceptor for entry-level Master's ATS and DPT students.

Division I Sports Physical Therapy Fellow, University of Southern California July 2015- June 2016

Collaborative care for 21 intercollegiate sports rehabilitation and event coverage.
Athletic trainer for W Open Rowing and M/W Cross Country and Track and Field.
Didactic education and mentorship center on multi-disciplinary care for the Division I athlete.
Research on identifying risk factors for low back pain in collegiate rowers.

Sports Physical Therapy Resident, University of Southern California July 2014- June 2015

Collaborative care for 21 intercollegiate sports rehabilitation and event coverage.
Athletic trainer for M/W Cross Country and Track and Field.
Didactic Education and mentorship centered on care for athletes of all ages and levels.

LANGUAGES

English: Native Language

Spanish: Intermediate Listener, Novice- Intermediate Speaker, Intermediate Reading and Writing